# Expanding the Therapeutic Court Model

### **MIDD Advisory Committee Presentation**

Judge Judith Ramseyer – Chief Judge, Juvenile Court Aaron Parker – Juvenile Court Services Manager Katie Hurley – Department of Public Defense Jimmy Hung – Prosecuting Attorney Office

# Agenda

 Introduction to Juvenile Therapeutic Response and Accountability Court (JTRAC) Behavioral Health Response (BHR)

– Judge Judith Ramseyer

Review of Expansion of Therapeutic Court Model and 3 pillars of JTRAC – Aaron Parker

Redirecting funds to community supports – Katie Hurley

Using connection to services and community to reduce sentencing/charge for the young person –
 Jimmy Hung

Q&A – All

## Overview

#### History/Background

- Therapeutic courts, like Juvenile Drug Court, were implemented to focus on underlying causes of juvenile crime
  - · For eligible youth ready to tackle substance abuse issues, treatment courts have been successful
  - But, treatment courts are only available to a limited population and require an intensive, long-term commitment

#### **Currently**

- King County has an increased commitment to keep youth in community and out of confinement
  - Half of youth referred by law enforcement who have committed misdemeanors are diverted from court
  - Low-risk offenses and family violence offenses are successfully diverted with programs and service
  - Youth who qualify on substance abuse assessment and are willing to commit to intensive treatment are offered a therapeutic off-ramp to criminal prosecution with the Drug Court Model
  - But, youth who have criminal history or a referred for more serious felony offenses are often prosecuted the "traditional" way: negotiation, plea, and sentence that involves community supervision or commitment to State-run institution (JR)

## Overview (con't)

#### Next

 Juvenile Court would like to move all court services toward a therapeutic model, and offer a Behavioral Health Response (BHR) that focuses on treating the underlying causes of crime rather than solely responding to the symptoms

• BHR will take best elements of therapeutic drug court and apply these principles to youth charged with range of serious offenses for which they ordinarily would be sent to a juvenile institution for anywhere from 4 months up to age 24

# Elements of Behavioral Health Response

Expansion will broaden availability and benefits of Behavioral Health Response (BHR) for court-involved youth



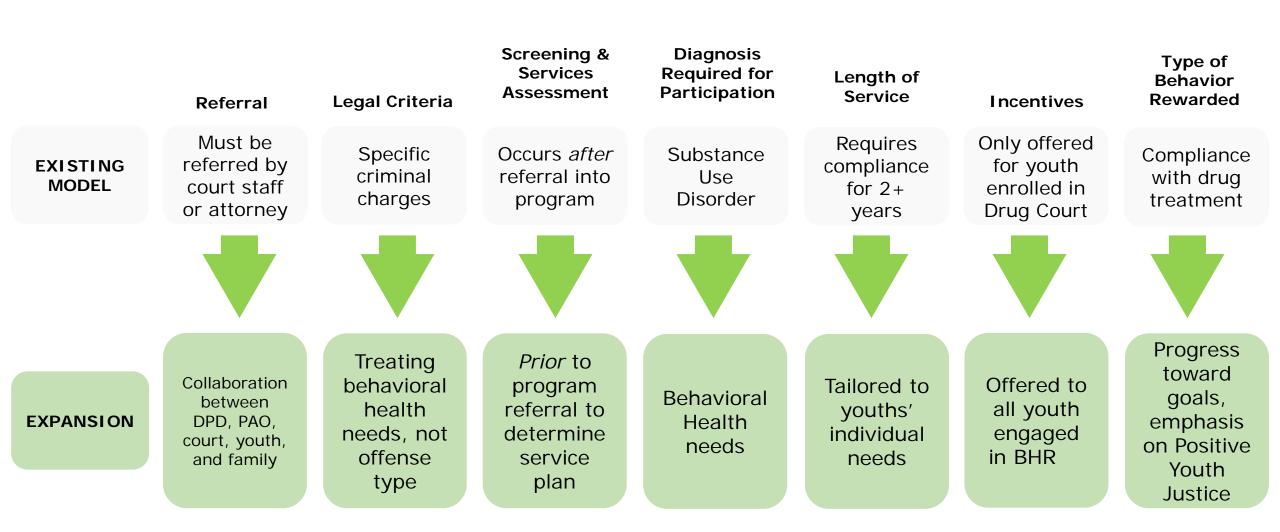
#### **INCREASE:**

- Access to behavioral health supports and services for youth and families
- Connection and asset-building
- Individualized supervision to meet unique needs of youth
- Collaboration between court, providers, DPD, & PAO
- Incentive based participation, using strengths-based justice model
- Community-based support and services
- Incentives for youths' positive efforts
- Legal benefit



- Delays in providing service
- Barriers to service: referral source limitations, observation period, and "optingin" all eliminated in expanded model
- Charges and sentencing lengths for youth who participate

## Existing Model vs. Expansion of Therapeutic Court Model



## Juvenile Therapeutic Response and Accountability Court

Non-Filed Referrals & Diversions Filed Legal Cases

## SCREENING & SUPPORT



#### COMMUNITY-CENTERED



# POSITIVE YOUTH JUSTICE & INCENTIVES



Trauma-Informed

Strengths-Based

Evaluation of needs, risks, and assets to inform service planning

Focus on basic needs followed by screening for trauma, substance use, and mental health Collaboration between youth, family, court, and community

Services are offered by community providers

Ongoing engagement and relationshipbuilding with youth and family Reward achievement

Meet developmental needs

Legal partners collaborate toward shared outcome of youth gaining skills and assets

Potential legal benefit when youth meet goals



Youth receive support to build skills & assets and address needs so they are no longer engaged in the court system

# Community Supports

## Redirecting funds to community supports

- Intentionally shifts resources from the formal justice system to traumainformed and healing-centered community systems of care and support
- Centers racial justice by recognizing the extreme disproportionality within the
  juvenile legal system and creating a pathway for youth charged with serious
  violence or facing a juvenile prison sentence to remain with their families and in
  their community, while also receiving a life-changing legal case benefit
- Recognizes that accountability is different than punishment and requires both agency and dignity within healing-centered spaces that strengthen protective factors

# Legal Benefits

Using connection to services and community to reduce sentencing/charge for the young person

- Legal case benefits: Youth who successfully engage in therapeutic interventions through BHR/JTRAC will earn, such as a reduction and/or dismissal of charges
- Justice is best achieved in partnership with community and youth are best served when supported in the community
- When stakeholders work collaboratively to identify and meet the needs of youth and families, the Juvenile Justice system best serves our community

# Summary of Key Changes

- Apply a therapeutic court model to a broader population of youth
- Support youth facing serious charges and long-term incarceration at a Juvenile Rehabilitation facility
- Enhance behavioral health response
- Eliminate barriers to service while reducing amount of time youth is committed to courtbased programming
- Place financial resources in community to offer necessary supports: treatment, mentoring, peer parents, case management
- Incentivize positive outcomes with legal benefits for participation

Youth receive a tailored behavioral health response to build skills & assets and address needs so they are no longer engaged in the court system and so they can remain in the community

# Questions

