

MIDD

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KING COUNTY DISTRICT 3
COUNCILMEMBER SARAH PERRY

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Budget Ask

- Support for a pilot Art Therapy Behavioral Health Program with a priority emphasis on ethnic and culturally diverse communities at a total request of \$200,000, or 6% of MIDD Underspend, for the 2023-2024 biennium
- Goal of culturally appropriate & trauma informed art therapy pilot program:
 - Improve cognitive functioning
 - Foster self-esteem and self-awareness
 - Cultivate emotional resilience
 - Promote insight
 - Enhance social skills
 - Reduce and resolve conflicts and distress
 - Support recovery
- Working with DCHS staff for pilot placement within MIDD Implementation Plan under SI-01 - community-driven behavioral health grants initiative



Proposed Language

“Of this appropriation, \$200,000 shall be expended or encumbered solely for a grant-based art therapy pilot program that incorporates culturally appropriate, trauma-informed behavioral health services for cultural and ethnic communities, consistent with the requirements of MIDD initiative SI-01 community-driven behavioral health grants, found in Appendix H to the Mental Illness and Drug Dependency 2 Service Improvement Plan approved by Ordinance 18406 and in the Mental Illness and Drug Dependency 2 Implementation Plan approved by Motion 15093. The goal of the pilot program is to support an art therapy program that improves cognitive functioning, fosters self-esteem and self-awareness, cultivates emotional resilience, promotes insight, enhances social skills, reduces and resolves conflicts and distress, and supports recovery. The award under this expenditure restriction shall be made to one organization to support staff, supplies, and/or anything needed to implement art therapy. This organization may be a behavioral health provider or, may partner with a behavioral health provider, or may hire a credentialed behavioral health specialist, to ensure that the program is therapeutic. The pilot project funded through this appropriation must be highlighted and evaluated in the 2023 and 2024 MIDD annual report.”