





DO YOU WANT

THE BEST MAKEOVER EVER?

BOTH INSIDE AND OUT?

DID YOU KNOW?

-  Hairsprays, **spray** deodorants, and other **aerosols** disperse their substances in tiny droplets that can be inhaled deeply into your **lungs** and into your bloodstream.
-  **Fumes** from **nail polish**, nail polish **remover**, and many hair care products also can be **inhaled** and enter your **bloodstream**.
-  Compounds suspected of **causing cancer** are found in **hair dyes**.
-  Two leading causes of **allergies** and **irritation** in cosmetics are from fragrances and preservatives.

Health & Beauty Aids

What's the difference?

Uses health
and beauty
aids with
harmful
chemicals

Uses health
and beauty
aids with
natural
ingredients



STRANGE BUT TRUE

- Twelve billion** make-up containers are thrown into US landfills each year.
- Air fresheners** stop your nose from smelling the odor, but don't get rid of the source of the odor.
- The **overuse** of antibacterial products may lead to **super germs** that are **resistant** to antibiotics.
- Over **10,000 chemicals** are used in personal care products - 89% of these chemicals have **not** been safety tested.
- Lipstick** and **make-up** contain aluminum, a known **toxin** in humans, in order to make them long lasting!

POSITIVE ACTIONS

Do you want the best makeover ever?

Then...

- Look for healthy, **nontoxic** alternatives.
- Avoid** products with **artificial fragrances** or **colors**, both of which are made from petroleum.
- Petroleum products may have **toxic effects** on both fish and mammals (like us!). So **choose** products with **natural** ingredients.
- Avoid aerosol** products.

RESOURCES

WEB

Hazardous products information for King County

www.govlink.org/hazwaste

King County Department of Natural Resources

kingcounty.gov/dnrp

Environmental Protection Agency

www.epa.gov/students

Health, Environment, Green Living

www.envirolink.org

(Does not constitute endorsement by King County)


PHONE


Household Hazards Line

206-296-4692 or 1-888-ToxicEd

Poison control center 1-800-222-1222

Alternative Formats On Request
206-296-4466 | TTY Relay: 711
1-800-325-6165 ext. 6-4466

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