



*Abuurista shabakad goboleed oo crisis care centers (xarumaha daryeelka dambiihaha), ilaalinta iyo kordhinta sariiraha daawaynta daganaanshaha, iyo maalgalinta dabeecado badqaba oo aad ka hesho shaqaalaha caafimaadka.*



**Goobaha la Tago Marka Dambiyada—Shan Crisis Care Centers (Xarumo Daryeelka Dambiihaha) ee cusub Guud ahaan gobolka**

## Waa maxay Crisis Care Center (Xarumo Daryeelka Dambiihaha)?

Waa meel dadku ay tagaan oo dambiyada dabeecadaha caafimaadka ee u baahan daawaynta iyo daryeelka deg-dega ah. Shabakada gobolka ee shanta Crisis Care Centers (Xarumo Daryeelka Dambiihaha) waxay siin doonaan goobo u dhaw oo aan ahayn qolka xaaladaha deg-deg ah ama jeel halkaasoo dadka gala dambiyada ay heli karaa isla maalintaaba noocyo badan oo kamid ah adeegyada dejinta dabeecadaha caafimaad.


Hadda, ma jirto qayb kalya oo xarun daryeel dabeecadaha caafimaadka deg-deg ah oo ku taala Degmada King. Marka dadka dambiyada gala aanay haysan meel ay u tagaan daryeel, qaar badan ayaa ku dhamaysanaya jeelka ama qolalka xaaladaha deg-dega ah. Hadaba, Crisis Care Center (Xarumo Daryeelka Dambiihaha) waxay siin doonaan goob badqabka oo bulshada si gaar ah loogu habeeyay, loo qalabeeyay oo ay joogaan shaqaale u tababaran dabeecadaha caafimaadka deg-dega ah. Xarumahin waxay bixin doonaan caafimaad deg-deg ah oo maskaxda ah iyo walxaha loo isticmaalo daawaynta ee kor loogu qaado bogsashada mudada dheer. Jawaabayaasha hore, kooxaha dambiyada ee wareega, qoysaska, iyo dadka dambiyada galay laftoodu waxay u baahan yihiin goob, majiro albaab qaldan oo daryeelka dambiihaha ahi.

## Ee aad ka helayso daryeelka saxda ah, dad aqoon leh oo si fiican wax u qaban kara. Shanta Crisis Care Centers (Xarumaha Daryeelka Dambiihaha) waxay noqon doonaan:


Kuwo bixiya taageero goobta dambiihaha oo 23 saacadoodba lala socon doono xaaladiisa



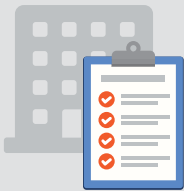
Furan 24 saacadood, todobada cisho ee todobaadkii dabeecada caafimaadka shaybaadhka daryeelka deg-dega ah




Siinta anshax wanaagsan kooxda shaqaalaha, oo ay kujiraan dad iskufac ah oo leh khibrad nololeed



Siinta qiimayn daawayneed oo mutadawacnimo ah marka ay daruuriga tahay




Baadhista iyo nidaamka go'aaminta baahida daawayn deg-deg ah ee dadka daryeelka raadinaya iyo kuwa ay soo gudbiyeen jawaabayaasha hore, kooxaha kajawaabista dambiyada, iyo xubnaha qoysku



Aqbalayaa qof kasta, oo haysta ama aan haysan caymis



Siinta deganaansho dambiihaha sariir muddo gaaban ah oo lagu daawaynayo dabeecadaha caafimaad ilaa 14 cisho



**Maqnaanshaha socodka, baahinta goboleed ee qaybaha crisis care (daryeelka dambiihaha) taasoo horseedaysa kharashaad badan, socod aan loo baahnayn, wakhtiyo badan oo sugitaan, iyo dib u dhacyo ilaalinta xasaasiga ah ee wakhtiga.**

iyadoo aanay jirin daryeel adeeg caafimaad oo deg-deg ah, dad aad u tiro badan waa inay doortaan inaanu jirin wax daryeel ah ama meelaynta jeelasha ama qolalka xaaladaha degdega ah

## Qaybinta Juqraafiyeed ee Crisis Care Centers (Xarumo Daryeelka Dambiihaha)

Shanta Crisis Care Centers (Xarumo Daryeelka Dambiihaha) waxa lagu baahin doonaa si juqraafi ahaana gobolka oo dhan markaas jawaabayaasha hore, kooxaha ka jawaabista dambiyada, qoysaska iyo shaqsiyaadka haysta goob u dhaw oo ay u jiraystaan marka dambi jiro. **Xaruntayadu waxay u adeegi doontaa dhalinyaro kayar 19 jir, oo ugu yaraan waa in mid asaaso mid kamid ah afarta goob hoosaad:**



**Hadda**  
Hal 46-sariir crisis center [xarunta dambiyada] ee 2.3 milyan ee ah dadka ku nool degmada

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