

King County Juvenile Detention Programs & Services Overview

Programs and Services offered through Contracts:

Organization	Program / Service	Description/Details	Frequency
Ryther	Mental Health Services	To provide effective individualized, strengths-based, trauma-informed therapeutic services to youth detained in juvenile detention in collaboration with juvenile detention staff, interagency school staff, health clinic staff, superior court staff, natural supports, and community partners; to provide consultation and collaborate in coordinating continuity of care with community partners.	Daily
University of Washington	Psychiatric Services	To provide effective individualized, strengths-based, trauma-informed psychiatric services to youth detained in juvenile detention in collaboration with social workers, juvenile detention staff, interagency school staff, health clinic staff, superior court staff, natural supports, and community partners; to provide consultation and collaboration in coordinating continuity of care with community partners.	2-3 days per week
University of Washington & Children's Hospital	Medical Services	Provide licensed medical provider(s) whose major responsibilities shall be EPSDT (Early, and Periodic Screening, Diagnosis and Treatment Program), health appraisal, and the provision of healthcare services to detained youth under the supervision of an on-site Health Authority.	Daily
Seattle Public Schools, Interagency Academy	Educational Services	Students participate in math, science, language arts, and social studies classes daily. Interagency Academy is network of small, alternative high schools spread out across Seattle designed to support students who need different supports than comprehensive schools offer. Partnering with community-based organizations and agencies to provide unique learning environments with targeted interventions, SPS Interagency is committed to working with every student, regardless of his or her past, and believes that every student can grow and succeed if given the right support and encouragement. Youth earn credit toward high school diploma and will transfer after release from detention. DAJD has recently compensated SPS \$108,500 to support educational services.	Mon-Fri, 220 days annually: 180 days within the regular district school year and 30 additional days during summer
Pongo Teen Writing Program	Pongo Poetry	Trauma informed poetry writing workshops which use personal poetry to facilitate healing among youth coping with devastating traumas, such as abuse, neglect, racism, and exposure to violence. Poetry mentors utilize a trauma-informed technique for teaching poetry, created in consultation with prominent community psychiatrists from the University of Washington. Pongo's approach offers youth a safe, gratifying way to express feelings about some of the worse experiences imaginable. The approach engages youth in writing poetry in services of finding healing and inspiring resilience.	Weekly
King County Library System	Library Services	The King County Library System operates a library branch within the detention facility, offering similar services that one may find at any branch in the community. Youth are	Daily

King County Juvenile Detention Programs & Services Overview

		able to check out books and make requests for additional materials included in the vast KCLS collection. KCLS is also able to offer several programs and services one librarians are assigned to the CCFJC branch.	
	Honor Level Game On	Young people who have earned honor level status in the behavior management support system are invited to Game On, competitive video games, in the library.	M/W/F
Seattle Children's Theatre	Theatre Workshop Program	Young people who engage with theatre acquire skills essential to their social and emotional development: a healthy sense of personal identity, the ability to empathize with others, and imaginative ways of thinking. Seattle Children's Theatre strives to activate the imaginations and creativity of all students through meaningful learning opportunities. Teaching Artists lead classes in exciting and interactive activities that use drama and kinesthetic learning techniques to explore a wide variety of subjects including language arts, social justice, science, SEL, and of course, acting.	12-week workshop, twice per year
Your Money Matters Mentoring	Financial Wellness	Topics include foundations for financial resilience post incarceration, building financial stability through banking post release and budgeting for successful reintegration post incarceration. Youth will create a personal budget and savings plan, increase confidence about managing money, reduce anxiety & stress related to finances and gain understanding of mindsets as related to money habits.	Wednesdays Weekly, 2 halls per visit
Yoga Behind Bars	Yoga	Yoga - Somatic Healing Curriculum. These evidenced-based practices below center embodiment as a way of healing trauma. They are simple and can be learned easily, therefore making them accessible to our students. We are empowering them to practice these tools in real time with the support and guidance of certified instructors. The scenario section will move us from the tools to real life application. Participants will have the opportunity to track their nervous system while talking through a mildly stressful situation going on in their life right now, then use the tools they learned to monitor any changes in their mind/body state.	Saturdays, Weekly, 2 sessions per week
	Creative Writing	Participants will develop more positive personal identity as they learn new skills and connect with their potential. Participants will expand their ability for artistic expression by learning new methods and techniques.	2 nd & 4 th Fridays, 2 sessions
	Healthy Relationship Workshop	Participants learn how to use their voice to advocate for themselves and their communities from credible mentors. Participants will learn healthier ways of interacting with others and how to use the somatic skills from yoga to stay within their window of tolerance in stressful situations.	1 st & 3 rd Fridays, 2 halls
The Silent Task Force	Alternatives to Violence	Teaching youth to understand and become knowledgeable around restorative justice through dialogue and negotiation to counter the violence and aggression and learn healthier ways to be expressive.	Sundays, Weekly

King County Juvenile Detention Programs & Services Overview

	Supporting Youth People Impacted by Community Violence	To foster cycle disruption and build resiliency through addressing trauma recovery, emotional resilience and improved decision making that will aid in prevention and intervention as well as focus on positive social and environmental change.	Sundays, Weekly
	Healthy Relationships	Youth will be able to recognize and address external pressures that impact their mental health and navigate the pressures imposed by media, peer influence, family dynamics, and systemic stereotypes.	Wednesdays, Weekly
	Positive Personal Identity	The goal is to empower and uplift young people by leveraging virtues as a foundational shield that fortifies their character against the challenges posed by systemic oppression and the impact of comparison. Tuesdays will be for females & Fridays for males	Fridays, Weekly
	Artistic Expression	To encourage innovation, empathy, and critical thinking, through the arts that can ultimately lead to a deeper understanding of oneself and others, contributing to personal fulfillment and societal well-being.	Saturdays, Weekly
	Independent Living Skills	Teach the fundamentals of basic ADLS (activities of daily living skills) and the importance of them upon release and transitioning from adolescence to adulthood.	Fridays, Weekly
	Critical Thinking Skill Building	Foster a mindset of being a well-rounded individual who is a part of and the ability to positively impact the overall health and well-being of their community.	Wednesdays, Weekly
Cocreative Culture	Music Studio	Cocreative Expression Program is designed to provide a nurturing environment for youth in secure detention, fostering creativity, emotional grounding, and community values through music. The curriculum focuses on understanding Ubuntu philosophy, songwriting, composition, and emotional expression, with the aim of empowering participants to express themselves through songwriting and recording.	Fridays, Weekly
Totem Star	Music Studio /	The project will include recording poetry, or either spoken word, teaching music production, and audio engineering musical ideas, or songs while building community and young people support.	Weekly
	Audio Engineering Training Program	Youth who have earned honor level status in the behavior management support system are invited to apply for a six-week training program where they learn to audio recording fundamentals; recording and editing techniques; mixing basics and mastering music.	Offered 3 time a year, 6 weeks for 4 hours a week
Fresh Start	College & Career Competency Workshops, AR/VR Workshops.	College and Career Competency (CCC) workshop focuses on the interpersonal, interpersonal skills that every student needs to be ready for post-secondary life. This particular workshop will focus on Self-Regulation (Emotional and Academic) and Conflict Resolution skills.	Friday, Saturday & Sundays, 2 hours/3 sessions per week

King County Juvenile Detention Programs & Services Overview

		AR/VR workshops: the desired goal is to provide opportunities for justice involved populations to interact with, and experience AR/VR technologies that are revolutionizing experiential learning.	
Urban League	Healing Circles	The program objectives for youth in secure detention are to create a space where young people can share their experiences, build relationships, empowerment, while working towards healing and well-being and the reduction of youth violence.	Twice Weekly
Esoteric Meditations	Chess Club	Chess is a classic game of strategy. The objectives include understanding the rules and some common strategies and tactics. Youth are taught the game of chess through basic instruction and introduction to different strategies. Chess players are taught to think critically, plan their moves, and execute their strategy. These skills serve players for life. Students who play chess often find greater educational opportunities	Sundays, Weekly

Programs offered through MOUs with Community Organizations:

Organization	Program	Description/Details	Frequency
Consejo Counseling & Referral Service	APOYO Program	Consejo's trauma-informed treatment and care provide constructive alternatives to alcohol use, gang involvement and community violence. Includes skill building and youth development activities. The organization's emphasis on services for Latinx families and youth allows Latinx identifying youth the opportunity to participate in Spanish and access culturally responsive services. The APOYO program supports youth in detention with system navigation, focusing on a harm-reduction philosophy to support youth.	2x Weekly
SPS, Seattle Police Department	Before the Badge	Centered around the question, "If there was something someone could have said or done to change the path that led you here, what would it have been?" this program is a collaboration of formerly incarcerated adults, community partners and law enforcement, focused on holistic intervention and the reduction and prevention of incarceration and recidivism. The organization's work is inspired by and built upon people sharing their personal life experiences around incarceration.	1x monthly
Mentor Seattle LLC	The Barbershop for Youth	Through meaningful conversations, activities, and mentoring, we'll create a space where you can reflect on your potential and reawaken the dignity that's always been inside you. We're here to remind you that you have the power to make positive choices and shape your future, even in the face of challenges. Use these core values to guide everything we do: Positive Sense of Self: See yourself for who you truly are—strong, capable, and valuable. Strong Sense of Self-Worth: You deserve respect and care, just as much as anyone else. Powerful Voice: Your voice matters, and no one can take that from you.	Weekly

King County Juvenile Detention Programs & Services Overview

		Self-Acceptance: Embrace every part of yourself—your strengths, struggles, and everything in between. Belonging: You are worthy of connection, love, and respect.	
Health Clinic/KC Public Health	FLASH / Education Program	A widely used sexual health education curriculum developed by Public Health – Seattle & King County and designed to prevent teen pregnancy, STDs, and sexual violence, and to increase knowledge about the reproductive system and puberty. High School FLASH has been proven effective by rigorous evaluation. It is an inclusive curriculum, including examples and activities that will resonate with youth from a variety of geographical regions, racial identities, and sexual orientations. It is highly interactive and is respectful of students with a variety of sexual experiences.	Weekly
Art Corps	Hip Hop & Art of Movement	Hip hop is the peak of self-expression. In this fun and dynamic portion of class, youth will explore movement styles and self-expression through a warm-up, across the floor movements and dance combinations. After exploring Hip Hop dance, students will then get to learn the Art of Movement by exploring the movement styles of Jazz, Afro-Brazilian, and improvisation with Ms. Heather. The class combines technique, rhythm, and expressing personal style. Exercises focus on increasing flexibility and strength, rhythm, movement isolations, and creating dance combinations as a group.	Weekly, Saturdays
	Spoken Word	Spoken word experience will include: artist inspiration through writing, interpretation of lyrics, and the exploration of rhymes, schemes, cadence, figures of speech, and overall execution of Hip Hop lyrics.	Weekly, Saturdays
	Graphic Design and Visual Arts	An interactive graphic design and creative youth class. Students explore different mediums thru technology such as drawing, graffiti/muralism, acrylic & watercolor painting, stencil design, and digital art with iPads; utilizing different creative tools for emotional intelligence, decision making and thought process that can be applied to daily creative life. Youth will showcase their artwork and learn finance, business, and entrepreneurship skills throughout the process of building their creative self & artwork.	Weekly, Tuesdays
YMCA	Stability & Reintegration	The YMCA of Greater Seattle (YSIC) will work to prevent housing crises and homelessness for young people exiting juvenile detention facilities by improving transitions into safe and stable housing and opportunity pathways. With a focus on transition age (between 16 to 21 years old) BIPOC and LGBTQ2+ young people, YSIC will support the discharge planning and transition of young people from detention facilities and promote a Diversion-like approach to identify temporary or permanent housing options within 90 days of exit. Transitions to safe and stable housing options will be enhanced by dedicated relationship-building between young people in detention and adult supports that will serve as coaches	Saturdays, Monthly

King County Juvenile Detention Programs & Services Overview

		and collaborative problem-solvers during and after exit. Additionally, young people will have sustained support to build on social-emotional skills, financial independence, and meaningful connections to local community re-engagement/Open Doors schools and other post-secondary opportunities.	
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Programs offered by Community Volunteers:

Organization	Program	Description/Details	Frequency
Community Volunteers	Alcoholics Anonymous	Weekly 12-Step AA Meetings focused on understanding addiction and sobriety. Volunteers share their own experiences with addiction and provide a safe space for youth to share their own by meeting the youth where they are at in their journeys. AA is non-professional, non-denominational, as well as apolitical and unaffiliated	Weekly Thursdays
Community Volunteers	Project Canine	Volunteer therapy dog teams rotate and visit with youth providing youth with much needed care and affection. Project Canine provides therapy dog education, certification, and outreach in King County. Ginny, a 3-year-old golden retriever, and her owner, Andrea, and Cosmo, an 8-year-old pitbull mix and Cynthia are the Juvenile Divisions two therapy dog teams.	Weekly Tues & Wed
SU & UW Schools of Law	Know Your Rights Legal Clinic	Legal clinic provided by a partnership between the University of Washington and Seattle University law schools. Law professors and students spend time sharing information with youth about their rights regarding various topics, including when speaking with law enforcement officers.	Monthly
Union Gospel Mission	Sweat, Pain and Gain Fitness Program	Coached by a retired Juvenile Detention Officer/Juvenile Probation Counselor, this fitness class helps youth learn resilience and how to overcome obstacles when they feel they may not be able to. Youth spend the session slamming medicine balls and pushing themselves farther than they initially believe.	Weekly Tuesdays
Community Volunteers	Pickleball Fitness Program	Some consider pickleball to be America's fastest growing sport which combines many elements of tennis, badminton, and ping-pong and can be played either indoors or outdoors. During this program, youth learn basic pickleball techniques and strategies from a retired Physical Education teacher.	Weekly Wednesdays
Community Volunteers	Arts and Crafts	Art Program focused on relaxation and self-awareness thru creating vision boards and collages choosing images which reflect youth dreams and goals for their futures.	Weekly Thursdays
Community Volunteers	Barbershop Chats	Local volunteer barbers provide haircuts for youth in detention. Simultaneous haircuts allow for multiple youth to experience haircuts at the same time, creating a mini barbershop where young men can chat and discuss current events. Historically,	Monthly

King County Juvenile Detention Programs & Services Overview

		barbershops have served as special places where BIPOC communities can be vulnerable and talk about issues of importance in the community.	
Chaplaincy Services, Community Volunteers		A group of like-minded individuals and community members that seek to provide quality, innovative, and stable programming and services to court-involved youth. The motto is “listen, listen, love, love” which supports our core values of listening, cultivating community, anti-racism awareness, and practices of peacemaking. Programs offered by the Chaplaincy program are listed below:	6-7 days per week
	1-on-1 Listening Sessions	Non-denominational chaplains meet individually with youth to listen and talk about anything that happens to be on the youth's mind at the time. Chaplains provide a safe and welcoming environment for youth to share personal stories, prayer, or ponderings.	4x per week
	Non-denominational Church Services	Church services provided weekly with rotating local community church congregations for youth who choose to participate. Local congregation choirs and volunteers attend the service and offer words of support and care.	Monthly
	Muslim Quran Study & Prayer Service	Quran study and one on one individual sessions with Muslim Chaplain provided weekly on Fridays, the day of gathering in the faith of Islam. Prayer sessions are held when the sun has surpassed its highest point in the sky.	Weekly (as requested)
Community Volunteers	Refuge Recovery	Refuge Recovery is a practice, a process, a set of tools, a treatment, and a path to healing addiction and the suffering caused by addiction. The main inspiration and guiding philosophy for the Refuge Recovery program are the teachings of Sid Gautama. Topics include recovery, forgiveness, making amends, and letting go.	Weekly
Community Volunteers	Jet City Improv	The main take-aways of improv; collaboration, creativity, communication and sometimes; comedy! The use of Yes, and as a communication and listening tool is fundamental to the work and supports building on ideas with an atmosphere of agreement and cooperation. Fun and laughter is often an additional product of the activities.	Weekly, Tuesdays
Community Volunteers	Better Vision Outreach / Guy Talk	Guy Talk is a support group designed for young men, focusing on self-evaluation, empowerment, and personal development. The interactive workshops provide a safe and supportive space for men to openly discuss their challenges, experiences, and ambitions. Through facilitated discussions, participants receive practical advice, emotional support, and access to resources aimed at fostering personal growth, strengthening relationships, and improving overall well-being.	Weekly, Saturdays
Community Volunteers	Volleyball w/ Taylor	Taylor is focused on developing volleyball skills, teamwork, and sportsmanship among young athletes. Open to youth of all skill levels, volleyball provides a supportive environment where players can train, compete, and grow both on and off the court.	Weekly, Thursdays

King County Juvenile Detention Programs & Services Overview

		Improving individual techniques such as serving, passing, setting, and spiking, while also teaching game strategies and teamwork through regular practices and competitive matches.	
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Programs offered by DAJD Staff members:

Organization	Program	Description/Details	Frequency
Recreation Program	Cultural Awareness Programs	Throughout the year, the Recreation Coordinator leads various celebratory and educational activities in acknowledgment of cultural holidays and history months such as Black History, Asian American Heritage, Women's History, Latinx Heritage, among others.	Monthly
Recreation Program	Holiday Special Events/Parties	Youth get to celebrate special holidays such as a 4 th of July barbecue, Super Bowl party, Summer Olympics, Halloween trick or treating, Christmas present opening, etc.	Quarterly
Recreation Program	Holiday Decorating Contests	For various holidays throughout the year, youth spend time working together with their peers to decorate their living hall based on the holiday theme. Prizes include bragging rights, special meals, and or gift cards.	Biannually
Recreation Program	Monthly Birthday Party	It can be hard spending your birthday away from friends and family. Each month, youth who have birthdays each month celebrate with treats and activities at the beginning of each month.	Monthly
Recreation Program	Spelling Bee	Facilitated by the Recreation Coordinator, youth learn new words and take turns trying to spell them – multiple rounds and the winner takes all.	Monthly
Recreation Program	Spa Day	Youth spend time relaxing with face masks, warm wash cloths, and soothing music in the midst of a very stressful time of their lives. Taking this time for self-care allows youth to take some time to de-stress and calm their minds, smooth their skin, and make it more radiant.	Weekly
Recreation Program	Commissary Program	Research in adolescent brain development demonstrates that teens respond more to incentives rather than the threat of punishment. As a part of the behavior management support system, youth earn stars by meeting behavior expectations daily and can use their earned stars on extra snacks and premium hygiene products each week.	Weekly
Recreation Program	Honor Level Gold Meal	Youth who have earned Honor Level Gold (highest) status, can use some of their weekly earned stars to purchase a take-out meal from various community restaurants every other week. Youth at this level in the behavior management system take turns requesting different restaurants so the available meal changes regularly.	2x per month

King County Juvenile Detention Programs & Services Overview

Recreation Program	General Recreation Activities	Detention staff provide general recreation activities that promote physical activity, positive social interaction, and constructive use of free time. These activities support youth well-being while reinforcing structure and engagement	Weekly, Thurs - Sun
Detention Staff	Family Engagement Meals	Youth who have earned Honor Level Gold (highest) status, are rewarded with a special meal shared with their family members, provided by detention staff, to acknowledge positive behavior and sustained program engagement.	Every 90 days