



King County

Behavioral Health and Recovery Division

Department of
Community and Human Services

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7-1-1 TTY/TDD

King County Behavioral Health Advisory Board (BHAB)

January 4, 2024

Board Members present: Nancy Dow, Jasmeet Singh, Mustafa Mohammed, Stacey, Devenney, Alex Sheehan

Behavioral Health and Recovery Division (BHRD) Staff Present: Ramika Toms, Dan Floyd, Christena Coutsubos

Guests/Community Members: Addy Borges, Savannah Burts, April Conniff, Courteney Wettemen, Julie Udd, Frank Jose, Heather Venegas, Jenna Van Draan, Katharyn, Nas Alalawi, Candance Hunsucker, Tiffany Ekeh, Willard Derouen, Laura Van Tosh, David Sullivan, Lindsey Borton, alerie Badillo-eccles, Cathy Callahan

I. Welcome & Introductions

Board & guests introduce themselves and their interest in BHAB.

II. Public Comment Announcement

Nancy Announces instructions on how to sign up for public comment.

III. Leadership Update

Nancy shares information on the status of the board and future changes that will happen regarding the Crisis Care Centers levy with council approval in the coming months. Board member Kevin Host asks where we are on recruitment and Ramika Toms shares the status of the application changes are on hold until council decision.

IV. Opiate Survey Results

Research with Expert Advisors on Drug Use (READU) was asked to work with Public Health Seattle King County to conduct a survey through focus groups around King County to get feedback. They used the feedback to create the report. Addy Borges shares update presentation on the survey results of the Opioid settlement. She starts with background refresher of what the settlement is and

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why it exists. Addy goes into detail the funding allocation between counties and the state funding. She also shares the reporting on where the money will go. Courtney goes into presenting some feedback from the survey which are broken down by the goals and recommendations for the funding. Addy shares the next steps for the report and spending plan. Shared the King County council approved the spending plan. Courtney concludes with local advocacy organizations and Addy shares a list of resources.

V. 2024 BHRD Legislative Priorities

Christena Coutsobos gives presentation on 2024 KC BH Leg Priorities. She gives background on her role and the process of the legislative session. Christena starts with the big picture of the priorities. She starts sharing the more detailed information of each of the big picture priorities. Big picture priorities are Improve Medicaid, reduce overdose deaths and expand access to recovery, Care for People in Crisis, and expand and preserve behavioral health facilities and Christena goes into detail of these priorities. Christena shares the Governor's proposed budget highlights.

VI. MIDD Sub-Committee

Jasmeet Singh shared what was discussed at the last MIDD meeting. She shared that they discussed they went over a book that they have been reading as a group. The group read the book to go over biases reading one chapter at a time. Compacity Building discussion was also presented during the meeting.

VII. Racial Inequity Sub-Committee

Jasmeet shared the committee has not met yet. She shared when the meetings will start back up and offered the public and board to join.

VIII. Public Comment

Adjournment – 1:25PM

Prepared by:
Ramika Toms – Board Liaison/Recording Secretary

Attested by: