



King County

Behavioral Health and Recovery Division

Department of
Community and Human Services

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7-1-1 TTY/TDD

King County Behavioral Health Advisory Board (BHAB)

May 2, 2024

Board Members present: Nancy Dow, Jasmeet Singh, Mustafa Mohammed, Kevin Host, Lyscha M, David Sullivan, Kristina Sawy, Willard Derouen, David Sullivan, Stacey Devenney, Mustafa Mohammed

Behavioral Health and Recovery Division (BHRD) Staff Present: Dan Floyd, Cristina Coutsubos, Amanada Flatley, Idabelle Fosse, Taylor Schueler

Guests/Community Members: Izzy Rivas, Laura Van Tosh, Soledad Strubhar, Daaoshara Degrade, Naomi Herrera

I. Welcome & Introductions

Community members & guests introduce themselves and their interest in BHAB.

II. Public Comment Sign Up

Jasmeet share's information on how to sign up to make public comment.

III. Operationalizing Peer Support

Naomi Herrera gave a presentation in Operationalizing Peer Support (OPS) Training. This program offers monthly webinars, virtual office hours and individual technical assistance. Naomi shares that this program is currently offered for peer supervisors & administrators. Naomi shares that peer support specialist's role is to partner with each other to follow abstinence-based recovery. Naomi speaks on OPS Training and how cultural response creates a equitable environment in the work place and not all people learn & listen the same. Best practices used in the OPS training are the National Practice Guidelines for Peer Specialist & Supervisors & The Peer Support Tool Kit- City of Philadelphia DBHIDS, Naomi shares these are some of the tools she shares in the Operationalizing Peer Support Training. Naomi shares what's coming up ahead, 2SSB 5555 on July 1, 2025, rules go into effect & certified Peer Specialist credential is available. On January 1, 2027, a person who engages in the practice of peer support services & who bills a health carrier or medical

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assistance or whose employer bills a health carrier or medical assistance for those services must hold an active credential as a certified peer specialist or certified peer specialist trainee. Naomi shared examples of what is peer support & what is not peer support. Naomi shared her contact and materials along with the slide deck to end the presentation.

IV. Legislative Session Update

Christina Coutsobos shares a presentation on the Behavioral Health Legislative gave an update on supplemental budgets that passed. Christina also shared what King County's 2024 Behavioral Health Priorities and shared what Priorities BH policies that passed. Christina shares what is to come with priority bills to be passed. Christina will engage with state departments in funding disseminations and gave resources on where to look up the bills regarding Behavior Health Legislative priorities. Christina ended the presentation and will be back soon to give a more condensed presentations on the bills to be passed that affect King County's programs.

V. Justice Equity Diversity Inclusion (JEDI) Subcommittee

Jasmeet will give an update on MIDD meeting next month. Jasmeet gave an update on focusing on healing circles in the behavior health space and are working on getting funding. Jasmeet also gave some insight on the stigma around healing circles and shared they are not covered by insurances. Jasmeet shared on JEDI's goal being focusing on funding for healing circles.

VI. Crisis Care Center Update

Idabelle shared on the levy they have submitted and will hear back at the soonest June 18. Also shared on community engagement groups & listening sessions with Vocal-WA, Open Doors, Somali Health Board, Consejo, Choose 180, Progress Pushers, Open Doors for multicultural families. Idabelle also shared to reach out to her regarding any new focus or community groups they can connect with. Idabelle shared their goals of community events and will be connecting with communities on what crisis care does & what it does not do.

VII. Public Comment

Laura Van Tosh: Laura says she has been following the process on the Crisis Care Center Levy and on May 7th next week and the Crisis Care plan is not on the agenda, but MIDD is on the Agenda and public comment is limited to only what is on the agenda. Laura shared the King County Council meeting calendar and asked for the BH Advisory board to comment on the Crisis Care Levy

Adjournment – 1:17pm

Prepared by:

Sabrina Sandhar- Torres – Board Liaison/Recording Secretary

Attested by:

VIII. Action Items

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