



King County

Behavioral Health and Recovery Division

Department of
Community and Human Services

CNK-HS-0400

Chinook Building

401 Fifth Avenue, Suite 400

Seattle, WA 98104

206-263-9000

206-296-0583 Fax (Reception)

206-205-1634 Fax (Clinical Services)

7-1-1 TTY/TDD

King County Behavioral Health Advisory Board (BHAB)

July 11, 2024 – 11:30am – 1:30pm

Board Members present: (Note: Quorum Present) Nancy Dow (Chair), Jasmeet Singh (Co-Chair), Mustafa Mohammed, Kevin Host, Lyscha Marconian, David Sullivan, Willard Derouen, Taylor Schueber, Cristina Coutoubos Kristina Sawychj

Behavioral Health and Recovery Division (BHRD) Staff Present: Dan Floyd, Amanda Flatley, Idabelle Fosse, Susan McLaughlin, Laura Smith, Brad Nonaka, Heather Whitten (Admin Liaison)

Guests/Community Members: Laura Van Tosh, April Conniff, Savannah Burts, Candance Hunsucker, Dae Degrate, Alisha Mar

Welcome & Introductions – Nancy Dow, Jasmeet Singh

Community members and guests introduce themselves and their interest in the BHAB.

Public Comment Sign -Up – Jasmeet Singh: Laura Van Tosh

I. Minutes Approval – Nancy Dow

Outstanding meeting minutes from past months for quorum approval at next meeting.

II. Block Grant Funding – Amanda Flatley – PowerPoint Presentation (See Pages 4-5)

A review of Mental Health and Substance Use Services Block Grants and the Clients who utilize those grants. These Clients are usually uninsured and may have immigration status issues, which makes them not eligible for Medicaid services, or are engaged with the criminal justice or crisis systems. Please see PowerPoint presentation slides for the Health Care Authority (HCA) Main Services Categories and the 2024 – 2025 Block Grant Spending Allocations, which will remain the same for both years. Amanda reviews the Agencies and services they provide with the Substance Abuse and Mental Health Services Administration (SAMHSA)/HCA block grants funds they receive, which includes scholarship funds, traditional healing services, culturally relevant services, peer-based crisis support, crisis call line support, child crisis outreach, youth mobile crisis outreach, stabilization services, and co-responder services. The co-responder program embeds a Mental

Health Professional into a first responder team, which something David could share information with the Board regarding. Please also note there will be an expansion in the future of the adult and youth mobile crisis teams. Several other south County cities also providing co-responder services. This is a growing best practice and will be model of response shared throughout the nation.

Also funded through the HCA block grants is the pregnant and parenting women's services, room and boarding services, residential treatment programs, sobering services, individual therapy programs, and Clubhouse services.

Question: Why is there more money allocated for the MH block grants than the SUD block grants? Amanda answers by saying that SAMHSA allocates fund to every state and the HCA for WA state spreads the funds across the 10 Behavioral Health Administration Service Organization (BHASO) regions based on populations. The HCA determines the amount divided between the MH and SUD grants.

Vote on Approval of MH & SUD Block Grants: Nancy – We have a Quorum present at today's meeting. Nancy calls for a vote on a motion to approve the block grants funding letter. Christina Coutsoubus seconds the vote. Vote approved. Block Grant Approval Letter to be formulated and signed by Board. (See below of Action Items)

III. Upcoming BHAB Changes – Susan McLaughlin (See Hyperlinks Below)

Nancy and Susan reviewed the voter approved Crisis Care Levy, while it not only creates 5 new Crisis Care Centers, it also would create an oversight implementation group, a roll which this Board could fulfill. The County code for the Board is being revised and submitted for ballot measure ordinance approval shortly. This will allow for additional recruitment, from 15 to 18 members, and reconfiguration of new member seating requirements, such as peer support expertise, crisis response zone seats, lived experience members, and compensation for Board member duties. There will also be seats set aside for tribal partners. Promotional materials are now being created to assist with the new member search and executive recommendation process. The Board will also be responsible for the creation of the Crisis Care Center Levy Annual Report for Council review, along with 5 yearly site visits to the Care Centers, once they are functional. Definitions of these requirement items will also need to be added to the bylaws for consistency. (See below for Hyperlink Information)

IV. Lived Experience /Peer Voices in BHAB - Susan McLaughlin

Susan reviews the Peer Support information for the Board. The Peer Network Group, individuals with lived experience, who work within the system, or have family members utilizing services gather to review issues and share information. This group, along with others have been providing feedback to the Board, "in the spirit of continuous quality improvement." The group has created a policy framework which will provide guidance and direction for improvements on, and feedback to, the service system. This document will be presented to the Board in September when completed for its review. This document will assist the Board in building on the community engagement created by the Crisis Care Levy.

V. 2024 Legislative Forum – Christena Coutsoubus

**Date: Wednesday, December 4, 2024 – Location: Seattle Center – Exhibition Hall
Time: To Be Announced.**

Christina's update on the Annual Legislative Forum, which brings State lawmakers, the recovery community, Agencies, Healthcare Plans, and the general public together for meaningful conversations regarding Mental Health Care and Legislative topics. The time for the session is under discussion. King County Recovery Coalition will once again provide the popular pre-event presentation. The program will include introduction of the proposed legislative priorities for 2025 legislative session, as well as presentations by executive Dow Constantine and BHRD Department

Director Susan McLaughlin. All the BH Advisory Board Members are invited to attend, with the Board possibly doing a presenting and recruiting for new members at the meeting as well.

VI. BH Sales Tax Renewal – Laura Smith - PowerPoint Presentation (See Pages 6-9)

Laura provides a quick review of the Behavioral Health Sales Tax, which is a County wide 1% sales tax; generating roughly 136 million per 2-year period. These funds provide programs and services for folks living with, or at risk of, behavioral health conditions, and is managed by the KC Dept. of Community and Human Services BH Recovery Division. The closing date of MIDD II is drawing near at the end of 2025 and the renewal starts in 2026. Upcoming Laura's team will be hosting 17 virtual listening sessions, nine in-person meetings, along with a survey in over 20 languages, to cast a "wide net" across the County for current information regarding the BH system services. This information will allow the formation of a responsive and nimble BH system in the future. Please review the attached items for review at next Board meeting. Laura's team members will be collecting this information from across the stakeholder groups to create future plans. This funding has been available for over 18 years and is a critical piece in the County's funding sources.

Contact Information:

Natalia Chacon – 206-477-0315 – nchacon@kingcounty.gov –

Laura Smith – 206-477-0641 – lausmith@kingcounty.gov

VII. Crisis Care Center Update – Idabelle Fosse/Jennifer Winslow (See Hyperlinks Below)

Idabelle mentions that Susan has reviewed a lot of the information available concerning the CCC Levy and it's passing and next steps. However, Idabelle mentioned that there is a community survey (See Attached Link) that has been translated into 10 languages and is being shared throughout the County. This information will assist in the creation of RFS (Requests For Services) that will go out to Agencies that want to provide Crisis Levy Services. There are about 85 responses at present with more on the way. Christina asks about the requirement of clients completing the ADLs forms, and if there are other places that clients can go to get assistance in filling out those forms. Idabelle let Christina know that the Agencies are reviewing this requirement and updating what can be worked with on this issue.

VIII. JEDI Subcommittee – Jasmeet Singh

Jasmeet mentions that the subcommittee did a "touch base" meeting and focused on getting more Board members and possibly conducting a community contact event. Supplementing with additional support personnel was also discussed to provide the Board more information on Board specific presentation topics.

IX. Public Comment-Laura Van Tosh (Guest): Laura appreciates being able to attend the Board meetings and watching the Board come back to full potential. She is looking forward to observing what the Crisis Care Levy implementation plan will bring forth and encourage the members to review the document. She also recommended that the Board focus on the stigmatism that are built into the MH system and work to alleviate the permeant labeling of those with MH issues. She said "I guess you might say that once you're considered a patient in the system that leaving this system is virtually impossible and that once sort of your a mental patient you're always a mental patient." She also believes that the Crisis Care Levy will turn that outdated system on its head. She also wanted to suggest that the Board make room for those folks with lived experience, peer perspectives, and concerned family members on the Board.

Hyperlinked Information:

Proposed Ordinance Revisions for the BHAB Ordinance:

<https://kingcounty.legistar.com/View.ashx?M=F&ID=13024409&GUID=B1DAF758-ACCA-4BA1-85FF-8814CD445B33> (See tables 1 and 2)

Crisis Care Center Survey: <https://forms.office.com/g/DWj1K1CfFf>

- X. Wrap-Up and August Agenda Items** – Nancy Dow/Jasmeet Singh
Nancy and Jasmeet review items to be added to the August agenda (See Below)

Adjournment – 1:12 pm

Prepared by: Heather Whitten (Admin Liaison)

Attested by:

XI. Action Items

- David Sullivan – Co-Responder Presentation
- Amanda and Dan - to formulate Block Grant Approval Letter for signage by Board.
- Susan and Dan to place minutes for approval of Board on a consent agenda.
- Dan - Possible short-version presentations of programs reviewed in past meetings as reminders of topics.
- Laura - Continuing Updates on the BH Sales Tax Renewal and the information they are gathering.
- Idabelle - to keep the Board updated on the Crisis Care Levy information.
- Board - Community Healing Circle Event creation – KC invited to share as well.
- Christina – Legislative Forum Updates and possible Board presentation
- Dan – Contracts Overview Presentation.

MHBG-Plan

Section Break (Next Page)

			SFY 2024	Proposed SFY 2025
Engagement Services				
	Educational Programs	National Alliance on Mental Illness (NAMI) Greater Seattle Consumer Training Fund	\$ 10,000.00	\$ 10,000.00
Community Support (Rehabilitative)				
	Traditional Healing Services	Muckleshoot, Snoqualmie and Cowlitz Tribes to provide mental health services for tribal members diagnosed with SMI/SED. These services meet the unique needs of the tribal community, as defined by the tribe and in a manner that promotes culturally relevant services.	\$ 100,000.00	\$ 100,000.00
Recovery Support Services				
	Recovery Support Center Services	Hero House, a Certified Clubhouse Program	\$ 27,500.00	\$ 27,500.00
Acute Intensive Services				
	Mobile Crisis	Children's Crisis Outreach Response System (CCORS) provides mobile crisis outreach, stabilization and intensive stabilization services to children diagnosed with SED and families in crisis who are not covered by Medicaid	\$ 1,502,232.00	\$ 1,502,232.00
	Peer-Based Crisis Services	Peer-Based Crisis Services Emergency Telephone Support Services provided by peer support staff for people experiencing a behavioral health crisis.	\$ 300,000.00	\$ 300,000.00
Co-responder funds				
	MHBG Co-responder	The co-responder program provides funding to a law enforcement agency, King County Sheriffs Office (KCSO) to partner with a mental health professional.	\$ 75,000.00	\$ 75,000.00
		TOTAL	\$ 2,014,732.00	\$ 2,014,732.00

King County

DCHS

Department of Community and Human Services

SABG-Plan



			SFY 2024	Proposed SFY 2025
Engagement Services				
Engagement and referral	Funding for Treatment Engagement program at Matt Talbot Center operated by Catholic Community Services		\$ 74,000.00	\$ 74,000.00
Outpatient Services				
Individual Therapy	Funding for PPW treatment enhancement services for women attending outpatient services and MAT treatment and Tribal SUD Treatment		\$ 1,370,681.00	\$ 1,370,681.00
Community Support (Rehabilitative)				
Supported Employment	Clubhouse services for people who do not have Medicaid and are participating in Clubhouse services.		\$ 25,000.00	\$ 25,000.00
Intensive Support Services				
Therapeutic Intervention Services for Children	To provide childcare services in PPW residential treatment settings		\$ 40,000.00	\$ 40,000.00
Sobering Services	Sobering service at our sobering center.		\$ 1,204,204.00	\$ 1,204,204.00
Out of Home Residential Services				
Intensive Inpatient Residential Treatment	These funds will cover both residential treatment and room and board services for individuals who are not covered by Medicaid and who are receiving SUD Residential treatment service. These costs will be spread into the appropriate levels of care as they occur and are paid.		\$ 364,132.00	\$ 364,132.00
Long Term Residential Treatment	These funds will cover both residential treatment and room and board services for individuals who are not covered by Medicaid.		\$ 10,000.00	\$ 10,000.00
Recovery House Residential Treatment	These funds will cover both residential treatment and room and board services for individuals who are not covered by Medicaid.		\$ 10,000.00	\$ 10,000.00
Acute Intensive Services				
Acute Withdrawal Management	These funds will cover both residential WM treatment and room and board services for individuals who are not covered by Medicaid and who are receiving SUD WM treatment services		\$ 75,000.00	\$ 75,000.00
Co-responder funds				
SABG Co-responder	The co-responder program provides funding to a law enforcement agency, King County Sherriffs Office (KCSO) to partner with a mental health professional.		\$ 25,000.00	\$ 25,000.00
TOTAL			\$ 3,198,017.00	\$ 3,198,017.00

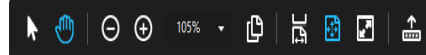
Renewal Timeline (Tentative)

Tentative Dates	Activity/Deliverable
July - Nov 2024	Community Engagement to Inform the Renewal
June - Dec 2024	Draft Assessment Report (to include themes from Community Engagement)
Oct 24 – June 2025	Draft Implementation Report (to include themes from Community Engagement)



Goals for Community Engagement

- Gather input from the community to inform the program design and funding priorities for a renewed behavioral health sales tax (MIDD).
- Understand the community's perspective on the gaps and needs of the community pertaining to mental health and substance use services throughout King County.
- Develop a renewal package that is responsive to community feedback and leverages MIDD funding to support investments that strengthen the King County behavioral health system.
- Ensure that a renewed behavioral health sales tax will align with and complement federal, state, and other local funding streams and programs for behavioral health



Needs and Opportunities

- What mental health wellness & substance use prevention services do you think are currently working well?
- What do you see as the biggest mental health and substance use challenges that we are facing in King County right now?
- What services or programs do you think would have the biggest system wide impact on the mental health and substance use of King County residents?
- How do you recommend King County focuses its efforts in supporting individuals with mental health conditions or substance use issues?

Accessibility and Availability

- What are the biggest barriers individuals face when accessing behavioral health services?
- How can King County make behavioral health services more accessible to all individuals, regardless of race, language, or socioeconomic status?
- What populations or groups are you most concerned about when it comes to a need for mental health and/or substance use services?
- What strategies should King County take to increase access to culturally responsive mental health and substance use services?

