King County

Department of Community and Human Services
Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400
Seattle, WA 98104

Phone: 206-263-9100

206-296-0583 (Reception)

206-205-1634 (Clinical Services

King County Behavioral Health Advisory Board (BHAB)

October 1 2026- 11:30 am – 1:30 pm

Board Members: *Kevin Host, Mustafa Mohammed, Sarah McCauley, Jasmeet Singh, Sabina Perry, Dae Degrate, David Sullivan, Kristina Sawyckyj*

Board Members not present: *Lyscha Marcynyszyn, Stacey Devenney*

Guests*: Savannah Mitchell, Idabelle Fosse, Kathleen Murphy, Trevor Stuart, Sharon Turner, Mariann Colonna, Victor Loo, Erin Reinhart, Michelle Bregel, Laura Van Tosh, Emily Johnson, Mark Cooke, Emeka Alozie*

BHAB Board Meeting

The King County Behavioral Health Advisory Board meeting, including board members, staff, and the public, was called to order at 11:35 am.

Welcome & Introductions

Jasmeet Singh welcomed everyone.

- Community members and guests introduced themselves.
- Public Comment Sign-up: via Teams chat

Approval of the Minutes for September 3, 2026

The board approved the September 3, 2026, meeting minutes.

Prepared By: Savannah Mitchell

Approval Date: 11/5/2026

Attested by: Kathleen Murphy

King County

Department of Community and Human Services
Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400
Seattle, WA 98104

Phone: 206-263-9100
206-296-0583 (Reception)
206-205-1634 (Clinical Services

Administrative Items & agenda review

Jasmeet Singh reviewed the meeting agenda.

Co-Chair Announcements

Co-chair elections will be held in November to replace Jasmeet Singh. Members interested should reach out to Kevin Host, Jasmeet Singh, or Kathleen Murphy.

The Kirkland Connections CCC site visit will occur on October 29th from 10:00 – 11:30am.

The 2026 Behavioral Health Legislative Forum will be held November 10th from 6:00 – 8:30 PM at the Hilton Seattle Airport & Conference Center in Seattle, there will be a community engagement and recruitment table at the Forum for BHAB and board members are highly encouraged to attend.

Applicant Introduction and Virtual Ballot Voting (Jasmeet Singh and Kathleen Murphy)

Jasmeet Singh and Kathleen Murphy advised the board that the governing committee met with Victor Loo and are recommending him for a vote of the board. Victor resides in district 2 in the central crisis response zone. Victor addressed the board and expressed his interest in joining.

Kathleen Murphy provided the board with an overview of the board nomination and Executive Appointment process. The board voted using a virtual ballot and voted in support of moving Victor Loo's application forward in the appointment process.

Membership Update (Kathleen Murphy)

Kathleen Murphy advised the board on several board membership updates.

- Mariann Colonna has been appointed to fill a partial term on the Board and can assume powers on 10/10/26 or upon confirmation of the Council, whichever comes first.

Prepared By: Savannah Mitchell *Approval Date: 11/5/2026*

Attested by: Kathleen Murphy

King County

Department of Community and Human Services
Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400
Seattle, WA 98104

Phone: 206-263-9100

206-296-0583 (Reception)

206-205-1634 (Clinical Services

- Emeka Alozie has been appointed to fill a partial term on the Board and can assume powers on 10/24/26 or upon confirmation of the Council, whichever comes first.
- Upon assuming powers, the new appointments will bring the Board up to 12 members.
- Stacey Devenney, Mustafa Mohammed, Kevin Host, Kristina Sawyckyj, and Lyscha Marcynyszyn have been reappointed to the Board for another 3-year term subject to confirmation by County Council.
- The Executive's office indicated Jasmeet Singh's reappointment is pending and that it will be transmitted to Council in coming weeks.
- Trevor Stuart's application is currently being considered by the Executive's office.
- Recruitment efforts will continue to focus on Districts 3, 6, and 7.

Crisis Care Center Levy Update (Idabelle Fosse)

Idabelle Fosse gave updates to the board on the Crisis Care Centers especially as it relates to community engagement, she noted community update meetings are happening monthly. In September there were two engagements, September 11th a Community Lunch and Learn was held in Renton where members of the community had the opportunity to learn and ask questions about crisis services. On September 16th there was a virtual event for those that were unable to attend the lunch and learn. The youth operator Request for Proposal closed at the end of September. Engagement efforts are continuing and planned through next year, including multilingual events with a large community update scheduled for December 7th. Board members asked about the concerns that have been raised by community members, Idabelle said they have been limited but the feedback is being heard and addressed as they come up. Idabelle also shared there is a flyer available on the website in the social media toolkit that can be downloaded and shared. A Back to School awareness campaign has begun to share content on Instagram and LinkedIn to share resources for youth in need of mental and behavioral health due to the increase in need brought on by the return of the school year.

Prepared By: Savannah Mitchell *Approval Date: 11/5/2026*

Attested by: Kathleen Murphy

King County

Department of Community and Human Services
Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400
Seattle, WA 98104

Phone: 206-263-9100

206-296-0583 (Reception)

206-205-1634 (Clinical Services

Crisis Care Center Site Visit Preparation (Idabelle Fosse)

Idabelle Fosse advised the board on preparation for the Kirkland Connections CCC site visit on October 29th. Idabelle noted she will be accompanying board members on the hour and a half tour, the Connections Team will be available to answer questions and board members will be asked to sign a Confidentiality Agreement.

King Co. BHAB Annual Report Input (Kathleen Murphy)

Kathleen Murphy shared that fiscal year 2025/2026 minutes were analyzed and she highlighted the challenges and accomplishments that were identified. The accomplishments found within the minutes were improved governance, increased community engagement, and advising on major behavioral health investments. Kathleen asked the board to provide input on what accomplishments they would like to highlight in the 2026 Boards and Commissions Annual Status Report . The board noted the following:

- Updates to the website that make it easier to use and increase community engagement
- Increased membership size for the board to reflect better community representation
- Active with Crisis Care Centers- feedback and opportunities for growth
- Welcoming nature of support to voices within the community that reflect lived experience

Lived Experience Engagement Framework Update (Kathleen Murphy)

Kathleen Murphy provided an update on the implementation of the Board approved Lived Experience Framework and encouraged strategic input from board members while first ensuring board members were aligned with and understanding of Lived Experience and LE Framework. Lived Experience Roles include Story Tellers, Lived Experience Advisors, Partners, Contractors, and Staff. There are three phases of the process Kathleen explained to the board: Phase 1: Communicate and Educate, Phase 2: Develop Infrastructure, Phase 3: Build Capacity and Sustainability. Kathleen noted updates will be provided to the board quarterly so there will be another update during the next quarter.

Public Comment

Prepared By: Savannah Mitchell

Approval Date: 11/5/2026

Attested by: Kathleen Murphy

King County

Department of Community and Human Services
Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400
Seattle, WA 98104

Phone: 206-263-9100

206-296-0583 (Reception)

206-205-1634 (Clinical Services

Public Comment included feedback that the Crisis Care Center team is doing a wonderful job on community engagement with the Crisis Care Centers and wanted to highlight the importance of lived experience and continued support for community members who will be negatively impacted by the Big Beautiful Bill.

Jasmeet Singh adjourned the meeting at 1:29 pm.

Prepared By: Savannah Mitchell

Approval Date: 11/5/2026

Attested by: Kathleen Murphy