



## Department of Community and Human Services

### Behavioral Health and Recovery Division

401 Fifth Avenue, Suite 400  
Seattle, WA 98104

**Phone: 206-263-9100**

206-296-0583 (Reception)

206-205-1634 (Clinical Services)

## King County Behavioral Health Advisory Board (BHAB)

**December 5, 2024- 11:30 am – 1:20 pm**

**Meeting Attendees:** Archie Levine, Brad Nonaka, Connie Mom-Ching, Courtney Currie, Dae Degrate, Dan Floyd, Kevin Host, David Sullivan, Janice Lawrence, Jasmeet Singh, Kathleen Murphy, Laura Van Tosh, Lyscha Marcynyszyn., Monica De Leon Carvajal, Mustafa Mohammed, Nancy Dow, Kristina Sawyckyj, Shawn Takiguchi, Stecey Devenney, and Susan McLaughlin.

### BHAB Board Meeting

The King County Behavioral Health Advisory Board meeting, including board members, staff, and the public, was called to order at 11:31 am.

### Welcome & Introductions

Nancy Dow welcomed everyone.

- Community members and guest introduced themselves.
- Public Comment Sign-up: Jasmeet Singh

### Board Business

#### Approval of the Minutes for December 5, 2024

The board approved the December 5, 2024, meeting minutes. The December 5th Minutes were approved



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### **Governance**

#### **Administrative Items & agenda review**

Nancy Dow welcomes everyone and reviews the meeting agenda.

#### **Seattle Police Crisis Intervention Program**

David Sullivan, Seattle PD sergeant gave an overview of Seattle's Police Crisis Intervention Program. They highlighted the following:

- He discusses the evolution of police involvement in behavioral health crises over the years.
- Outlined the four key points he stresses to officers: avoiding unnecessary police involvement, seeking resolutions using resources with longer-term impacts, understanding the concept of diversion, and recognizing that custody is not a therapeutic solution.
- Provided data on the scope of crisis calls in Seattle, noting that about one-third of calls result in crisis stabilization.

#### **Crisis Response and Training**

- Described the training officers receive on behavioral health and substance use crises, including mandatory and voluntary training programs.
- Highlighted the role of embedded mental health professionals and community service officers in addressing crises
- Discussed the role of CIT (Crisis Intervention Team) officers and the importance of having motivated officers in the program

#### **Crisis Response Team and Community Training**

- Explained the role of the Crisis Response Team (CRT) in responding to high-acuity behavioral health crises.
- Emphasized the importance of CRT in providing consultation for officers and community training.
- The need for more mental health professionals to be part of the Crisis Response Team to meet the demands of the community was discussed.

Time for Q & A was provided.



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### **Planning for BHAB 2025 Meetings**

Susan McLaughlin gave an overview of how Board meeting topics have been created in the past. The time was used for Board members to brainstorm as to what topics they would like to have presentations and or more information in 2025. Below are some of the suggestions brought up at the meeting.

- Bringing in researchers from UW to present on mental health topics.
- Emphasize the importance of including presentations from smaller providers and community members.
- Suggestion that board members with lived experience should consider becoming certified peer counselors.

### **Onboarding New Board Members**

Susan McLaughlin, Nancy Dow, and Jasmeet Singh provided an update on the process of reviewing new board member applications. It was outlined what the steps involved in the transmittal process for new board members, including approval by the executive office and King County Council. The board agreed to clarify the transmittal process and ensure all necessary steps are taken to onboard new members effectively.

### **BHAB Liaison Transition**

Susan McLaughlin thanked Dan Floyd for his two years of service and dedication as he served as BHAB's Board Liaison. At this time Kathleen Murphy was introduced to the Board as the new Board Liaison. Kathleen will be working closely with Dan in the next few months to transition into this role.

### **Public Comment**

No public comment

The meeting adjourned at 1:20 pm