

King County Community Collaborative- KC3



Meeting Agenda

Date: Jan 28, 2025

Time: 5:30pm-7:30 pm

Location: Virtual Zoom

2025 Zoom Registration Link

<https://wsccsupport-org.zoom.us/j/86593952491?pwd=6SFBENxAlFiZ7iXHaRa1wsCbYDHce8.1>

Meeting Support:

Facilitator: Karen Kelly

Note Taker: Jenn Miller

Activity:

Voices of Change and Empowerment

1. Welcome and Comfort Agreement Review

2. Introductions: Please share your name and what brings you to KC3/FYSPRT

- If this is your first time, we would love to get to know you, please feel encouraged to share- you can use chat or voice- we are glad you are here!

3. Guest Speaker:

- Erica Chang, Youth Outreach Coordinator for “Hear Me WA” <https://hearmewa.org/>
- Tasnim Rehamani, Community Engagement Specialist from “Connections Health Solutions” <https://connectionshealth.com/>

4. Community Updates and Resources:

- What’s happening around King County

5. Community Input and Concerns

- This is a **safe** space to share your experiences with the **System of Care**, ask questions, and **have your voice heard!**

VISION

Together families, youth, communities, and systems will support opportunities to improve the resilience and recovery for all individuals who experience behavioral health challenges. Using an equity lens, we strive to acknowledge and address the disparities within all marginalized communities.

MISSION

Our mission is to create an inclusive space for our community to be heard. In sharing stories of lived experiences, we bring forward the needs, strengths, and opportunities of the current behavioral health system. By taking the challenges and addressing them collectively, we create system change and resolution.

Next meeting – March 25, 2025

Thank you for attending. Be safe, stay well.

KC3 Meeting Comfort Agreements

Stay on task

No side conversations

Cell phones on silent

Safe learning environment

Be willing to give and receive feedback

Lease your agency hat at the door. Bring your experience, expertise, and commitment.

Remember we all bring the best intentions to our work

Value everyone's opinion

Ask questions and check out your assumptions and thinking

Listen carefully

Let your voice be heard

Provide space to hear about immediate concerns

Seek common ground and action

Identify areas of continued debate and defer to another day

If dissenting, offer an alternative

Be clear about discussion versus decision-making

Start meetings on time

Observe time frames