

## ***King County Community Collaborative- KC3***



### **Meeting Agenda**

**Date:** Jan 28, 2025

**Time:** 5:30pm-7:30 pm

**Location:** Virtual on Zoom

### **2025 Zoom Registration Link**

<https://wscsupport-org.zoom.us/j/86593952491?pwd=6SFBENxAlFiZ7iXHaRa1wsCbYDHce8.1>

### **Meeting Support:**

**Facilitator:** Kim

**Note Taker:** Jenn

**Activity:**

### ***Voices of Change and Empowerment***

#### ***1. Welcome and Comfort Agreement Review***

#### ***2. Introductions: Please share your name and what brings you to KC3/FYSPRT***

- If this is your first time, we would love to get to know you, please feel encouraged to share- you can use chat or voice- we are glad you are here!

#### ***3. Guest Speaker:*** Carson Taylor, King Co. Youth Behavioral Health Navigator (Kids Mental Health of WA) <https://kidsmentalhealthwa.org/>

#### ***4. Community Sharing Announcements, Updates, and or Resources: (All are welcome to share)***

- What we have learned from 2024
- What we hope for 2025

#### ***5. Community Input and Concerns***

- This is a **safe** space to share your experiences with the **System of Care**, ask questions, and **have your voice heard!**

### ***VISION***

*Together families, youth, communities, and systems will support opportunities to improve the resilience and recovery for all individuals who experience behavioral health challenges. Using an equity lens, we strive to acknowledge and address the disparities within all marginalized communities.*

### ***MISSION***

*Our mission is to create an inclusive space for our community to be heard. In sharing stories of lived experiences, we bring forward the needs, strengths, and opportunities of the current behavioral health system. By taking the challenges and addressing them collectively, we create system change and resolution.*

**Next meeting – February 25, 2025**

***Thank you for attending. Be safe, stay well.***

## *KC3 Meeting Comfort Agreements*

**S**tay on task

**N**o side conversations

**C**ell phones on silent

**S**afe learning environment

**B**e willing to give and receive feedback

**L**eave your agency hat at the door. Bring your experience, expertise, and commitment.

**R**emember we all bring the best intentions to our work

**V**alue everyone's opinion

**A**sk questions and check out your assumptions and thinking

**L**isten carefully

**L**et your voice be heard

**P**rovide space to hear about immediate concerns

**S**eek common ground and action

**I**dentify areas of continued debate and defer to another day

**I**f dissenting, offer an alternative

**B**e clear about discussion versus decision-making

**S**tart meetings on time

**O**bserve time frames