

## ***King County Community Collaborative- KC3***

### **Meeting Minutes**

**Date:** June 24, 2025

**Time:** 5:30pm-7:30 pm

**Location:** Virtual Zoom

#### **2025 Zoom Registration Link**

<https://wsccsupport-org.zoom.us/j/86593952491?pwd=6SFBENxAlFiZ7iXHaRa1wsCbYDHce8.1>

#### **Meeting Support:**

**Facilitator:** Melody Parshall

**Note Taker:** Kim Runge

### ***Voices of Change and Empowerment***

#### **VISION**

*Together families, youth, communities, and systems will support opportunities to improve the resilience and recovery for all individuals who experience behavioral health challenges. Using an equity lens, we strive to acknowledge and address the disparities within all marginalized communities.*

#### **MISSION**

*Our mission is to create an inclusive space for our community to be heard. In sharing stories of lived experiences, we bring forward the needs, strengths, and opportunities of the current behavioral health system. By taking the challenges and addressing them collectively, we create system change and resolution.*

#### **1. Welcome and Comfort Agreement Review**

#### **2. Introductions:** Please share your name and what brings you to KC3/FYSPRT

If this is your first time, we would love to get to know you, please feel encouraged to share- you can use chat or voice- we are glad you are here!

#### **3. Guest Speaker:** Robin Hinz, Youth and Young Adult Program Coordinator from South King County NAMI - <https://namiskc.org/your-journey/kids-teens-and-young-adults/>

#### **4. Community Updates and Resources:**

**Mastering Co-Parenting: Strategies for a Smooth Transition**

Date June 25, 2025 Time 5:00 pm - 7:00 pm 19435 68th Ave S, Suite S109, Kent, WA 98032-2114

<https://www.guidedpathways.org/event/mastering-co-parenting-strategies-for-a-smooth-transition/2025-06-25/>

#### **Thriving Thursday**

<https://www.guidedpathways.org/event/thriving-thursday-2/2025-06-26/>

#### **WSCC - Workgroups and Committees**

<https://wscsupport.org/committees-and-workgroups/>

#### **A Common Voice C.O.P.E Project | Family Support Group for King, Pierce and Thurston/Mason**

**Counties Registration Link** <https://us02web.zoom.us/join/register/pNWz8aOcR2S-HuaIVLgCKQ>

Counselor Camp is an inspiring conference weekend for professionals working with youth and young adults in Randle, WA Sept 19-21. Please register: <https://empoweryouthnetwork.org/counselor-camp-healing-the-mind-body-and-spirit/>

#### **5. Community Input and Concerns**

- Went over the questions regarding the survey that was sent out from the Statewide FYSPRT “Inadequate Inpatient Behavioral Health Services” It was specifically addressing the Spokane Region, and King Co wanted to do their own survey. The survey will be sent out and will be talked about in August’s KC3 FYSPRT meeting

**Next meeting – August 26, 2025**

***Thank you for attending. Be safe, stay well.***