

King County Family, Youth, & System Partner Round Table (FYSPRT)

King County Community Collaborative- KC3

Meeting Notes

Date: March 25, 2025

Time: 5:30pm-7:30 pm

Location: Virtual on Zoom

2024 Zoom Registration Link

<https://wsccsupport-org.zoom.us/j/86593952491?pwd=6SFBENxAlFiZ7iXHaRa1wsCbYDHce8.1>

Meeting Support:

Facilitator: Candace

Note Taker: Jenn

Voices of Change and Empowerment

VISION

Together families, youth, communities, and systems will support opportunities to improve the resilience and recovery for all individuals who experience behavioral health challenges. Using an equity lens, we strive to acknowledge and address the disparities within all marginalized communities.

MISSION

Our mission is to create an inclusive space for our community to be heard. In sharing stories of lived experiences, we bring forward the needs, strengths, and opportunities of the current behavioral health system. By taking the challenges and addressing them collectively, we create system change and resolution.

1. Welcome, Land Acknowledgement, and Comfort Agreement Review

2. Guest Speaker- Kashi Arora & Chanel Ryssel-Seattle Children's Hospital

3. Introductions: Please share your name and what is your favorite holiday dish?

If this is your first time, we would love to get to know you, please feel encouraged to share- you can use chat or voice- we are glad you are here

In attendance for this month KC3 meeting were:

Jennifer Miller (KC3 Family-Tri-Lead)

Kim Runge (KC3 Family Tri-Lead)

Melody Parshall (KC3 Kinship Tri-Lead)

Candance Hunsucker (KC3 System Partner Tri-Lead)

LaTonya Rogers (KC3 Convenor)

Anna Stusser (CPC, Spark Youth Network)

Courtney Haper (System mental health therapist, and associate operations director at Opa Food and Body)

Angela Soran (Lead Parent Support Specialist, A Common Voice[COPE project)

Morgan Carpenter (Family Community Connector at Forefront Suicide Prevention at UW)

Sara Tapia (King County Children and Youth Manager)

Sheryl Landstrom (COPE Lead Parent Specialist & 1580 Project)

Megan Socea (Department of Children Youth and Families)

Tasnim Rehamani (Connections)

Kandace introduction for Empower Youth Network: Presenters: Christine Miles, and Jerry Blackburn for Empower Youth Network.

6:45-7:30 PM

Presenter's For Seattle Children's Urgent care. Kashi Arora, Chanel Ryssel

Manage Psych Urgent kashi.arora@seattlechildrens.org

- Psychiatric Urgent Care Clinic – our website on seattlechildrens.org. This has the most comprehensive information regarding our services, when to choose us, etc. This also includes the links to schedule in person appointments or get in the virtual line for a telehealth visit.

- Your Doctor, Urgent Care or the Emergency Department – Choosing the Best Care for Your Child – this handout includes the chart to help distinguish when to go to the ED vs when to go to Psychiatric Urgent •Psychiatric Urgent Care - What You Need to Know - this is a 4- page handout outlining what people need to know about Psych Urgent Care. Great info for families!

- Psych Urgent Care Now Available - one pager with key info (our briefest summary, but not comprehensive info).

CHPW CM Referrals: CareMgmtReferrals@chpw.org psychurgentcare@seattlechildrens.org

4. Community Sharing Announcements, Updates, and or Resources:

- Crisis Connections (Crisis Specialist) Job opening Job listing
<https://recruiting.paylocity.com/Recruiting/Jobs/Details/3102999> Community
- International Transgender Day of Visibility Celebration -March 31, 330-630 pm
- Dads on the Front Lines 2025 3rd Tuesday of Every Month 630-730 pm
- April 3rd -Crisis changes for children are beginning. (present future KC3 meeting)
- Common Voice Parent Support Group 3rd Monday of every month 830-930 am
https://us02web.zoom.us/meeting/register/zBXDwE_ES6m3PNAXM1lnKA
- At the next FYSPRT meeting, 90-minute training, for new families, community members, WHO< WHAT< WHY FYSPRT.
- **Stipend applications open for individuals affected by first episode psychosis to attend the 35th annual Washington Behavioral Healthcare Conference Stipend applications**
Open for individuals affected by first episode psychosis to attend the 35th annual Washington Behavioral Healthcare Washington State Community Connectors is partnering with Health Care Authority to provide travel stipends to attend the 35th annual Washington Behavioral Healthcare Conference in Kennewick, Washington on June 11 through June 13, 2025. The travel stipends are intended for individuals who are affected by the First Episode of Psychosis and their loved ones and natural supports. In order to qualify for a stipend, you must attest in your application that you have been affected by a First Episode of Psychosis or are a family member or natural support of a person experiencing symptoms. We especially encourage participants in New Journeys services to attend this conference. Travel scholarships include travel, lodging, and per diem, as well as registration for the conference. Applications will close March 31, 2025. To apply, please fill out the online application form. Please note all demographic fields are optional. You do not have to respond to these questions. Only individuals ages 18 and up may participate in the conference. Therefore, we will not be able to provide scholarships to minors to attend this event. If additional accessibility is required to attend the conference, please indicate what those are in your application. We will respond to applications on a rolling basis, typically within four weeks.
- **Prenal-25 Thrive** Addressing stigma, supporting youth, and fostering wellness together

- Join us for the 2025 Spring Youth Forum! Mark your calendars for HCA's 2025 WA State Spring Youth Forum! HCA is planning to host this year's annual youth conference at the Great Wolf Lodge, tentatively, on Wednesday, May 7. Youth teams are encouraged to continue planning and implementing prevention projects in preparation for the scholarship application launch in March. Be sure to join our mailing list to receive important announcements regarding the conference. To join, email conference chair Tony Edwards-Lenton. For more information, visit us online at SpringYouthForum.org. Social Media & Kids Mental health Survey Looking at how social media has affected WA families https://qualtricsxm3hglnxcqx.qualtrics.com/jfe/form/SV_3BEn9aLVPTBqJoi
- What's to come: Connections-Will be expanding and opening, a youth urgent care component at the Kirkland Location will be coming at the end of year.

5. Community Input and Concerns: Open space to add items to agenda

Federal Way City Council says no to opening crisis center | Kent Reporter Crisis center operator seeks opportunity to open in Federal Way | Federal Way Mirror

6. KC3 Work Plan

- KC3 future Peer workforce, and building our youth in the workforce. How do we support in leadership, and learning more about it, and mentoring. Coming to legislative form and sitting in spaces. Meeting them where they are, to support.
- Next meeting-April 22, 2025