

Attendance:  
Members/  
Designees

Seats	Members	Designees
1-King County District Court	<input type="checkbox"/> Rebecca Robertson	<input checked="" type="checkbox"/> Corinna Harn
2-King County Department of Judicial Administration	<input type="checkbox"/> Catherine Cornwall	<input type="checkbox"/> Christina Mason
3-King County Regional Homelessness Authority	Vacant	
4-King County Uniting for Youth	<input type="checkbox"/> Jorene Reiber	<input type="checkbox"/> Paul Daniels
5-King County Prosecuting Attorney's Office	<input type="checkbox"/> Leesa Manion	<input checked="" type="checkbox"/> Carla Lee
6-Department of Public Health	<input type="checkbox"/> Faisal Khan	<input checked="" type="checkbox"/> Brad Finegood
7-King County Department of Public Defense	<input type="checkbox"/> Anita Khandelwal	
8-King County Superior Court	<input type="checkbox"/> Ketu Shah	
9-King County Department of Community and Human Services	<input type="checkbox"/> Kelly Rider	
10-King County Council	<input checked="" type="checkbox"/> Teresa Mosqueda	
11-King County Department of Adult and Juvenile Detention	<input checked="" type="checkbox"/> Steve Larsen	
12-King County Office of the Executive	<input type="checkbox"/> Kelli Carroll	
13-King County Sheriff's Office	<input type="checkbox"/> Patti Cole-Tindall	
14-King County Behavioral Health Advisory Board	<input checked="" type="checkbox"/> Jasmeet Singh	<input type="checkbox"/> Carolyn Graye
15-Puget Sound Educational Services District	<input type="checkbox"/> Minu Ranna Stewart	
16-Community Health Council	<input type="checkbox"/> Claudia D'Allegri	
17-Harborview Medical Center	<input checked="" type="checkbox"/> Stacey Devenney	
18-bona fide labor organization	Vacant	
19-City of Seattle	<input checked="" type="checkbox"/> Jeff Sakuma	
20-provider of culturally specific mental health services in King County	<input checked="" type="checkbox"/> Michael Byun	
21-provider of sexual assault victim services in King County	<input type="checkbox"/> Laura Merchant	<input type="checkbox"/> George Gonzalez
22-domestic violence prevention services in King County	<input checked="" type="checkbox"/> Trenecia Wilson	<input type="checkbox"/> Carlin Yoophum <input type="checkbox"/> Alicia Glenwell
23-agency providing mental health and chemical dependency services to youth	<input checked="" type="checkbox"/> Anthony Austin	
24-National Alliance on Mental Illness (NAMI)	<input type="checkbox"/> Paul Getzel	
25-provider of culturally specific chemical dependency services in King County	<input checked="" type="checkbox"/> Mario Paredes	
26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives	<input type="checkbox"/> Kailey Fiedler-Gohlke	<input type="checkbox"/> Danielle Burt
27-representative from the Sound Cities Association	<input checked="" type="checkbox"/> Brenda Fincher	<input checked="" type="checkbox"/> Paul Charbonneau
28-City of Bellevue	<input type="checkbox"/> Lynne Robinson	<input checked="" type="checkbox"/> Helena Stephens <input checked="" type="checkbox"/> Mo Malakoutian
29-provider of both mental health and chemical dependency services in King County	<input checked="" type="checkbox"/> Beratta Gomillion	<input type="checkbox"/> Don Clayton
30-King County Hospitals	<input type="checkbox"/> Darcy Jaffe	<input checked="" type="checkbox"/> Ryan Robertson
31-philanthropic organization	<input checked="" type="checkbox"/> Jennifer Teunon	
32-organization with expertise in recovery	<input checked="" type="checkbox"/> Joshua Wallace	<input type="checkbox"/> Cody West
33-managed care organizations operating in King County	<input type="checkbox"/> Jessica Molberg	
34-grassroots organization serving a cultural population	<input type="checkbox"/> Fartun Mohamed	<input type="checkbox"/> Rowaida Mohammed
35-Unincorporated King County	<input type="checkbox"/> Laura Smith	
36-An individual representing behavioral health consumer interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	
37-An individual representing community interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	

Attendance: Ali Records, Andi Wright, Andie Parnell, Emmy McConnell, Fe Lopez Gaetke, Gretchen Bruce, Kathy Ryan, Lisa Daugaard, Lisa Floyd, Melanie Kray, Nikki Nguyen, Regina Alexander, Robin Pfohman, Sam Porter, Sareda Abshir, Scott Miller, Shaunice Wilson, Susan Schoeld, Tyler Corwin, Ziying Hu

Notes by: Andi Wright

Topic	Discussion
<b>Welcome</b>	Co-chair Steve Larsen welcomed everyone and shared a brief overview of the meeting agenda. Co-chair Larsen shared that Councilmember Teresa Mosqueda is replacing Councilmember Sarah Perry on the MIDD AC roster.
<b>Meeting Notes</b>	Minutes for the January meeting were approved by consensus. Michael Byun abstained as this was his first meeting as a member.
<b>Public Comment</b>	Robin Pfohman shared that Laura Van Tosh (not present) recommended a series from the Seattle Times related to mental health, residential treatment, and family experiences. The link to the series is: <a href="https://www.seattletimes.com/tag/mental-health/">https://www.seattletimes.com/tag/mental-health/</a> .
<b>MIDD Financial Report</b>  Scott Miller, MIDD Business Finance Officer, DCHS	Co-chair Larsen introduced Scott Miller, MIDD Business Finance Officer, to review the MIDD Financial Plan as of February 2024. Miller shared the December 2023 Financial Plan, which now reflects the final figures for both revenue and expense posted to 2023.  Miller shared an updated revenue forecast: “The forecast is down from the August 2023 forecast. However, we still show revenue growth year over year and are slightly above forecasted levels at the time the 2023/2024 budget was adopted. We have increased the 2023/2024 estimated under expenditure to \$15 million and have added reserves for currently appropriated projects that are not projected to be completed in 2024.”
<b>Equity Exploration and Analysis</b>  Stacey Devenney, Harborview, and Ryan Robertson, Washington State Hospital Association	Co-chair Larsen introduced Stacey Devenney, Harborview Medical Center, and Ryan Robertson, Washington State Hospital Association, to lead the conversation of on Chapters 9 and 13 of the book <i>Social (In)Justice and Mental Health</i> .  Devenney provided a recap of Chapter 9, Social Injustice and the Healthcare System, noting there are three primary drivers affecting access to healthcare and equitable treatment and health outcomes: Hospitals, Physicians and Insurance. These result in persistent racial and ethnic inequalities in behavioral health services, access and outcomes.  Robertson provided a recap of Chapter 13, Social Injustice and Child Trauma, noting that child trauma can be either episodic or systemic. American behavioral health systems are designed to treat episodic, not systemic, trauma, though the systemic impact of racism and oppression can have longer lasting and more pernicious effects on children of color. The development of ACES (Adverse Childhood Experiences) in the 1990’s created initial awareness that exposure to systemic trauma can affect one’s lifelong health; however, despite making marginal gains in understanding childhood trauma, the diagnosis of trauma, as reflected in DSM III – V, continues to lead to the misdiagnosis of children of color and underplay the effects of racial oppression.  Members broke out into small discussion groups and asked to discuss the following questions: AS MIDD and COMMUNITY MEMBERS: Are there opportunities to promote equity within: <ol style="list-style-type: none"><li>1. Hospitals – access to facilities and best practice care</li><li>2. Physicians – entry to the profession and practice standards</li><li>3. Insurance – access to and equity of insurance coverage</li><li>4. Recognition and treatment of childhood trauma (including implementation of ACES and DSM diagnoses)</li></ol> Members returned to the open meeting and answered the Zoom Poll, “Social (In)Justice and Mental Health: What are some of the more impactful suggestions you heard in your small group break out?” Results will be shared to the MIDD Distribution List.
<b>Dr. Sarah Vinson, MD Seattle visit, May 23, 2024</b>	Dr. Sarah Vinson, editor of the book <i>Social (In)Justice and Mental Health</i> , will be in Seattle on May 23, 2024 to meet with the MIDD AC and other community groups. Robin Pfohman shared a draft agenda for Dr. Vinson’s visit. Activities for Thursday, May 23 <sup>rd</sup> will be a mix of virtual / online and in-person. Zoom registration is to be sent out.  Members shared suggestions for conversation topics, with specific request to discuss complex PTSD diagnosis and how we can support individuals presenting with those symptoms. Other

Robin Pfohman, MIDD	<p>suggestions included schizophrenia and how race influences diagnostic coding. Singh noted that sometimes the issue isn't diagnosis, per say, but understanding the individual. She noted that her breakout session the question: "how would the best version of yourself show up? And how can we get you there?" arose and can be a powerful way to help individuals lead their own care.</p> <p>Pfohman invited members to reach out to her regarding any additional thoughts to Dr. Vinson's visit.</p>
<p><b>ACTION: CD-04 and CD-06 Briefing and Initiative Modification</b></p> <p>Michael Reading, BHRD, Crisis Diversion Programming and Kathy Ryan, BHRD, Crisis Diversion Programming</p>	<p>Co-chair Larsen introduced Michael Reading, Chief of Crisis Systems and Services, King County BHRD, and Kathy Ryan, Project Manager III, King County BHRD, who attended today's meeting to request MIDD AC approve to an action item to combine and rename the CD-04 and CD-06 initiatives.</p> <p>Reading reviewed the evolution of the crisis system both state-wide and local, and MIDD's historic support for mobile and crisis diversion supports. Historically, MIDD has funded CD-04: Mobile Crisis Services with \$1.24 M per biennial for South County Crisis Diversion Services, and CD-06: crisis diversion services with \$14.5 M per biennial for Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team, centered in Seattle. Currently DESC holds both contracts.</p> <p>Recently, the BHRD Crisis Diversion team released an RFP for mobile crisis teams and crisis diversion services, with a goal to ensure greater equity, more alignment with state guidelines, and decreased response times, along with adding certified peers as part of mobile outreach team and more consistent follow-up.</p> <p>AC members asked about opportunities for under-represented entities to apply if they may not have capacity to apply during this time-limited RFP cycle. Reading shared that this is likely to be a time-limited award that may be revisited on an annual basis, and while the intention is to continue with the teams that are put in place it doesn't rule out the ability to bring in other specialty providers.</p> <p>The MIDD AC was asked to approve a recommendation to merge CD-04 and CD-06 into one initiative, CD-06 and rename it as "Crisis Diversion Services.", while sustaining the current level of combined funding for CD-04 and CD-6.</p> <p>Reading noted that there is the possibility that, during this RFP process, providers may demonstrate that costs to provide these services exceed the level of funding available under this RFP. If this is the case, and applicants' rational and budgets demonstrate the need for increased funding, the Crisis Diversion team may come back to MIDD to share the results of the RFP, how and why additional funds may be warranted, and seek the MIDD AC's approval for additional funding.</p> <p>A Zoom poll was conducted with the questions:</p> <p><i>CD-04/CD-06 Presentation: Do you support DCHS' proposal to merge the two initiatives into one re-named initiative: Crisis Diversion Services?</i></p> <p><i>Other Comments regarding CD-04/CD-06?</i></p> <p>There was 100% support to merge the two initiatives, with no comments.</p>
<b>Updates</b>	At the next meeting we will welcome Mario Paredes, Executive Director of Consejo Counseling and Referral Services as a new Co-Chair, replacing Laura Smith who is stepping down.
<b>Agenda Items for Next Meeting</b>	<p>Chapters 8 and 10 of the book <i>Social (In)Justice and Mental Health</i></p> <p>Chapter 8: Social Injustice and the Carceral System</p> <p>Chapter 10: Social Injustice and Substance Use Disorders</p> <p>MIDD 2023 Annual Report</p> <p>Final details of Dr. Vinson's visit to Seattle</p>
<b>Adjourned</b>	1:28 pm

**Next  
Meeting**

April 25, 2024 | 12:00-1:30pm