

*Attendance:
Members/
Designees*

Seats	Members	Designees
1-King County District Court	<input type="checkbox"/> Hon. Matthew York	
2-King County Department of Judicial Administration	<input type="checkbox"/> Catherine Cornwall	<input checked="" type="checkbox"/> Christina Mason
3-King County Regional Homelessness Authority	Vacant	
4-King County Uniting for Youth	<input type="checkbox"/> Jorene Reiber	<input type="checkbox"/> Paul Daniels
5-King County Prosecuting Attorney's Office	<input type="checkbox"/> Leesa Manion	<input checked="" type="checkbox"/> Carla Lee
6-Department of Public Health	<input type="checkbox"/> Dr. Faisal Khan	<input checked="" type="checkbox"/> Brad Finegood
7-King County Department of Public Defense	<input type="checkbox"/> Anita Khandelwal	
8-King County Superior Court	<input checked="" type="checkbox"/> Hon. Ketu Shah	
9-King County Department of Community and Human Services	<input type="checkbox"/> Leo Flor	
10-King County Council	<input type="checkbox"/> Sarah Perry	<input checked="" type="checkbox"/> Osman Salahuddin
11-King County Department of Adult and Juvenile Detention	<input type="checkbox"/> Steve Larsen	
12-the Executive	<input type="checkbox"/> Kelli Carroll	
13-King County Sheriff's Office	<input type="checkbox"/> Patti Cole-Tindall	<input type="checkbox"/> Mark Ellerbrook
14-King County Behavioral Health Advisory Board	<input checked="" type="checkbox"/> Jasmeet Singh	<input type="checkbox"/> Carolyn Graye
15-Puget Sound Educational Services District	<input checked="" type="checkbox"/> Minu Ranna Stewart	
16-Community Health Council	<input type="checkbox"/> Claudia D'Allegri	
17-Harborview Medical Center	<input type="checkbox"/> Sunny Lovin	<input type="checkbox"/> Stacey Devenney
18-bona fide labor organization	Vacant	
19-City of Seattle	<input checked="" type="checkbox"/> Jeff Sakuma	
20-provider of culturally specific mental health services in King County	Vacant	
21-provider of sexual assault victim services in King County	<input type="checkbox"/> Laura Merchant	<input type="checkbox"/> George Gonzalez
22-domestic violence prevention services in King County	<input checked="" type="checkbox"/> Trenecsia Wilson	<input type="checkbox"/> Carlin Yoophum <input type="checkbox"/> Alicia Glenwell
23-agency providing mental health and chemical dependency services to youth	<input checked="" type="checkbox"/> Anthony Austin	
24-National Alliance on Mental Illness (NAMI)	<input type="checkbox"/> Jeremiah Bainbridge	<input type="checkbox"/> Paul Getzel
25-provider of culturally specific chemical dependency services in King County	<input checked="" type="checkbox"/> Mario Paredes	
26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives	<input type="checkbox"/> Kailey Fiedler-Gohlke	<input type="checkbox"/> Danielle Burt
27-representative from the Sound Cities Association	<input checked="" type="checkbox"/> Brenda Fincher	<input type="checkbox"/> Paul Charbonneau
28-City of Bellevue	<input checked="" type="checkbox"/> Lynne Robinson	<input checked="" type="checkbox"/> Helena Stephens
29-provider of both mental health and chemical dependency services in King County	<input type="checkbox"/> Karen Brady	<input type="checkbox"/> Don Clayton
30-King County Hospitals	<input type="checkbox"/> Darcy Jaffe	<input type="checkbox"/> Ryan Robertson
31-philanthropic organization	<input checked="" type="checkbox"/> Jennifer Teunon	

32-organization with expertise in recovery	<input type="checkbox"/> Joshua Wallace	<input type="checkbox"/> Cody West
33-managed care organizations operating in King County	<input type="checkbox"/> Jessica Molberg	
34-grassroots organization serving a cultural population	<input checked="" type="checkbox"/> Fartun Mohamed	<input type="checkbox"/> Rowaida Mohammed
35-Unincorporated King County	<input checked="" type="checkbox"/> Laura Smith	
36-An individual representing behavioral health consumer interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	
37-An individual representing community interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	

Attendance: Amanda Stephan, Andie Parnell, Brook Buettner, Christena Coutsoubos, Claudia Cortes, Dan Floyd, Deborah Stakes, Emmy McConnell, Estella Williamson, Gretchen Bruce, Isabel Jones, Judge Harn, Kate Tramontana, Kathy Ryan, Marc Seligson, Nykki Canete, Robin Pfohman, Sam Porter, Scott Miller, Susan Schoeld, Tyler Corwin, Ziyong Hu

Notes by: Andi Wright, DCHS

Issues	Discussion	Action Items
Welcome	Co-chair Laura Smith, Executive Director for Empower Youth Network, began the meeting by greeting everyone and providing an overview of how to use Zoom features and reviewing meeting logistics for members and other participants.	
Review/Approve Meeting Notes	Co-chair Smith gave everyone a moment to review the September meeting notes. The meeting notes were approved by consensus.	
Public Comment	There was no public comment.	
Equity Exploration and Analysis <i>Jeff Sakuma and Jennifer Teunon, Advisory Committee Member</i>	<p>Co-chair Smith introduced Jennifer Teunon, Executive Director of the Medina Foundation, and Jeff Sakuma, Health Integration Strategist, City of Seattle Human Services. Teunon and Sakuma presented the fourth chapter of the book "Social Injustice and Mental Health."</p> <p>Sakuma presented the definition of structural racism and described how structural racism operates by normalizing social and institutional practices that reinforce socio-economic and political differences among groups.</p> <p>Sakuma then discussed the many ways in which structural racism intersects with mental health, including acculturation, which is an individual-level process through which individuals acquire "behaviors, attitudes, and values prevalent within American society." Teunon emphasized how mental health professionals and policy makers need to address the pervasive and systemic structural factors that perpetuate health inequities.</p> <p>Teunon then shared a focus on how racial bias and racialization in mental health diagnosis and screening can lead to negative outcomes.</p>	

	<p>Sakuma explained cultural deprivation theory and how “mental health leaders’ adoption of race neutrality and color-blindness to remove race from social structures proved to be harmful to groups that are racially and ethnically oppressed.”</p> <p>Teunon concluded with thoughts about the future direction for combating structural racism and highlighted several steps to take for professionals in the mental health field.</p> <p>Group members were moved into breakout groups to answer the discussion questions:</p> <ol style="list-style-type: none"> 1. <i>How has structural racism impacted me? My clients? My peers? My colleagues?</i> 2. <i>Are there ways in which cultural deprivation theory may have influenced the way I was taught or supervised?</i> 3. <i>What are the ways in which thinking in a race-neutral manner could negatively impact my relationships with the clients, peers, supervisors, or staff members?</i> <p>After group members returned from breakout rooms, Co-chair Smith explained how to join the Menti poll. A Menti poll was shared, and members were given time to respond to the questions:</p> <ol style="list-style-type: none"> 1. <i>What most resonated with you about Chapter 4?</i> 2. <i>How can we apply what was covered in the chapter to MIDD and the work of the Advisory Committee?</i> <p>Co-chair Smith announced that in the next meeting, members will be reflecting on what has been read of the book so far and how they might bring some of the principles being discussed into the work of the MIDD Committee.</p>	
<p>MIDD Financial Report <i>Scott Miller, MIDD Business Finance Officer, DCHS</i></p>	<p>Co-chair Smith introduced Scott Miller, MIDD Business Finance Officer, to show the status of the MIDD fund as of September 2023.</p> <p>Miller shared the following updates: <i>The September 2023 Financial Plan has been updated to reflect the Executives Second Omnibus Budget Proposal.</i></p> <p><i>The Second Omnibus Supplemental budget proposal is now with Council. It is anticipated Council will act on the budget request in December.</i></p> <p>Miller showed an updated financial plan spreadsheet reflecting the changes to the budget discussed in the last meeting. No other updates to the financial plan since the last meeting.</p> <p><i>Mayor Lynne Robinson asked if the budget proposal is applying the principles for spending reserves created by the MIDD Committee. Robin Pfohman confirmed that yes, the principles were applied and that more information would be given in the following presentation.</i></p>	

<p>ACTION: DCHS 2023-2024 MIDD Underspend Proposal</p> <p><i>Robin Pfohman, MIDD Coordinator, DCHS</i></p>	<p>Co-chair Smith introduces Robin Pfohman to provide an update on the 2023-2024 MIDD spending projection process and review DCHS’s current proposal for underspent funds.</p> <p>Robin Pfohman reviewed the background leading up to this proposal. At the July meeting, Pfohman presented the 2nd Omnibus Supplemental Budget proposal requesting budget authority primarily to allocate unanticipated revenue. The current focus is on underspend within the 2023-2024 biennial budget, which is currently expected to be \$5M.</p> <p>Pfohman reviewed the MIDD Advisory Committee Principles and presented the following proposal:</p> <p>Proposal: Multipronged Opioid Strategies (CD-07).</p> <ul style="list-style-type: none"> • Investment: \$5M to address the opioid crisis, with a focus on increasing access and engagement in treatment for opioid use disorder. • Funding will apply to both 2024 and 2025. <p><i>Co-chair Smith asked if the component about youth strategies would be a new strategy or increased support for and expansion of a prior program with Seattle Public Schools.</i></p> <p><i>Pfohman clarified that what Laura was referring to came from the Emerging Issues Initiative and stated this money would be most likely allocated to new investments.</i></p> <p><i>Lynne Robinson, Mayor of Bellevue, asked for a geographical map of how the funds will be distributed throughout the county.</i></p> <p><i>Pfohman responded that as soon as those recommendations are available, we can share how those funds are distributed geographically.</i></p> <p><i>Teunon asked if this would be an open RFP process for providers.</i></p> <p><i>Dan Floyd responded that it could be both expansion of existing services and new proposals.</i></p> <p><i>Isabel Jones agreed that this will likely be a combination of considering new proposals in a competitive process and building on programs already in place.</i></p> <p><i>Brad Finegood asked if it was \$5M for 2023 and \$5M for 2024.</i></p> <p><i>Pfohman and Jones clarified that it would be \$5 M across both years.</i></p> <p>A Menti poll was presented, and members were given time to respond to the prompts:</p> <ol style="list-style-type: none"> 1. Do you support DCHS’s 2023-2024 Underspend Proposal? 2. Please include any comments. <p><i>Estella Williamson asked for clarification that this poll was only to be answered by the committee members.</i></p>	
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	<p>Poll results included seven members supporting the proposal, one member not supporting the proposal and one was undecided.</p>	
<p>Initiative Briefing: Regional Crisis Response (CD-18) <i>Brook Buettner, Executive Director, Regional Crisis Response (RCR) Agency</i></p>	<p>Co-chair Smith introduced Brook Buettner, Executive Director Regional Crisis Response Agency.</p> <p>Buettner shared a brief history of the origin of RADAR and transition to RCR, as well as foundations of funding.</p> <p>Buettner provided a program overview. A mental health professional or social worker is deployed in the field alongside a police officer to in-progress 911 calls, as well as completing follow up. The mental health professionals or social workers do not provide long-term case management, rather acute connections so that patients are less likely to fall into behavioral health crises in the future.</p> <p>Buettner presented the following statistics from 2023:</p> <ul style="list-style-type: none"> • 800+ people served during the first three quarters of 2023 • 2,000+ encounters • 20-30% of individuals served are living homeless • Individuals served are roughly 70% White, 30% BIPOC <p>Buettner emphasized RCR’s attention to demographics of our region and demographics of people touched by the criminal and legal system.</p> <p>Buettner then shared the following results data:</p> <ul style="list-style-type: none"> • 67% reduction in adult jail bookings • 60% reduction in behavioral health crisis events • 4% reduction in all-cause Emergency Department visits • 14% increase in publicly funded behavioral health system enrollment* <p>*Private-insured behavioral health services enrollment not captured by King County</p> <p>Buettner presented an overview of the governance structure of RCR and provided information on the individuals comprising the following:</p> <ul style="list-style-type: none"> • Principals Assembly • Executive Board • Operations Board • Community Advisory Board <p>Buettner then shared the RCR goal of “Becoming a Crisis Now Community: Someone to Call, Someone to Respond, and Somewhere to Go.”</p> <p>Lastly, Buettner shared information about a Crisis Triage Facility opening mid-2024 in Kirkland in collaboration with Connections Health WA.</p>	

	<p><i>Finewood commented that he and Buettner have a shared history in working together on these issues, and he is support of the program model of RCR and its mission.</i></p> <p><i>Jasmeet Singh, King County Behavioral Health Advisory Board, asked “Outside of the cities listed in this program, are other cities adopting this as well?”</i></p> <p><i>Buettner responded that many cities across King County are doing some sort of co-response in different ways. Buettner gave the example of the City of Bellevue launching a police-embedded program. Buettner will send map created by the University of Washington showing different resources and programs throughout the region.</i></p> <p>Co-chair Smith shared a formal notification that the name of the initiative will be updated throughout the MIDD Committee materials.</p>	
Agenda Items for Next Meeting	Social (In)Justice and Mental Health - Chapter 5	
Adjourned	1:28 PM	
Next Meeting	Thursday, December 14th, 2023, 12:00-1:30pm	