

# Mobile Rapid Response Crisis Team (MRRCT) RFP Re-Procurement Overview and MIDD Mobile Crisis Team Initiative Update

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**DCHS**

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# Agenda

- Provide update on the evolution of crisis system planning
- Introduce the Mobile Crisis RFP
- Action Item: Reconsider how MIDD funded initiatives intersect with updated vision
  - CD-06: Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team
  - CD-04: South County Crisis Diversion Services

# Background

HB 1477 – implementation of 988

- "Deploy crisis and outgoing services, including mobile crisis teams and co-responder teams according to guidelines and best practices established by the authority that are based upon recognized best practices, as applicable."

Updated DCR Workflow

- Triage by Crisis Connections has increased referrals to MRRCT

Inequitable Response

- Dispatching currently depends on an individual's Medicaid/Enrollment status

Increase need = Increase response

- Adding MRRCT Providers will help to increase the number of response teams

Response Timeframes (HCA Best Practice Program Guide for MRRCT)

- Emergent Crisis is an extreme risk = 2-hour response time
- Urgent Crisis are moderate to serious risk = 24-hour response
- Best practice = 60 minutes or less to all crisis referrals

# The goals of the RFP include:

- To seek organizations interested in expanding and enhancing the current service array for the Mobile Rapid Response Crisis Team (MRRCT) for adults.
- Response to an individual in crisis does not depend on residency in King County. Any adult individual that is physically located in King County at the time of the crisis event may receive MRRCT services.
- This RFP will be in alignment with revised state guidelines for MRRCT.
- The MRRCT will be expected to respond to the entire King County community, including those with Medicaid and/or already enrolled with a provider.
- Decrease response time to individuals experiencing a behavioral health crisis.
- Support availability of 24/7/365 community based MRRCT services.

# The goals of the RFP include:

- Best practice would be to include Certified Peer Counselors (CPC) as part of the outreach team.
- Best practice is to include follow up to mobile crisis responses.
- Provide face-to-face crisis de-escalation, intervention, and stabilization services in the community where the individual is located, including:
  - Safety planning appropriate to the need of the individual.
  - Referring to necessary behavioral health and/or other social and healthcare services.
  - Providing and/or arranging for any needed transportation clinically necessary.
  - Provide Follow-Up as appropriate

# MRRCT RFP Eligibility:

- Ability to provide services in selected MRRCT Primary Service Areas to all individuals in a Behavioral Health Crisis with no restrictions for access based on residence or insurance coverage.
- Applicant has experience providing outreach and/or Crisis Services. (Note that prior Mobile Crisis experience is not required).
- Applicant has experience working with individuals who are living unsheltered and are likely to experience high levels of physical and behavioral health needs.
- Applicant certifies that its staff are Washington State Department of Health (DOH)-credentialed.
- Applicant has experience and knowledge of current King County and bordering counties' resources for crisis resolution.
- Provide a plan to meet crisis outreach/intervention trainings that meet [HCA required crisis intervention trainings](#), in addition to any other requirements related to crisis outreach as determined by King County.

# Funding Sources for Mobile Crisis Team (MCT)

- State Trueblood Mobile Crisis Response
- State Trueblood Enhanced Services
- MIDD CD-06
- MIDD CD-04
- 5480 – ITA-Non-Medicaid
- City of Seattle
- Medicaid
- 5092 Added Mobile Crisis Teams

# MIDD Funding for Mobile Crisis Services

## Current State

MIDD 1: CD-06 – \$14,560,746.00 (biennial)

### **Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team**

- The Adult Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team provides King County's first responders with alternatives to jail or hospitals when engaging with adults in behavioral health crisis. Known as the Crisis Solutions Center, the initiative has three program components: the Mobile Crisis Team, the Crisis Diversion Facility, and Crisis Diversion Interim Services. The initiative stabilizes and supports people in the least restrictive settings possible while linking them to community-based services.

MIDD 2: CD-04 – \$1,237,976.00 (biennial)

### **South County Crisis Diversion Services**

- South County Crisis Diversion Services/Center works with CD-06: Adult Crisis Diversion Center, Respite Beds, and Mobile Behavioral Health Crisis Team to expand access to and availability of in-community crisis responses for south King County first responders who engage with individuals experiencing a behavioral health crisis.



# MIDD Funding for MRRCT

- Advisory Committee Action Item: Desired Future State for MIDD funded initiatives:
  - Merge CD-06 and CD-04 into one initiative
- Result: One MIDD Mobile crisis initiative renamed to CD-06: Mobile Rapid Response Crisis Teams (MRRCT)

Coordinate with:

- Crisis Care Center Levy



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# Questions?