

MIDD Renewal Process Update Community Engagement Phase One

 King County

DCHS

Department of Community
and Human Services

Overview of Community Engagement & Population Outreach

Phase One Community Outreach Goal: To ensure that equity is at the forefront of these community engagement activities, the engagement & questions were crafted to seek the input of communities from throughout King County. This round of community engagement focused on gathering insight on the needs, gaps and opportunities within the behavioral health system.

- Youth and adults with lived experiences with behavioral health conditions
- Under-served and under-represented BIPOC community members and providers
- Community behavioral health providers
- MIDD-funded providers
- Community-based organizations (CBOs)
- Community members from across King County (including outreach in suburban cities unincorporated King County, Council Districts, and Community Service Areas)
- Rural Residents

Broad Outreach using different modalities

Including:

- Virtual Listening Sessions
- In-person Listening Sessions
- In-person Events
- Online Survey
- Culturally Specific Community-Based Organization Listening Sessions



Virtual Listening Sessions

- **33 Virtual Listening Sessions**
 - Targeted to various audiences (Clinical providers, rural providers, community-based organizations, DCHS employees, etc.)
 - **222 total attendees**



In-person listening sessions

- **Eleven In-person Listening Sessions** completed during mid-September to early October.
 - 9 Council District Listening Sessions
 - **82 attendees present**
 - 1 Spanish-led Listening Sessions
 - **14 attendees present**
 - 1 BIPOC Youth Listening Session
 - **31 attendees present**
 - Total Attendees for In-person Listening Sessions:
 - **127 total attendees**



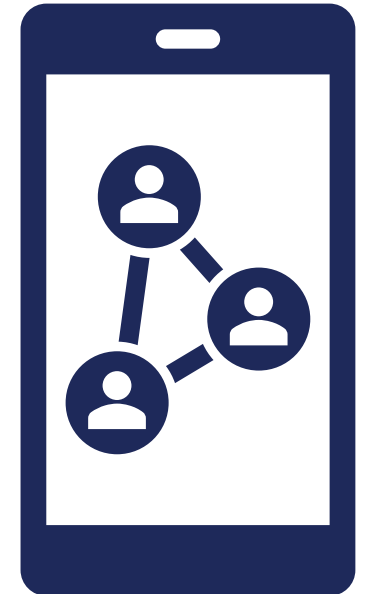
In-person Events

- Two In-person Events were attended with our poster board:
Recovery Day & the Behavioral Health Legislative Forum
 - Recovery Day
 - **95 Scans/95 individuals engaged**
 - Behavioral Health Legislative Forum:
 - **50 Scans/50 individuals engaged**
 - Total number of engagement:
 - **145 individuals**



Online survey

- Our online survey was created to allow a space for community members to respond to our questions with confidentiality. This survey was available in 21 different languages.
- **425 survey responses overall**
 - 348 English Responses
 - 46 Spanish Responses
 - 9 Russian Responses
 - 6 Ukrainian Responses
 - 5 Korean Response
 - 4 Chinese Responses
 - 3 Vietnamese Response
 - 3 Arabic Response
 - 1 Somali Response



*-Possible duplicate responses (13) which means number could be 412

Culturally Specific Community-Based Organization Listening Sessions

- BHRD also funded a separate project supported by the MIDD team. These listening sessions were led by community organizations to hear directly from community members about perspectives on mental health and substance use within their community.
- While this project wasn't directly a part of the MIDD Renewal process, the information "by and for" these culturally specific communities will be incorporated into the renewal *and* future system planning.
 - **14 agencies**
 - **543 participants**
- Key findings from these sessions will be available in **January 2025**.



Phases of community engagement

Final number from all forms of Phase One Community Engagement.

- **Overall Community Engagement: 919 individuals**

A report of Phase One Community Engagement themes will be completed by **January 2025**.



Questions We Asked

Our goal for Phase One Community Engagement was to gather insight on the needs, gaps and opportunities of the behavioral health system throughout King County.

➤ **Theme: Effective Services and Programs**

- What mental health and substance use prevention/recovery services are working well?

➤ **Theme: Challenges in the Behavioral Health System**

- What do you see as the biggest mental health and substance use challenges that we are facing in King County right now?

➤ **Theme: Systemwide Impact on Behavioral Health System**

- What services or programs do you think would have the biggest system wide impact on the mental health and substance use of King County residents?

➤ **Theme: Accessibility to the Behavioral Health System**

- How can King County make behavioral health services more accessible to all individuals, regardless of race, language, location, or socioeconomic status?

➤ **Theme: Priority Populations**

- What populations or groups are you most concerned about when it comes to a need for mental health and/or substance use services?

THEME: Effective Services/Programs

A. Increased Awareness and Community Engagement

- i. Increased Awareness of Mental Health
- ii. Community-focused Initiatives

B. Expanding Access and Reducing Barriers

- i. Geographic Access
- ii. Cultural Access

C. Peer Support and Outreach

- i. Peer Support Models
- ii. Community Outreach Efforts

D. Crisis Response and Harm Reduction

- i. Crisis Diversion and Harm Reduction
- ii. Support for People Exiting Jail & Homelessness

E. Innovation and Flexibility in Services

- i. Crisis Care Centers Levy [CCC Levy]
- ii. Flexible Funding

THEME: Challenges in the Behavioral Health System

A. Substance Use Challenges

- i. Fentanyl Epidemic
- ii. Substance Availability
- iii. Initiatives

B. Barriers to accessing Services

- i. Lack of services for Co-occurring Conditions
- ii. Insurance Barriers

C. Workforce Challenges

- i. Staffing Shortages & High Turnover
- ii. Lack of Provider Diversity

D. System Coordination and Continuity of Care

- i. Response Time Issues/Long waitlists
- ii. Service Gaps

E. Housing and Support Services

- i. Aftercare Services
- ii. Housing Services

F. System Navigation & Social Structures

- i. Lack of awareness/availability
- ii. Societal Stigma

THEME: Systemwide Impact on Behavioral Health System

A. Increasing Access to Behavioral Health Services

- i. Affordable and Culturally Relevant Care
- ii. Crisis and Emergency Support

B. Housing and Support Services

- i. Stable Housing
- ii. Wraparound Services

C. System Navigation & Support

- i. Bolster Current Services
- ii. Enhancing system navigation

D. Community Engagement and Empowerment

- i. Peer Support and Mentorship
- ii. Safe Spaces

E. Workforce Capacity and Development

- i. Bolster Workforce
- ii. Diversifying Workforce

F. Focus on Families Structures

- i. Programs for Youth
- ii. Support for Parents

THEME: Accessibility to the Behavioral Health System

A. Funding and Resource Allocation

- i. Increased Funding for Services
- ii. Financial Support for Providers

B. Workforce Diversity and Representation

- i. Inclusive Hiring Practices
- ii. Peer Support and Training

C. Education and Awareness

- i. Community Education Campaigns
- ii. Educational Support in Schools

D. Community Engagement and Empowerment

- i. Investing in Community-Based Organizations (CBOs)
- ii. Building Relationships

E. Reduction of Barriers to Care

- i. Transportation Solutions
- ii. Flexible Care Options

F. Comprehensive and Integrated Services

- i. Wraparound Services
- ii. Mobile and Flexible Service Models

THEME: Priority Populations

A. Youth: 85 mentions

- i. Prevalence of Issues
- ii. Specific Needs

B. Unhoused: 37 mentions

- i. Complex Needs
- ii. System Navigation

C. BIPOC: 31 Mentions

- i. Historical Lack of Access
- ii. Stigma and Mistrust

D. Immigrants: 31 Mentions

- i. Trauma and Cultural Barriers
- ii. Language Barriers

E. Victims of Trauma/Stigma: 26 mentions

- i. Wide Range of Trauma Experiences
- ii. Lack of Support Systems

F. LGBTQIA+: 23 mentions

- i. Prejudices
- ii. Discrimination

G. Families: 17 mentions

- i. Impact on Family Dynamics
- ii. Caregiver Stress

H. Low-income Individuals: 12 mentions

- i. Economic Barriers
- ii. Structural Barriers

Contact Information

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Questions?

