

# Reflecting on Part I of *Social (In)justice and Mental Health* and Equity Work To-Date

MIDD Advisory Committee Meeting  
July 27, 2023



King County

**MIDD**

Supporting behavioral  
health and recovery

# Overview

## 1. Review timeline of equity work of the committee to-date (10 mins)

- Revisit Equity Framework and Definition

## 2. Break into small groups to discuss what's been accomplished and consider 2024 priorities (20 mins)

- Questions: Related to the book
  - Do you think this process will be useful to better integrate equity into MIDD 3 planning?
  - Are there actions you think we can be taking now?
  - How else has reading the book impacted how you work or think about race and social justice in your work/life?
- Questions: Priorities for 2024
  - What are key priorities for next year?
  - What areas of the framework do you see we should now focus on? What's missing?

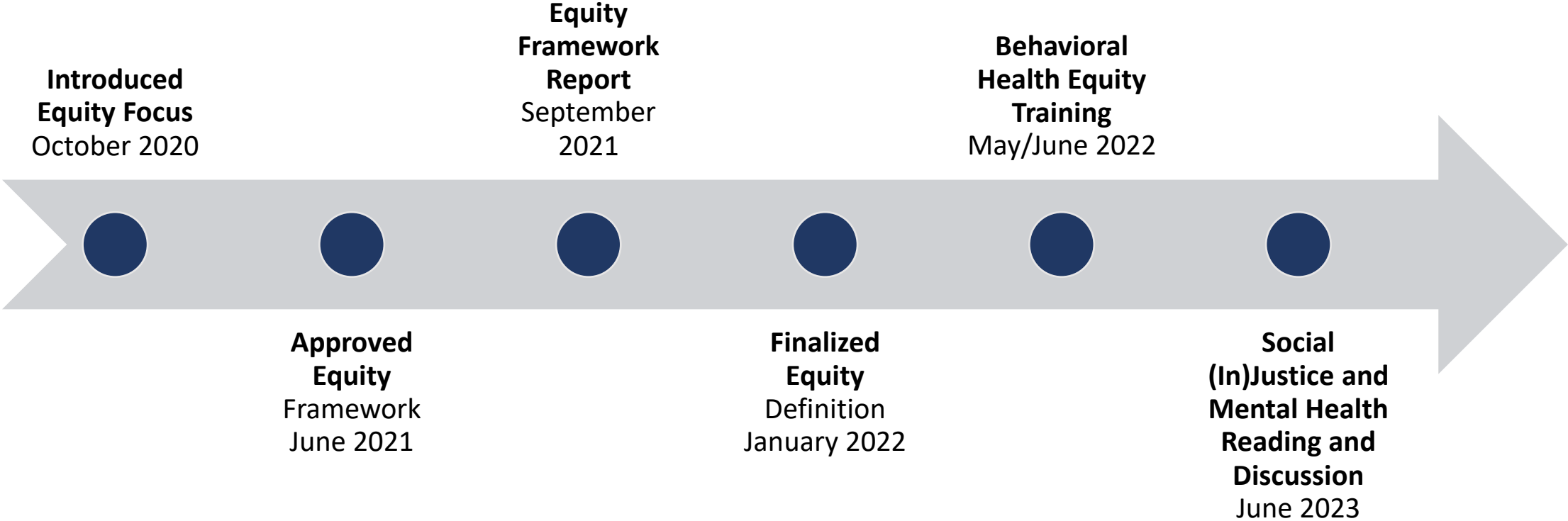
## 3. In large group discuss approach to remainder of the book (5 mins)

- Do members think we are reading the book too slowly?
  - Discuss as a group

## 4. Implement Menti Poll (5 mins)

- Questions
  - How would you like to move forward with reading the book?
  - What do you see as our key priorities for 2024?

# MIDD Advisory Committee: Equity Timeline



**MIDD Advisory Committee  
Equity Framework  
2023 Accomplishments and 2024 Opportunities**  
*December 2023*

**Bold=** Past Priorities  
✓ = Accomplished in 2023

Goal	Proposed Advisory Committee Actions/Activities	2023 Accomplishments	2024 Priorities
<p>A. <i>Education and Awareness</i></p> <p>Deepen AC members understanding of equity, historical oppression, and bias in current policy and systems</p>	<ul style="list-style-type: none"> <li>✓ Hold state of behavioral health equity and inequity briefing at MIDD AC meetings</li> <li>✓ Include member led discussions and/or readings at MIDD AC meetings</li> <li>• Integrate under-represented communities to expand effective community-driven/responsive strategies</li> <li>✓ <b>Include an equity focus on monthly agendas</b></li> <li>✓ <b>Hold formal trainings, inviting experts to present and having member led discussions and readings at MIDD AC meetings</b></li> </ul>	<p>Read Mental Health and Social (In)justice. Assigned chapters for discussion at each meeting.</p> <p>Launched Community Owned Behavioral Health Collaborative</p>	
<p>B. <i>Build Equity through Member Collaboration</i></p> <p>Increase member-to-member collaboration/discussion opportunities</p>	<ul style="list-style-type: none"> <li>✓ Identify and schedule MIDD AC member presentations on areas of expertise and knowledge regarding racism, inequitable systems and systems change</li> <li>✓ Establish time for discussion of how to apply presentation information to MIDD strategies/initiatives, funding guidelines and program evaluation</li> </ul>	<p>MIDD AC members shared during the Equity Focus agenda item and co-presented book chapters.</p>	
<p>C. <b><i>Make informed recommendations related to MIDD initiative impacts</i></b></p>	<ul style="list-style-type: none"> <li>• Review and assess equity opportunities in MIDD programs, services, and operations</li> </ul>	<p>Efforts focused on improving understanding related to oppression within the BH system so that decisions</p>	

<p>Develop recommendations and tools for decision making to assure equitable outcomes and funding</p>	<ul style="list-style-type: none"> <li>• Make recommendations to improve equity and reduce inequities throughout MIDD programs, services, and operations</li> <li>• <b>Develop an equity tool to apply to MIDD funding recommendation guidelines</b></li> <li>• <b>Develop and implement strategies to integrate MIDD AC, agency providers, and community voices to develop data informed equity related decisions and budget recommendations</b></li> </ul>	<p>recommendations made are “informed” by historical practices.</p> <p>Used MIDD AC Framework to initiate internal MIDD planning with MIDD contract managers to better integrate equity expectations into current MIDD programming.</p>	
<p><b>D. Strengthen and build stakeholder and community partnerships to inform and maximize MIDD priorities</b></p>	<ul style="list-style-type: none"> <li>✓ Develop and implement standing community ad hoc workgroup</li> <li>• Engage community partners in making budget recommendations and in policy development processes</li> <li>✓ <b>Prioritize centering community voices by inviting community to share</b></li> <li>• Add regular community led briefings to agenda</li> </ul>	<p>Launched Community Driven Behavioral Health Collaborative</p> <p>Launched King County Rural Behavioral Health Collaborative (SI-02 and ARPA)</p>	<p>Identify one or two members of the CDBHC to participate on the MIDD Advisory Committee</p>

# MIDD Advisory Committee Equity Definition

The MIDD Advisory Committee ensures that the implementation and evaluation of strategies and programs funded by the MIDD sales tax revenue are transparent, accountable, collaborative, and effective.

We believe that all community members should have equitable access to affordable behavioral health services that respect and value their unique beliefs, cultures, identities, languages, lived experiences, and notions of health and well-being as strengths to promote recovery and resilience.

We acknowledge that our society is rooted in systems of racism and oppression. Our behavioral health system contributes to the inequitable distribution of benefits and burdens which perpetuates avoidable health inequities in our community.

Through intentional partnerships and investment in organizations committed to equity, the MIDD Advisory Committee commits to eliminating policies, practices, attitudes, and cultural messages that reinforce inequitable behavioral health outcomes.

# Breakout Sessions

- **Questions: Related to the book**

- Do you think this process will be useful to better integrate equity into MIDD 3 planning?
- Are there actions you think we can be taking now?
- How else has reading the book impacted how you work or think about race and social justice in your work/life?

- **Questions: Priorities for 2024**

- What are key priorities for next year?
- What areas of the framework do you see we should now focus on?

***Please take notes and put in the chat when we reconvene as a full group!***

# Chapter Reading – For Discussion

Book Chapter/Title	AC Meeting Date ( <i>tentative</i> )
Chapter 5 – Social Injustice and the Schooling System	January
Chapter 6 – Social Injustice and the Child Welfare System	
Chapter 7 – Social Injustice and Urban Development	February
Chapter 8 – Social Injustice and the Carceral System	
Chapter 9 – Social Injustice and the Health Care System	March
<u>Chapter 10 – Social Injustice and Substance Use Disorders</u>	
<u>Chapter 11 – Social Injustice and Schizophrenia</u>	<i>Read on own</i>
<u>Chapter 12 – Social Injustice and Personality Disorders</u>	
<u>Chapter 13 – Social Injustice and Child Trauma</u>	
Chapter 14 – Social Justice and Mental Health System Reform	June
Chapter 15 – Social Justice and Advocacy	
Chapter 16 – Social Justice and Mental Health: A Call to Action	July
<b><i>Part IV Debrief – Achieving Mental Health Equity</i></b>	



# Menti Poll

1. How would you like to move forward with reading the book?
2. What do you see as our key priorities for 2024?

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