

Community Owned Behavioral Health

MIDD AC Meeting | January 14, 2023

Robin Pfohman, MIDD Coordinator

Nikki Nguyen, MIDD Community Partnerships Manager



MIDD Advisory Committee Equity Definition

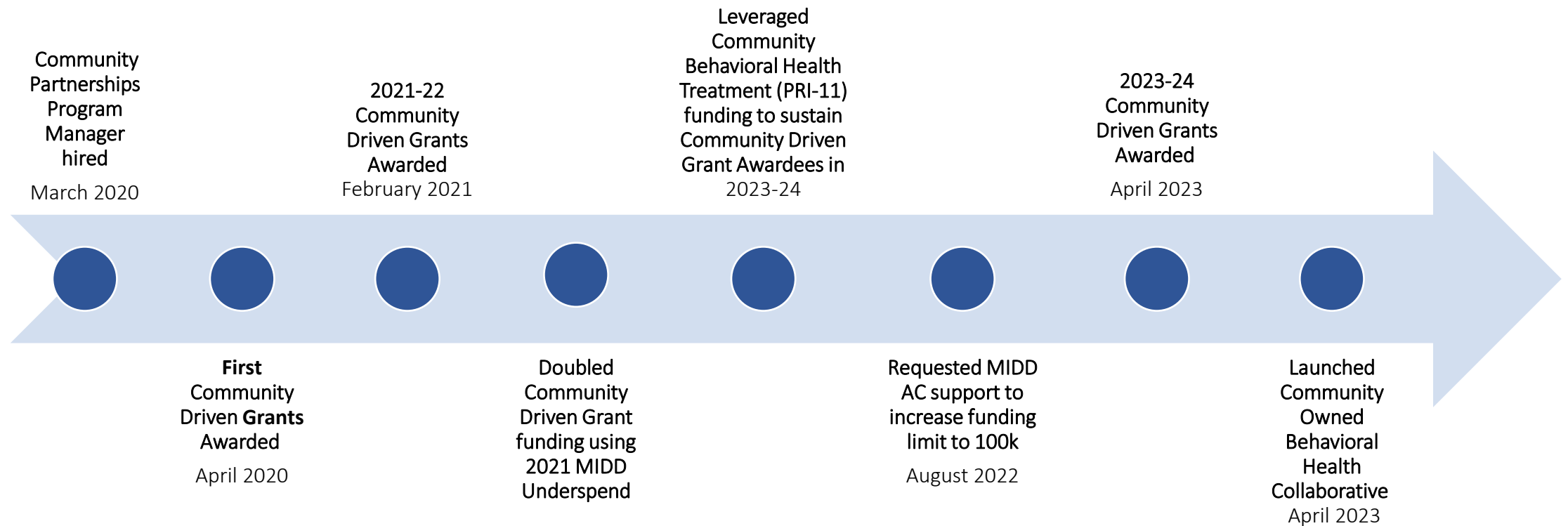
The MIDD Advisory Committee ensures that the implementation and evaluation of strategies and programs funded by the MIDD sales tax revenue are transparent, accountable, collaborative, and effective.

We believe that all community members should have equitable access to affordable behavioral health services that respect and value their unique beliefs, cultures, identities, languages, lived experiences, and notions of health and well-being as strengths to promote recovery and resilience.

We acknowledge that our society is rooted in systems of racism and oppression. Our behavioral health system contributes to the inequitable distribution of benefits and burdens which perpetuates avoidable health inequities in our community.

Through intentional partnerships and investment in organizations committed to equity, the MIDD Advisory Committee commits to eliminating policies, practices, attitudes, and cultural messages that reinforce inequitable behavioral health outcomes.

Community Owned Behavioral Health: Timeline



Community Owned Behavioral Health Collaborative

Goals

- Build organizational and behavioral health capacity among BIPOC and marginalized communities;
- Foster a community of learning and mutual education;
- Partner with the mainstream behavioral health system to inform and partner to address the unmet needs of communities;
- Amplify the voices of community-owned behavioral health providers;
- Provide recommendations to the MIDD Team and the MIDD Advisory Committee to support equitable policy development and funding recommendations; and
- Share and learn resources related to the behavioral health system.

Member Agencies

- Choose 180
- Comunidad Latina de Vashon
- Congolese Integration Care Network
- Diaspora Family Healing Network
- Eritrean Association in Greater Seattle
- Hope for Homies
- Indian American Community Services
- Korean Community Service Center
- Khmer Community of Seattle KC
- Neighborcare Health
- Neighborhood House
- Real Escape from The Sex Trade (REST)
- Resilient in Sustaining Empowerment (RISE)
- Somali Health Board
- Ukrainian Community Center of WA (UCCW)
- Unified Outreach
- Unkitawa
- UTOPIA
- Vietnamese Health Board
- Wakulima
- Yoga Behind Bars

Community Owned Behavioral Health Collaborative

Priorities	Challenges	Supports Needed
Increase accessibility of services	Stigma in accessing behavioral health services	Understand diversity and culture and use trusted communities to connect people with other resources and networks
Increase culturally and linguistically relevant staff and services for different populations and age groups	Lack of trust, access, qualified providers	Better communication on how communities can access services
Increase affordable training pathway for staff	Cultural differences	Harm reduction strategies
Increase education and training for staff to provide services efficiently	New and upcoming issues and drugs and lack of resources to address these issues	Strong partnerships and opportunities for collaboration
		More funding

Next Steps

- Secured commitment to continue to fund agencies currently receiving funding from Community Behavioral Health Treatment (PRI-11) through 2025 (end of MIDD 2)
- **Recommendation:** Continue funding agencies currently funded with 2023-24 funds through the Community Driven Behavioral Health through 2025.
- **Recommendation:** Invite one or two members from the COBHC to join the MIDD Advisory Committee in the role(s) reserved for the Community Consumer Workgroup, as described in the MIDD 2 Implementation Plan.
- **2024 Focus:** Partner with community-based providers to co-develop and implement community voice listening sessions within their own communities to improve understanding of behavioral health needs and assets.

Questions?



Robin Pfohman | MIDD Coordinator | robin.pfohman@kingcounty.gov
Nikki Nguyen | MIDD Community Partnerships Program Manager | nnguyen@kingcounty.gov