

MIDD 2 FRAMEWORK Revised 05.04.17

MIDD RESULT

People living with, or at risk of behavioral health conditions, are healthy, have satisfying social relationships, and avoid criminal justice involvement.

Adopted MIDD 2 Policy Goals

1. Divert individuals with behavioral health needs from costly interventions, such as jail, emergency rooms, and hospitals.
2. Reduce the number, length, and frequency of behavioral health crisis events.
3. Increase culturally appropriate, trauma informed behavioral health services.
4. Improve health and wellness of individuals living with behavioral health conditions.
5. Explicit linkage with, and furthering the work of, King County and community initiatives.

MIDD THEORY OF CHANGE

When people who are living with or who are at risk of behavioral health conditions utilize culturally relevant prevention and early intervention, crisis diversion, community reentry, treatment, and recovery services, and have stable housing and income, they will experience wellness and recovery, improve their quality of life, and reduce involvement with crisis, criminal justice and hospital systems.

HEADLINE INDICATORS

MIDD and other King County and community initiatives contribute to the overall health and well-being of King County residents that is demonstrated by positive changes in population

- Improved Emotional health – rated by level of mental distress
- Increase in Daily functioning - rated by limitations to due to physical, mental or emotional problems
- Reduced or eliminated alcohol and substance use
- Reduced Suicide Attempts and Death
- Reduced Drug and Opioid Overdose Deaths
- Reduced Incarceration Rate

MIDD 2 Strategy Areas	SAMPLE¹ MIDD 2 Performance Measures (to be refined after specific programs/services are selected)
<p>Prevention and Early Intervention</p> <p><i>People get the help they need to stay healthy and keep problems from escalating</i></p>	<p>How much? Service capacity measures (Quantity)</p> <ul style="list-style-type: none"> • Increased number of people receiving substance abuse and suicide prevention services • Increased number of people receiving screening for health and behavioral health conditions within behavioral health and primary care settings <p>How well? Service quality measures (Quality)</p> <ul style="list-style-type: none"> • Increased treatment and trainings in non-traditional settings (day cares, schools, primary care) • Increased primary care providers serving individuals enrolled in Medicaid <p>Is anyone better off? Individual outcome measures (Impact)</p> <ul style="list-style-type: none"> • Increased use of preventive (outpatient) services • Reduced use of drugs and alcohol in youth & adults • Increased employment and/or attainment of high school diploma and post-secondary credential • Reduced risk factors for behavioral health problems (e.g., social isolation, stress, etc.)
<p>Crisis Diversion</p> <p><i>People who are in crisis get the help they need to avoid unnecessary hospitalization OR incarceration</i></p>	<p>How much? Service capacity measures (Quantity)</p> <ul style="list-style-type: none"> • Increased capacity of community alternatives to hospitalization and incarceration (e.g., crisis triage, respite, LEAD, etc.) <p>How well? Service quality measures (Quality)</p> <ul style="list-style-type: none"> • Increased use of community alternatives to hospitalization and incarceration by first responders <p>Is anyone better off? Individual outcome measures (Impact)</p> <ul style="list-style-type: none"> • Reduced unnecessary hospitalization, emergency department use and incarceration • Decreased length and frequency of crisis events
<p>Recovery and Reentry</p> <p><i>People become healthy and safely reintegrate to community after crisis</i></p>	<p>How much? Service capacity measures (Quantity)</p> <ul style="list-style-type: none"> • Increased in affordable, supported, and safe housing • Increased availability of community reentry services from jail and hospitals • Increased capacity of peer supports <p>How well? Service quality measures (Quality)</p> <ul style="list-style-type: none"> • Increased linkage to employment, vocational, and educational services • Increased linkage of individuals to community reentry services from jail or hospital • Increased housing stability <p>Is anyone better off? Individual outcome measures (Impact)</p> <ul style="list-style-type: none"> • Increased employment and attainment of high school diploma and post-secondary credential

	<ul style="list-style-type: none"> • Improved wellness self-management • Improved social relationships • Improved perception of health and behavioral health issues and disorders • Decreased use of hospitals and jails
<p>System Improvements</p> <p><i>Strengthen the behavioral health system to become more accessible and deliver on outcomes</i></p>	<p><u>How much? Service capacity measures (Quantity)</u></p> <ul style="list-style-type: none"> • Expanded workforce including increased provider retention • Decreased provider caseloads • Increased culturally diverse workforce • Increased capacity for outreach and engagement • Increased workforce cross-trained in both mental health and substance abuse treatment methods <p><u>How well? Service quality measures (Quality)</u></p> <ul style="list-style-type: none"> • Increased accessibility of behavioral health treatment on demand • Increased accessibility of services via: hours, geographic locations, transportation, mobile services • Increased application of recovery, resiliency, and trauma-informed principles in services and outreach • Right sized treatment for the individual • Increased use of culturally appropriate evidence-based or promising behavioral health practices • Improved care coordination • MIDD is funder of last resort <p><u>Is anyone better off? Individual outcome measures (Impact)</u></p> <ul style="list-style-type: none"> • Improved client experience of care
<p>Therapeutic Courts</p> <p><i>People experiencing behavioral health conditions who are involved the justice system are supported to achieve stability and avoid further justice system involvement</i></p>	<p><u>How much? Service capacity measures (Quantity)</u></p> <ul style="list-style-type: none"> • Increased access to therapeutic courts <p><u>How well? Service quality measures (Quality)</u></p> <ul style="list-style-type: none"> • Increased therapeutic court graduation rate • Increased use of preventive (outpatient) services <p><u>Is anyone better off? Individual outcome measures (Impact)</u></p> <ul style="list-style-type: none"> • Reduced incarceration • Reduced substance use • improved wellness and social relationships

Please note that this is a living document; the contents of this document are subject to change and modification.