

Asian Counseling and Referral Service (ACRS)

Asian Counseling and Referral Service (ACRS) was founded in 1973 out of a grassroots effort by community members and volunteers. The mission of ACRS is to promote social justice and the well-being and empowerment of Asian American Pacific Islander Individuals (AAPIs) and other underserved communities – including immigrants, refugees and American-born – by developing, providing and advocating for innovative, effective and efficient community-based multilingual, multicultural services. Through one door, youth, families and elders can find hope and opportunity with staff who speak over 45 languages and dialects.



RR-02 Behavioral Health Services at Community Center for Alternative Programs (CCAP)

This initiative provides mental health (MH) services at the CCAP venue in downtown Seattle for non-Medicaid enrolled participants. MH services offered by ACRS at CCAP include brief intervention, crisis intervention, mental health assessment, treatment, and linkage to ongoing MH services in the community. These MH services are provided utilizing a trauma-informed, modified Therapeutic Community approach and cognitive behavioral interventions to address the needs and modify the behavior of CCAP participants with co-occurring MH and substance use disorders (SUD) and criminal legal system involvement. The COVID-19 pandemic has created isolations, unemployment, emotional distress, and other life's stressors for the populations we served. ACRS' CCAP clinicians are able to adapt and provide telehealth and in-person services to meet the MH and SUD needs of our participants.



RR-15 South King county Pretrial Services ---- Pretrial Assessment Linkage Services (PALS)

PALS was successfully implemented after several modifications to its initial program model. The PALS program provides substance use disorder (SUD) and Mental Health (MH) or Non-Medicaid enrolled participants, targeting criminal justice involved individuals living in and with community ties to the South King County area. Services offered by ACRS at the Kent branch location include brief intervention, crisis intervention, MH and/or SUD assessments/admissions, outpatient treatment, and linkage to programs and services within the community. These services are provided utilizing a person-centered approach that is culturally responsive and trauma informed. Cognitive behavioral interventions are utilized to address the individualized needs of PALS participants with MH and/or SUD needs who are involved with criminal justice system involvement.



Services during COVID-19 in addition to MH and SUD services

- Provided essential services to the most vulnerable clients, facing isolation, joblessness, food insecurity and critical mental/physical health issues, including delivering grocery bags and meals, offering rental and cash assistance, and outreach via phone and office- based essential services.
- Increase multilingual support to apply for unemployment insurance, and health navigation.
- Increased access to telehealth services and giving cell phones/phone service plans to clients with no access to technology.



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