

Attendance:
Members/
Designees

Seats	Members	Designees
1-King County District Court	<input type="checkbox"/> Hon. Matthew York	
2-King County Department of Judicial Administration	<input type="checkbox"/> Barbara Miner	<input checked="" type="checkbox"/> Christina Mason
3-King County Regional Homelessness Authority	Vacant	
4-King County Uniting for Youth	<input checked="" type="checkbox"/> Jorene Reiber	<input type="checkbox"/> Paul Daniels
5-King County Prosecuting Attorney's Office	<input type="checkbox"/> Dan Satterberg	<input type="checkbox"/> Carla Lee <input type="checkbox"/> Leesa Manion
6-Department of Public Health	<input type="checkbox"/> Dennis Worsham	<input type="checkbox"/> Brad Finegood
7-King County Department of Public Defense	<input type="checkbox"/> Anita Khandelwal	<input type="checkbox"/> Katie Hurley <input type="checkbox"/> Tara Urs
8-King County Superior Court	<input type="checkbox"/> Hon. Ketu Shah	
9-King County Department of Community and Human Services	<input type="checkbox"/> Leo Flor	<input type="checkbox"/> Kelli Nomura
10-King County Council	<input checked="" type="checkbox"/> Sarah Perry	<input checked="" type="checkbox"/> Osman Salahuddin
11-King County Department of Adult and Juvenile Detention	<input type="checkbox"/> Steve Larsen	
12-the Executive	<input type="checkbox"/> Kelli Carroll	
13-King County Sheriff's Office	<input type="checkbox"/> Patti Cole-Tindall	<input type="checkbox"/> Mark Ellerbrook
14-King County Behavioral Health Advisory Board	<input type="checkbox"/> Stacey Devenney	
15-Puget Sound Educational Services District	<input type="checkbox"/> Minu Ranna Stewart	
16-Community Health Council	<input checked="" type="checkbox"/> Claudia D'Allegri	
17-Harborview Medical Center	<input type="checkbox"/> Sunny Lovin	
18-bona fide labor organization	Vacant	
19-City of Seattle	<input checked="" type="checkbox"/> Jeff Sakuma	
20-provider of culturally specific mental health services in King County	Vacant	
21-provider of sexual assault victim services in King County	<input type="checkbox"/> Laura Merchant	<input type="checkbox"/> George Gonzalez
22-domestic violence prevention services in King County	<input checked="" type="checkbox"/> Trenechia Wilson	<input type="checkbox"/> Carlin Yoophum <input type="checkbox"/> Alicia Glenwell
23-agency providing mental health and chemical dependency services to youth	<input type="checkbox"/> Anthony Austin	
24-National Alliance on Mental Illness (NAMI)	<input checked="" type="checkbox"/> Jeremiah Bainbridge	<input type="checkbox"/> (Katie Mahoney)
25-provider of culturally specific chemical dependency services in King County	<input checked="" type="checkbox"/> Mario Paredes	
26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives	<input type="checkbox"/> Kailey Fiedler-Gohlke	<input type="checkbox"/> Danielle Burt
27-representative from the Sound Cities Association	<input checked="" type="checkbox"/> Brenda Fincher	<input checked="" type="checkbox"/> Chris Stearns
28-City of Bellevue	<input type="checkbox"/> Lynne Robinson	<input checked="" type="checkbox"/> Helena Stephens
29-provider of both mental health and chemical dependency services in King County	<input type="checkbox"/> Karen Brady	<input type="checkbox"/> Don Clayton
30-King County Hospitals	<input type="checkbox"/> Darcy Jaffe	<input type="checkbox"/> Brooke Evans
31-philanthropic organization	<input checked="" type="checkbox"/> Jennifer Teunon	

32-organization with expertise in recovery	<input checked="" type="checkbox"/> Joshua Wallace	<input type="checkbox"/> Cody West
33-managed care organizations operating in King County	<input type="checkbox"/> Jessica Molberg	
34-grassroots organization serving a cultural population	<input type="checkbox"/> Fartun Mohamed	<input checked="" type="checkbox"/> Rowaida Mohammed
35-Unincorporated King County	<input checked="" type="checkbox"/> Laura Smith	
36-An individual representing behavioral health consumer interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	
37-An individual representing community interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	

Attendance: King County staff: Robin Pfohman, Marc Seligson, Chelsea Walch, Scott Miller, Brandi DeFazio, Chris Grier, Chris Verschuyl, Christian Diaz, Deborah Stake, Dwight Dively, JanRose Ottaway Martin, Jessica Knaster, Kapena Pflum, Kelli Nomura, Leah Krekel-Zoppi, Lisa Floyd, Matthew York, Nathan Bays, Rebecca Mendelsohn, Ryan Robertson, Sam Porter, Susan Schoeld, Tyler Corwin, Ziying Hu, Dan Floyd, Diana Phibbs, Emmy McConnell, Heather Venegas, Elly Slakie,

Other: Amarinthia Torres, Halli Willis

Notes by: Chelsea Walch

Issues	Discussion	Action Items:
Welcome	<p>Co-Chair Laura Smith began the meeting by welcoming attendees and a reminder of how to use Zoom features, including how to rename yourself, and meeting logistics for members and other participants.</p> <p>Co-Chair Smith introduced the new Co-Chair, Steve Larsen. Larsen is the Chief of Administration for the Department of Adult and Juvenile Detention and will be starting in this new role at the October meeting.</p>	
Review/Approve Meeting Notes	Co-Chair Smith gave everyone a moment to review the draft July meeting notes. After correcting a typo in funding numbers, the meeting notes were approved by consensus.	
Equity Focus Moment	<p>Co-Chair Smith introduced the Equity Focus, an opportunity for members to share a recent experience where equity was in the forefront, either in their organization or in the community.</p> <p>Brenda Fincher touched upon a recent class she took through with her church focusing on the topic of racism. Fincher shared one of their favorite questions to ask in those groups: "When did you first realize your color made a difference?" Fincher shared that with people of color, it's often when they are young, versus for people of the dominant, white culture - it's usually later in life. Fincher remarked that it was surprising how many white</p>	

	<p>people mentioned 2-3 occurrences in high school or older, and the people of color had filled in every age category. Fincher shared an example about when her daughter was five years old and in kindergarten. Her first experience with racism came in the form of another classmate treating her a certain way for being “the wrong color”.</p> <p>Councilmember Sarah Perry indicated that 37% of the residents in her district are born out of the country, with a big mix of South Asians / Hindi, Muslim, Secular Indian, and African cultures. Councilmember Perry shared a story regarding local Junior Girl Scout Troop #41653 that became aware of concerns female sheriff/police officers had about their uniforms not being reflective of their different body types or gender orientations, preventing people from doing their best jobs due to being uncomfortable. The Girl Scout Troop reached out to their elected officials, including Councilmember Perry, as part of an effort to earn the Bronze Award for a community service project that has an everlasting impact on the community. The troop spent time with officers to learn about their uniforms and at the same time learned about wage jobs, unions, and bargaining. Ultimately, they worked to create a proclamation that would ensure that contracted vendors be able to provide uniforms for those who are, for example, transgender or have diverse body types, etc. Councilmember Perry shared that they appreciated the leader of Troop #41653 for bringing this matter forward, as directed by their young leaders, and that it led to a deeper discussion about uniform equality across King County.</p>	
<p>Update and Discussion: Executive Proposed Budget for MIDD</p>	<p>The Office of Performance, Strategy, and Budget’s Director, Dwight Dively, gave a brief update on the Executive Proposed Budget for MIDD, specifically sharing decisions made since August’s briefing and biennial budget next steps. Dively shared that the budget has been transmitted to the County Council for the review process. Then in Mid-November, the budget will be adopted for ’23-’24.</p> <p>Dively gave an overview of the proposed items. He explained that language on the PowerPoint slide that referred to “Original Request” reflects the original proposals received from agencies for each line item. It does not necessarily reflect DCHS’s Agency Proposed budget that was shared in July. “Proposed” is the final amount included in the Executive’s Proposed budget that was sent to Council. If something was approved, added, or increased from the original amount, it will appear in green. If something was reduced or turned down, it appears in red. Dively indicated the amounts still may change due to Council action.</p> <p>Dively noted that MIDD supported the County’s Behavioral Health Fund in the last biennium. The Behavioral Health Fund is mostly State money, and the State as stepped up to significantly increase its funding for behavioral health. More people are now eligible for Medicaid as well, meaning more money comes to the County for Behavioral Health. As such, the Behavioral</p>	

Health Fund did not need as much transfer from MIDD as expected so they were able to save \$4.5 Million for other purposes.

Claudia D'Allegri inquired about the drastic difference for some organization, where the original request is high, and the proposed amount is much lower. For example, overdose prevention. Dively responded that this came in from Public Health and is a scalable investment. Due to the financial limitations, it was one that the Executive could not fully fund. The scope of the work is going to be less, but that amounts requested can still be used effectively.

Helena Stephens asked as to the Co-Responder program in Unincorporated King County - where those are going to be located and if they have an idea of the timeline for identifying those sites. Dively answered no, that has not yet occurred and it will depend on whether the County Council approves the budget. Dively noted that there is general fund money in the Sheriff's Office to coordinate this work. Assuming it's approved, Dively indicated that at least one of the teams would be deployed to the urban unincorporated areas of SkyWay and North Highline. Where the other team is sited is much more open for consideration.

Chris Stearns asked if there is funding in the budget for response to the Blake decision, more specifically, the Recovery Navigator Program. Dively responded that the State is fully funding the Blake response and they're doing it in two ways: 1) money that the Administrative Office of the Courts is flowing to King County (among others) to refund the legal financial obligations people must pay for those convictions and 2) a smaller amount of money from the State Office of Public Defense Agency. Another thing to be aware of, separate from Blake, is the money the County receives from cannabis taxes in the unincorporated areas, which is general fund money that is going to community organizations to help those with other drug-related convictions too.

Kelli Nomura stepped in to answer to Recovery Navigator portion of Stearns' question. On the clinical delivery side, DCHS put out an RFP for Recovery Navigator Programs in King County. When that process closed earlier this year, several providers were selected, and the contracts are in place. Nomura indicated she could bring back more information on the providers that were selected and the programs. Stearns clarified whether the money for those contractors is in the budget and Nomura confirmed they are currently and going forward.

Brenda Fincher asked about the Needle Litter Program and what the money is needed for. Dively commented that it was never very thoroughly designed, but the concern that was been expressed in several parts of the

	<p>County is often related to needle exchange programs and that there are needles littering sidewalks, parks, etc. with no organized effort to clean it up. Requests have been made to the Executive for programs to address those geographic areas, but it doesn't appear to be eligible for MIDD and King County would need to find another way to fund it.</p>	
<p>BHRD Workforce Stabilization</p>	<p>JanRose Ottaway Martin, Business Operations Manager for the Department of Community and Human Services' ("DCHS") Behavioral Health and Recovery Division ("BHRD") gave a brief update on where BHRD is at with Workforce Initiatives and what's going on in Washington State, specifically King County.</p> <p>Using the Washington State Healthcare Authority website*, Ottaway Martin gave an overview of the initiatives started at the State level. One of the biggest includes approving \$100 Million to help with workforce retention and workforce relief funds for behavioral health contractors, providers, and partners. *Website: https://www.hca.wa.gov/billers-providers-partners/program-information-providers/contractor-and-provider-resources</p> <p>Ottaway Martin noted that the Healthcare Authority is partnering with an entity called Milliman, which helped set rates for the behavioral health system and is currently engaged in a survey of behavioral health providers about current rates for clinicians and other's doing that body of work. The survey will be available to fill out until October 28, 2022 and will be used to set behavioral health rates for the next couple years.</p> <p>There is a smaller fund currently with King County funded through ARPA and Ottaway Martin discussed how BHRD is working with the King County Integrated Care Network's Executive Committee to identify how to use the funds considering the work happening at the state level. They are working to identify a way to use the funds for King County in a way that will drive long-term change, retain the clinicians they already have as well as build the workforce.</p> <p>The decision was made to use the funds for two main parts of work:</p> <ol style="list-style-type: none"> 1. Providing technical assistance related to business operations, financial workforce, and various strategies to assist agencies to stabilize the workforce 2. Providing services that might be centralized among network providers to help them allocate as much funds as possible to the workforce. 	
<p>Public Comment</p>	<p>There was no request for public comment.</p>	

<p>MIDD Financial Report and BHRD Budget Submission</p>	<p>Scott Miller, King County Department of Human Community Services (“DCHS”) Business and Finance Officer IV, provided an update on the financial report for August 2022. Miller stated there is a new revenue forecast, which added additional revenue to 2022 and the following years. The Financial Report shows all the Executive Proposals are inclusive in the ’23-’24 proposed budget level and that the Behavioral Health Fund transfer is on a separate line with possibly an updated amount.</p>	
<p>Reminders</p>	<p>Co-Chair Laura Smith announced two reminders:</p> <p>1) The Emerging Issues Behavioral Health RFP is open. Interest agencies are required to submit a Letter of Interest by or on September 30, 2022. If you’re from a community-based or non-profit/human services organization, make sure your organization knows. The link was shared with the Advisory Committee in the meeting materials email from Robin Pfohman and is available on the MIDD website.</p> <p>2) There is a vacancy on the MIDD Advisory Committee for a representative from a culturally specific mental health provider. The seat is currently posted, and the link also included in the meeting materials email sent prior to this meeting and is available on the MIDD website.</p> <p>Councilmember Perry, regarding the MCRC (“Muslim Community Resource Center”) and the Emerging Issues RFP, asked Co-Chair Smith what the definition of service provider would be. Robin Pfohman answered that they have a very broad definition of types of agencies that can apply for the RFP. The way it reads, this can be direct or indirect service, and the Committee wanted to keep it as broad as possible to entertain unique and innovative ways of doing things.</p> <p>Helena Stephens commented that what might helpful would be to provide a definition of what it is meant by ‘culturally-specific mental health’ provider.</p> <p>Councilmember Perry commented that it would also be helpful to know who is already participating on the MIDD AC, so they can see who is already represented geographically, culturally, etc., so an area isn’t reinforced that already has strong representation.</p> <p>Pfohman commented that the MIDD AC membership is listed on the MIDD website.</p> <p>Councilmember Perry said that is helpful, but if there is anything deeper in terms of perspectives and culturally specific representation.</p>	

	<p>Mario Paredes clarified if Councilmember Perry is looking for more demographic and ethnicity information. Councilmember Perry confirmed. Paredes commented that this brings up an important topic to discuss, at least for the Latinx community there are a couple representatives on the MIDD AC, but it's unclear if every community is being represented.</p> <p>Co-Chair Smith sought clarification on if when they say they are looking for a mental health provider, they are specifically meaning direct services. Pfohman confirmed that this is typical and that's how the position has been historically considered. Pfohman commented that the MIDD AC can make recommendations of what they would like to see in the future.</p> <p>Claudia D'Allegri followed up on Councilmember Perry's comments, stating that King County contracts with several providers across the County that serve a culturally specific population, but not necessary every one of the organizations is part of the MIDD AC. D'Allegri stated it's a valid request to look at the demographic of the region and consider some targeted recruitment for those individual communities.</p> <p>Councilmember Perry commented that this is a good opportunity for King County to pay attention to where we are asking people to volunteer their time. For example, people on the Refugee and Immigrant Commission, who have been recruited specifically to represent some of the voices in different ethnic communities, oftentimes just leave because they feel their work isn't seen as important and their time is being wasted.</p>	
<p>Initiative Briefing: Community Driven Grantee: Neighborhood House PEARLS Program</p>	<p>Neighborhood House's Emy Haruo, Program Director and Phung Nguyen, Care Coordinator gave a presentation on the Neighborhood House Community Resources Team and specifically, the MIDD-funded PEARLS Program. Neighborhood House has 27 different sites, with a majority coexisting with King County and Seattle Housing Authorities. Their Community Resource Team facilitates access to resources and community connections through "Resources Specialists" (Outreach) and "Care Coordinators" (Clinical). Their staff speaks multiple languages, and many are immigrants and refugees that live in the served communities.</p> <p>The PEARLS Program ("Program to Encourage Active rewarding Lives") relies on evidence-based mental health counseling designed to treat older adults with disabilities or suffering from minor depression. It focuses on potential challenges the client may have, and then identifies what will bring joy and happiness into their lives. The problem-solving treatment involves 7 steps:</p> <ol style="list-style-type: none"> 1. Identify one problem 2. Set a realistic goal 3. Brainstorm solutions 4. Considering the advantages and disadvantages for each potential solution 	

	<p>5. Choose the solution that seems the best 6. Develop an Action Plan 7. Review and evaluate your progress</p> <p>Helena Stephens asked if there are any times that Neighborhood House partners with agencies in East King County, especially to share the work the PEARLS is doing. Emy Haruo answered that Neighborhood House primarily focuses on South King County, although they have a partnership with Sound Generations who is offering that same type of programs in North and East King County.</p>	
Agenda Items for October Meeting	Email Robin Pfohman with any desired agenda items for the October 2022 meeting.	
Adjourned	1:30 PM	
Next meeting	Thursday, October 27, 2022, 12:00-1:30 p.m. <i>Members, Designees, and non-Members access via Zoom</i>	