

Attendance:
Members/
Designees

Seats	Members	Designees
1-King County District Court	<input checked="" type="checkbox"/> Hon. Matthew York	
2-King County Department of Judicial Administration	<input checked="" type="checkbox"/> Barbara Miner	<input type="checkbox"/> Christina Mason
3-King County Regional Homelessness Authority	Vacant	
4-King County Uniting for Youth	<input checked="" type="checkbox"/> Jorene Reiber	<input type="checkbox"/> Paul Daniels
5-King County Prosecuting Attorney's Office	<input type="checkbox"/> Dan Satterberg	<input type="checkbox"/> Carla Lee <input type="checkbox"/> Leesa Manion
6-Department of Public Health	<input type="checkbox"/> Dennis Worsham	<input checked="" type="checkbox"/> Brad Finegood
7-King County Department of Public Defense	<input type="checkbox"/> Anita Khandelwal	<input type="checkbox"/> Katie Hurley <input type="checkbox"/> Tara Urs
8-King County Superior Court	<input checked="" type="checkbox"/> Hon. Ketu Shah	
9-King County Department of Community and Human Services	<input checked="" type="checkbox"/> Leo Flor	<input checked="" type="checkbox"/> Kelli Nomura
10-King County Council	<input checked="" type="checkbox"/> Sarah Perry	<input checked="" type="checkbox"/> Osman Salahuddin
11-King County Department of Adult and Juvenile Detention	<input checked="" type="checkbox"/> Steve Larsen	
12-the Executive	<input type="checkbox"/> Kelli Carroll	
13-King County Sheriff's Office	<input type="checkbox"/> Patti Cole-Tindall	<input checked="" type="checkbox"/> Mark Ellerbrook
14-King County Behavioral Health Advisory Board	<input checked="" type="checkbox"/> Jasmeet Singh	<input type="checkbox"/> Carolyn Graye
15-Puget Sound Educational Services District	<input type="checkbox"/> Minu Ranna Stewart	
16-Community Health Council	<input checked="" type="checkbox"/> Claudia D'Allegri	
17-Harborview Medical Center	<input checked="" type="checkbox"/> Stacey Devenney	
18-bona fide labor organization	Vacant	
19-City of Seattle	<input checked="" type="checkbox"/> Jeff Sakuma	
20-provider of culturally specific mental health services in King County	Vacant	
21-provider of sexual assault victim services in King County	<input checked="" type="checkbox"/> Laura Merchant	<input checked="" type="checkbox"/> George Gonzalez
22-domestic violence prevention services in King County	<input checked="" type="checkbox"/> Trenechia Wilson	<input type="checkbox"/> Carlin Yoophum <input type="checkbox"/> Alicia Glenwell
23-agency providing mental health and chemical dependency services to youth	<input type="checkbox"/> Anthony Austin	
24-National Alliance on Mental Illness (NAMI)	<input checked="" type="checkbox"/> Jeremiah Bainbridge	<input type="checkbox"/> (Katie Mahoney)
25-provider of culturally specific chemical dependency services in King County	<input checked="" type="checkbox"/> Mario Paredes	
26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives	<input type="checkbox"/> Kailey Fiedler-Gohlke	<input type="checkbox"/> Danielle Burt
27-representative from the Sound Cities Association	<input checked="" type="checkbox"/> Brenda Fincher	<input checked="" type="checkbox"/> Chris Stearns
28-City of Bellevue	<input checked="" type="checkbox"/> Lynne Robinson	<input checked="" type="checkbox"/> Helena Stephens
29-provider of both mental health and chemical dependency services in King County	<input checked="" type="checkbox"/> Karen Brady	<input type="checkbox"/> Don Clayton
30-King County Hospitals	<input checked="" type="checkbox"/> Darcy Jaffe	<input type="checkbox"/> Brooke Evans
31-philanthropic organization	<input checked="" type="checkbox"/> Jennifer Teunon	

32-organization with expertise in recovery	<input type="checkbox"/> Joshua Wallace	<input checked="" type="checkbox"/> Cody West
33-managed care organizations operating in King County	<input type="checkbox"/> Jessica Molberg	
34-grassroots organization serving a cultural population	<input type="checkbox"/> Fartun Mohamed	<input checked="" type="checkbox"/> Rowaida Mohammed
35-Unincorporated King County	<input checked="" type="checkbox"/> Laura Smith	
36-An individual representing behavioral health consumer interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	
37-An individual representing community interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	

Attendance: King County staff: Robin Pfohman, Marc Seligson, Chelsea Walch, Scott Miller, Brandi DeFazio, Brian Allender, Deborah Stake, Emmy McConnell, Erin Carosa, Jackie Berganio, Jennifer Wyatt, Lisa Floyd, Madeline Cavazos, Nathan Bays, Sam Porter, Susan Schoeld, Ryan Black, Libby Hollingshead, Nicholas Makhani, Chelsea Baylan, Dan Floyd

Other: Hali Willis

Notes by: Chelsea Walch

Issues	Discussion	Action Items:
Welcome	<p>Co-Chair Laura Smith began the meeting by welcoming attendees reminding them about how to use Zoom features, including how to rename yourself, and meeting logistics for members and other participants.</p> <p>Co-Chair Smith announced the new Co-Chair, Steve Larsen. Larsen introduced himself as the Interim Director for the Department of Adult and Juvenile Detention and provided a brief overview of his background for the group.</p> <p>Kelli Nomura, Director of the Department of Community and Human Services' ("DCHS") Behavioral Health and Recovery Division ("BHRD") announced her upcoming departure from DHCS. Nomura acknowledged appreciation for the ongoing work of the MIDD Advisory Committee, its co-chairs, as well as DCHS and its MIDD Coordinator, Robin Pfohman.</p>	
Review/Approve Meeting Notes	Co-Chair Smith gave everyone a moment to review the draft September meeting notes. The meeting notes were approved by consensus.	
Equity Focus Moment	Co-Chair Smith introduced the Equity Focus, an opportunity for members to share a recent experience where equity was in the forefront, either in their organization or in the community.	

	<p>Karen Brady, Executive Director at Ryther, shared the work her agency is doing to develop policies and practices related staff and experiences of microaggressions. Brady shared that her organization has identified a need to better support the staff of color in the work environment, where they often experience microaggressions from coworkers, but also clients. A consultant was invited to discuss how the organization can address incidents when they occur within the agency. Ryther established a mediation support specialist to help staff practice having those hard conversations.</p>	
<p>MIDD Financial Report and Economic Adjustment Explanation</p>	<p>Scott Miller, King County Department of Human Community Services (“DCHS”) Business and Finance Officer IV, provided an update on the financial report for September 2022. The September 2022 Financial Plan reflects actual biennial revenue and expense through September 30, 2022. The 2023-2024 Proposed column reflects the Executive Proposed budget, currently under review by Council. There are no changes to our estimated 2021-2022 biennial expenses. The next update to the King County Economic and Revenue Forecast is March 2023.</p> <p>Ryan Black, Finance Manager for BHRD, advised that MIDD planning documents do include a provision that allocates funds for economic adjustments when reserve levels are met. DCHS built the proposed ’23-’24 budget in July, and it included economic adjustments. Black explained that the amount of the adjustment is calculated by taking the consumer price index (“CPI”) for the City of Seattle and applying that across the board. It would be a 3.6% increase in 2023 and 2.9% increase in 2024, and if applied all across the board leads to a \$7.2 million investment for economic adjustments. King County Council is deliberating on that proposed budget right now.</p> <p>Brad Finegood clarified whether that includes all initiatives. Black stated that it is their understanding that all of the strategies and initiatives had an economic adjustment, primarily the CPI. Some strategies aren’t primarily staffing-funded and received different economic adjustments.</p>	
<p>2022 3rd Omnibus Amendment – Implementation Plan</p>	<p>Robin Pfohman reported on the 2022 3rd Omnibus amendment, which applied two expenditure restrictions:</p> <ol style="list-style-type: none"> 1.) ER2: \$2 million to support behavior health providers to provide behavioral health services for youth, with prioritization of school-based services, mental health first aid for youth and suicide prevention for youth. 2.) ER3: \$3 million to support behavioral health providers (with prioritization of children and youth behavioral health services providers) that provide services funded by the mental illness drug dependency levy by adjusting the amounts of their existing contracts to account for increased costs such as the effects of inflation. 	

	<p>Pfohman highlighted that the economic adjustments were already put in place for 2022. DCHS expects to implement the \$3 million of contract enhancements (along with additional funds proposed/as adopted in the 23-24 budget) starting in 2023. This is expected to include at least \$923,000 for youth focused initiatives.</p>	
<p>Presentation: Councilmember Sarah Perry (King County District 3)</p>	<p>Councilmember Sarah Perry gave a presentation, the purpose of which was to get feedback and budget support for an Art Therapy Behavioral Health Program pilot project with an emphasis on ethnic and culturally diverse communities. The total request is \$200,000, or 6% of MIDD Underspend for the '23-'24 biennium. The goal of this program is to improve cognitive functioning, foster self-esteem and self-awareness, cultivate emotional resilience, promote insight, enhance social skills, reduce and resolve conflicts and distress, and support recovery.</p> <p>Councilmember Perry advised that she is working with DCHS staff to place the project under MIDD initiative SI-01 - Community-Driven Behavioral Health Grants.</p> <p>Councilmember Perry shared that this initiative is inspired by all the multicultural communities' art and music that she's had the privilege of participating in and experiencing in King County. Councilmember Perry wants to provide an opportunity for diverse community groups to reach out and obtain this kind of support.</p> <p>Prompted by Pfohman, Councilmember Perry confirmed that this request is regarding MIDD funding, through the 23-24 budget process that is currently in the hands of the Council. Prior to moving forward with including an amendment, Councilmember Perry was seeking the support of the MIDD Advisory Committee as she values the advisory role the Committee plays.</p> <p>Mayor Lynne Robinson commented on the use of MIDD funds, and appropriateness as an evolving society to continuously look at how to solve problems and challenges in innovative ways. Mayor Robinson added that it might be worthwhile to include verbiage in that would encourage partnership with an existing art institution, to make the MIDD dollars and the outreach stretch further.</p> <p>Councilmember Perry shared appreciation for the feedback from Mayor Robinson, adding there is a potential connection with Burke Museum following a recent conversation with Dr. Gabriela Chavarria (its new Executive Director).</p> <p>Mario Paredes commented his appreciation for the project. He asked if this is an RFP that people can apply for and if so, are they suggesting that there</p>	

	<p>is already an identified organization. Would the goal be to find a single organization, or split amount multiple?</p> <p>Councilmember Perry stated it would first be put out as an RFP and there would be an effort to get many responses Councilmember Perry advised that her inclination was to have it be one organization, as the funding is over two years and may need to be allocated to things like new staff salaries and supplies that leaves little left over. In other words, the more that the funds are spread out over organizations, the less funding the chosen organizations have to run the program they envision.</p> <p>Councilmember Perry asked Paredes what they thought on splitting it further. Paredes stated that if they are looking at a two year plan, a single organization will be better in sustaining it in the long term.</p> <p>In the chat box, George Gonzalez inquired if it's been considered working with Washington Institute of Public Policy to determine cost benefits analysis. Councilmember Perry showed interest in the suggestion and asked Gonzalez to reach out directly for a conversation.</p> <p>Co-Chair Steve Larsen asked if the MIDD Advisory Committee generally supports what Councilmember Perry presented. Co-Chair Larsen acknowledged support from the MIDD Advisory Committee</p>	
<p>Briefing: Behavioral Health Update</p>	<p>Leo Flor, Director of DCHS, gave an update on various behavioral health matters. First, Flor discussed the Crisis Care Centers Levy, which a behavioral health package developed by the King County Executive that will include the following:</p> <ol style="list-style-type: none"> 1.) Create five new regional crisis care centers; 2.) Preserve and restore the dramatic loss of residential treatment beds; 3.) Grow the behavioral health workforce pipeline <p>In the chat box, Jasmeet Singh asked: "How are these facilities going to be different from other state-run facilities like Rainer School in Buckley or Western State Hospital?"</p> <p>Flor answered that the facilities being described are voluntary facilities, so they will not require a referral or involuntary commitment and people can go there all on their own. Different types of modalities will also be offered in new levy-funded facilities, including a Behavioral Health Urgent Care Clinic, a 23-Hour Observation Unit that focuses on obtaining stability rather than just deescalating, and a Crisis Stabilization Unit where people can reside up to 14 days. There is also a goal of having staff that are supported and trained well enough to the work.</p>	

	<p>Darcy Jaffe commented on the 1477 Bill and the proposed legislation set for the next session about what crises care centers look like from a regulatory perspective and where the funding would come from (e.g. Medicaid). Jaffe asked if they factored in any potential Medicaid funding into the levy formulation. Flor confirmed that the County is acting on the premise that State and Federal money will also be accessed order to meet the need for both capital and operations costs.</p>	
<p>Initiative Briefing: Community Driven Grantee – Y Education Enhancement Project</p>	<p>YMCA’s Donnie Goodman, Senior Director of Behavioral Health Services, and Genell Hennings, Professional Development Manager, gave a presentation on the Y’s Education Enhancement Program (“EEP”).</p> <p>The goal is to develop and implement a new educational program that addresses the behavioral health workforce shortage issues and the lack of diversity due of providers (due to the privilege required to obtain a master’s degree). The EEP will provide the educational requirements for achieving master’s degree in counseling, tuition-free, for currently employed staff at participating non-profit agencies. In lieu of tuition payments, the participants must commit to working four years after graduation from the program at their respective agency as a mental health counselor.</p> <p>The YMCA created an advisory group of volunteers from various positions at nonprofits in higher education in order to properly develop policies/procedures for teachers and design curriculum.</p> <p>Paredes mentioned a similar program currently in the legislature that is being funded by the Health Care Authority, and asked if the Y’s program has considered connecting with the Health Care Authority to see about a 2nd step with regard to legislative funding for a long-term process.</p> <p>Goodman responded that there have been talks but because legislature can take time, they started their program separate from that one. Goodman indicated that their organization wouldn’t shy away from that extra funding in the long term, but they are moving forward with their own program as of right now.</p>	
<p>Updates</p>	<p>Pfohman provided the following updates:</p> <p><u>Emerging Issues RFP</u> 49 letters of interest were received through that process. Moving forward with 23 applications that met the criteria. Lessons learned include ensuring that people understand the term “emerging issue”, as well as the concept of sustainability as the funding source is not ongoing.</p> <p><u>Mental Health First Aid Training</u></p>	<p>Pfohman will reach out to members to participate on the Emerging Issues RFP review panel.</p> <p>Pfohman will be send out more information on</p>

	<p>There is capacity in the current program to do more mental health first aid training in communities. Be ware of that resource and feel free to share it within your networks. More information will be sent out.</p> <p>2022 MIDD Annual Report Pfohman and Marc Seligson will be seeking input from members related to potential themes of 2022 that they feel should be considered for the next MIDD Annual Report.</p> <p>Finegood shared information on King County’s “Don’t Count Us Out” Campaign to reduce stigma around substance use disorder. Public Health-DCHS, in conjunction with the Executive’s Office and King County Council, launched this campaign in October 2022 with billboards at 32 locations across the County. For more information, go to: https://supportaddictionrecovery.com/ and https://dchsblog.com/2022/10/27/what-we-all-can-do-to-reduce-stigma-around-substance-use-disorder/</p>	<p>Mental Health First Aid Training.</p> <p>Pfohman and Seligson will seek input from members re: themes for 2022 MIDD Annual Report.</p>
Agenda Items for October Meeting	Email Robin Pfohman with any desired agenda items for the December 2022 meeting.	
Adjourned	1:30 PM	
Next meeting	Thursday, December 8, 2022, 12:00-1:30 p.m. <i>Members, Designees, and non-Members access via Zoom</i>	