

MIDD 2 Initiative CD-16: Youth Behavioral Health Alternatives to Secure Detention (NEW)

How does the program advance the adopted MIDD policy goals?

This initiative will impact the adopted MIDD policy goals of “divert individuals with behavioral health needs from costly interventions, such as jail, emergency rooms, and hospitals.”

When problems escalate and a crisis ensues, families and youth do not always know who to call – often they dial 9-1-1 and there is a law enforcement response. This can result in unnecessary involvement with the justice system – disproportionately so for youth of color. Families need alternatives to 9-1-1 to get a timely and appropriate community response to ensure youth get what they need to proceed developmentally and reach their potential. Additionally, law enforcement often encounter youth on the streets – as runaways, truant from school and sometimes as a result of low level or misdemeanor type crimes. Law enforcement officers may be unable to locate a responsible adult to receive the youth and find themselves with limited options beyond transporting the youth to juvenile detention for his/her own safety or citing and releasing the youth without access to needed services and supports. Comprehensive assessment and wrap around services are needed so youth coming into detention and those existing can return home with the support they need to be successful in their communities.

This initiative, in collaboration with initiative CD-02, Youth and Young Adult Homelessness Services, is a coordinated approach to supporting homeless youth who are at risk for involvement in the justice system and their families. Together, these initiatives expand and support the behavioral health crisis system continuum to support populations of homeless and at-risk youth whose needs are not currently being met.

This approach is also consistent with the principles of King County’s plans for behavioral health integration and health and human services transformation, which call for reduced fragmentation across systems, increased flexibility of services and coordination of care, and strong emphasis on prevention, recovery and elimination of disparities for marginalized populations.

1. Program Description

◇ A. Service Components/Design (Brief)

This program provides community-based treatment/crisis stabilization beds for youth under the age of 18 who are involved in the justice system, prioritizing those youth who may be held in detention. Community-based services and supports will be offered to stabilize the youth and family, with the intention of diversion from further justice system involvement related to behavioral health conditions. This initiative addresses a serious gap in the current behavioral health system.

Implementation of this initiative is also linked to CD-02 Youth and Young Adult Homeless Services.

◇ *B. Goals*

The goal of this initiative is to provide youth with behavioral health treatment needs in juvenile detention or before they reach juvenile detention with a comprehensive community based treatment response, including short-term crisis stabilization beds, in order to maintain or safely return youth to their homes with comprehensive supports to the family to prevent further involvement with the juvenile justice system.

◇ *C. Preliminary Performance Measures (based on MIDD 2 Framework)*¹⁰⁵

1. *How much? Service Capacity Measures*

The majority of youth who are arrested for minor crimes are referred to the prosecutor without being booked into detention; in most cases, these youth do not receive screening for needed services. This initiative focuses on this population. It is not clear exactly what the volume of crisis response needed will be nor how many youth will need to access crisis stabilization beds. CCORS will track the number of referrals by referral source (i.e., law enforcement, community, detention, etc.) as well as the number of outreaches, location, client demographics and other key service measures to ensure that the capacity of the CCORS teams meets the volume of need. They will also track crisis stabilization bed utilization and disposition.

2. *How well? Service Quality Measures*

- Increased use of preventive (outpatient) services
- Improved access to social services safety net
- Increased housing stability

3. *Is anyone better off? Individual Outcome Measures*

- Reduced behavioral health risk factors
- Reduced unnecessary incarceration, hospital, and emergency department use
- Reduction of crisis events

◇ *D. Provided by: Contractor(s)*

¹⁰⁵ Throughout 2017, review and refinement of Results-Based Accountability (RBA) performance measures for MIDD 2 initiatives will be conducted whenever applicable, in consultation with providers. Updates to performance measures that may result from this collaborative process will be reported in the next MIDD Annual Report in August 2018.

2. Spending Plan

Year	Activity	Amount
2017 July-Dec	Crisis stabilization beds	\$ 425,333
2017 Annual Expenditure		\$425,333
2018	Crisis stabilization beds	\$850,667
2018 Annual Expenditure		\$850,667
Biennial Expenditure		\$ 1,276,000

3. Implementation Schedule

◇ A. *Procurement and Contracting of Services*

Services offered under this initiative will be contracted with the YMCA and managed by staff within King County Department of Community and Human Services.

◇ B. *Services Start date (s)*

Services are expected to start in July 2017.

4. Community Engagement Efforts

This initiative, along with CD-02 Youth and Young Adult Homelessness, was developed in collaboration with the County's Juvenile Justice Equity Steering Committee (JJESC). County staff will work with the provider and a design group from the JJESC to refine this initiative to ensure that it is responsive to the population it serves and community needs. The JJESC will also participate in ongoing monitoring of implementation and operations.

Stakeholders and partners will continue to be consulted as design and implementation proceed.