



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
August 26, 2010
11:45-12:15 networking lunch
12:15 p.m. – 2:15 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Jim Adams, Bill Block, Linda Brown, Kelli Carroll, designee for Councilmember Bob Ferguson, Catherine Cornwall, Councilmember John Chelminiak, Nancy Dow-Witherbee, Jaime Garcia, Alicia Glenwell, designee for Merrill Cousin, Ian Goodhew, designee for Dan Satterberg, Shirley Havenga, Mike Heinisch, Norman Johnson, Bruce Knutson, Judge Barbara Linde, Terry Mark, designee for Jackie MacLean, Barbara Miner, Karen Murray, designee for Donald Madsen, Alan Painter, designee for Rhonda Berry, Sheriff Sue Rahr, Mary Ellen Stone, Dorothy Teeter, designee for David Fleming, Dwight Thompson, Ericka Turley, designee for V. David Hocraffer,

Other Attendees:

Bryan Baird, John Baker, John Bruels, Tricia Crozier, Stacey Devenney, Dwight Dively, Megan Farwell, Andrea LaFazia, Brandon Miles, Alex O'Reilly, Peggy Papsdorf, Amnon Shoenfeld, Mary Taylor, Mark Wirschem

1. Welcome and Introductions, Co-Chair Havenga~

Co-Chair Havenga called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

2. Approval of the Meeting Notes from the June 24, 2010 Meeting, Co-Chair Linde~

Minutes were approved by consensus.

**3. MIDD Budget Update, Dwight Dively, Office of Management and Budget (OMB)~
General Fund Budget**

The county has projected a \$60 million deficit for 2011 in the General Fund. In July, the council approved a ballot measure for November, asking voters to raise the sales tax by two-tenths of a percent. If approved, 60% of this revenue will go to the county; the remaining 40% will go to the cities and be split among them based on population. The proposal results will become known on or after November 3. The Executive is preparing his budget assuming this measure will fail and will proceed to fill the \$60 million deficit almost entirely with budget cuts. Most general fund agencies will see budget reductions of 8-12%. The ballot measure is focused on criminal justice and public safety programs, the programs likely to be added back first. When the Executive proposes his budget on September 27, it will be without the sales tax revenue. He will also offer his proposal of how the money will be spent if the sales tax is approved.

MIDD Budget

The 30% supplantation level is being maintained and the OMB is not looking at cutting programs funded by MIDD. In April, the county adopted its preliminary revenue forecasts for 2011 and at that time the combined sales tax revenue for 2010-2011 was roughly \$85.5 million. Updated forecasts have adjusted this total to as low as \$82.1 million, based on the latest regional and national economic

projections. With this downward trend, the OMB does not expect to have additional resources to add programs next year.

4. Project Staff Report, Andrea LaFazia, MIDD Project Manager~

A. MIDD OC Operating Rules, review and approval

The revised OC operating rules document, discussed and revised at the June 2010 meeting, were distributed by email to the OC on Monday, August 16, 2010. No comments or revisions were received since the June 2010 meeting. The revised OC operating rules were adopted by consensus.

B. MIDD Year Two Progress Report, review and approval

Andrea gave credit to Lisa Kimmerly, MIDD Evaluator, and the Evaluation Team for drafting the year two progress report and for making the reports more user friendly. No revisions or comments were received since it was released electronically to the OC. Andrea gave a quick page-by-page overview of the report and reminded members that the timeline associated with reports is tight.

Summary of member comments/suggested revisions:

- Ethnicity data valuable to consider in future reports
- Homeless population percentages reported are unclear
- Clear description of wraparound appreciated
- Update financial status report: remove subheadings and low org numbers

The progress report was approved as revised by consensus.

Linda Brown appreciated having these outstanding reports available, in such a timely manner, depicting this level of data.

Kelli Carroll thanked the team for the amazing, useful, and hard work done by the team.

Any additional comments, questions, or feedback regarding this report should be directed to Andrea LaFazia at andrea.lafazia@kingcounty.gov.

C. Strategy updates

Strategy 10a: *Crisis Intervention Training (CIT) program*. The Washington State Criminal Justice Training Commission, contracted with MHCADSD to implement CIT, has hired Sgt. Don Gulla of the King County Sheriff's Office. Sgt Gulla will be coordinating the implementation of CIT. The training calendar has been created through the end of 2010 and notifications have been sent to police agencies within King County offering the training and will soon be seeking participants.

Strategy 4c: *Collaborative school-based mental health and substance abuse services*. Thirteen projects are currently being implemented and are all starting at the beginning of the school year. The Youth Suicide Prevention Project will be providing one and two-day suicide prevention trainings for clinicians and stakeholders. Andrea will send out more information to the OC to distribute to their constituents. The training is free and through the MIDD 4c incentives may be provided to schools for participation.

A copy of the MIDD Annual Report and the DCHS Annual Report was included in member packets.

5. Co-Chairs Report, Co-Chair Havenga~

Co-Chair Havenga announced the remaining OC meeting schedule for 2010 and released the schedule for 2011. The meeting times will remain the same, but due to the holidays, the November and December meeting has been combined into one early December meeting. The new schedule is:

2010 Meeting Dates

September 23, 2010
October 28, 2010
December 2, 2010

2011 Meeting Dates

February 24, 2011
April 28, 2011
June 23, 2011
August 25, 2011
October 27, 2011
December 8, 2011

~

Sheriff Rahr was recognized for her outstanding efforts as the 2008-2010 MIDD OC Co-Chair, and was presented with an award. She was acknowledged for her absolute leadership, commitment, dedication, and accomplishments around the state and on a national level of doing a better job for people with mental illness.

6. MIDD Crisis Diversion Services Update, Amnon Shoenfeld, MHCADSD Director~

The Crisis Diversion Center is actually three linked programs making up strategy 10b of the MIDD Plan. The linked programs are a Crisis Diversion Facility (CDF) where police and other first responders may refer adults in crisis for evaluation and referral to appropriate community-based services, a Crisis Diversion Interim Services Facility (CDIS) which will serve as a place where people leaving the CDF who are homeless may receive up to two weeks of further stabilization and linkage to housing and services, and a Mobile Crisis Team that will respond to police to provide on-site evaluation and crisis resolution as well as linkage to the CDF.

The goal of the program is this strategy seeks to improve the lives of those impacted by mental illness and substance abuse by providing therapeutic alternatives in the community resulting in reduced admissions to jails, hospital emergency departments and psychiatric hospital inpatient units.

Background

- King County started the Criminal Justice Initiatives in 2003 with \$2 million and funded a number of programs to help people get assessed and released from jail with housing and services. There was not enough money for pre-booking diversion programs.
- When the 1/10 of 1% sales tax was being explored for King County, Crisis Diversion was identified by numerous stakeholders as one of the most important components of the plan.
- Once the MIDD was approved by the King County Council, intensive planning for the strategy with representatives from police, courts, hospitals, jails, mental health consumers and advocates, community providers and others occurred from April 2008 to February 2009.

- Workgroups were convened and workgroup members visited crisis facilities around Washington State (Yakima, Skagit, Whatcom, Pierce and Spokane) as well as San Antonio, Texas. County staff extensively researched the literature on crisis and jail diversion.
- County staff developed draft recommendations and presented them to the MIDD OC, and after comments were received more meetings were held to refine the model.
- Special thanks to Ian Goodhew, Deputy Chief of Staff for the King County Prosecutor, for developing the legal parameters and eligibility criteria for the program, and to Darcy Jaffe from Harborview for drafting medical exclusionary criteria.
- A request for proposal was released in August, 2009 and Downtown Emergency Services Center (DESC) was selected for the CDIS program. A decision was made to rebid the other components.
- A revised RFP was released in March, 2010. In early July, DESC was announced as the successful bidder for the CDF and Mobile Crisis Teams.

MHCADSD is currently in contract negotiations with DESC and will be completing that soon. DESC is proposing to co-locate all three components of the Crisis Diversion Strategy at a site they have secured in the city of Seattle, with easy access to I-5 and I-90 and not far from the King County Correctional Facility and Harborview. They have named their site the Crisis Solutions Center.

Timeline for Implementation

- September 2010: MHCADSD will hire a Program Manager to coordinate and monitor the Crisis Diversion Services (CDS) and Crisis Intervention Training strategies, staff the MIDD OC CDS strategy sub-committee.
- August 2010-January 2011:
 - Each successful proposer is expected to be at full staffing capacity, including location and licensure and certification requirements met, no later than six months from the date the contract is executed.
 - Start-up phase: policies and procedures developed in partnership with the MIDD OC CD strategy sub-committee and provider, provider works on neighborhood notification, permitting, zoning and other related siting requirements. Building remodeled to meet licensing and program requirements for the facility. Staff hired and fully trained prior to opening facility.
 - Public information campaign developed and begins in coordination with MIDD strategy10a Crisis Intervention Training project.
- February 2011: Crisis Diversion Services open.
This will create 40-50 new job opportunities for DESC.

Kelli relayed a message from Councilmember Ferguson, thanking the City of Seattle for their help in welcoming the diversion center.

7. MIDD OC Member Check In

Bill Block passed out copies of the Committee to End Homelessness (CEH) Annual Report. He also provided an update about client care coordination (CCC): coordinated entry to new housing programs for chronically homeless single adults dealing with severe mental illness or chemical dependency. The CCC created a list of homeless individuals who are extremely vulnerable or repeatedly cycling in and out of hospitals, jails or mental health institutions and uses this information to coordinate care and referrals to supportive housing. When agencies open new facilities, they place people directly into housing using this list. In this way, the housing created is targeted precisely to the people for whom it is designed. Through the collaborative efforts of

MHCADSD and Public Health, the Client Care Coordination Team was developed. This team assembles data from the jail, Harborview and the Sobering Center to create a list of high utilizers. If someone is not showing up on a high-utilizer list, there may be an opportunity for a provider to conduct a vulnerability assessment, created by DESC and tested at UW for validity. The CCC team meets with the provider opening the facility, looks at individuals fitting a profile of what the facility is funded to serve. Rather than looking solely at provider wait lists, the team will also search the community to determine who should be admitted into this facility.

Mike Heinisch shared that Valley Cities, Kent Youth and Family Services, and Auburn Youth Resources were awarded 15 of 30 slots for a program called Coming Up about two years ago. Those slots quickly filled within a year, and were to serve 15 homeless, mentally ill, young adults. This summer, United Way picked up the remaining 15 slots with section 8 vouchers, not using MIDD funds.

Jim Adams reported that HUD, across the board, has come up with an amazing number of apartments for single, mentally ill individuals and people are now in them. DSHS has changed their organization and the new systems in place now are working so much better, with more sensitivity toward the mentally ill, and providing assistance much faster than in the past.

8. New Business

Amnon announced the 11th Annual Exemplary Service Awards will be Thursday, September 30, 2010, at St. Mark's Episcopal Cathedral, Bloedel Hall, 1245 Tenth Avenue E, Seattle, at 4:30 p.m. - 6:30 p.m.

He went on to announce the awards. The recipients are:

- Valley Cities will receive two awards, one for the Peer-to-Peer Support Program and one for the Veterans Services Program.
- Michael Buchert, Sound Mental Health's Forensic Intensive Supportive Housing Program.
- NAVOS, for Tobacco Free Campus Initiative.
- Kimberly Mays, King County Superior Court, for Peer-to-Peer Support Services.
- Barbara Mauer, Director's Award for Lifetime Achievement
- Jim Adams, for Advocacy and Social Inclusion.

9. Public Comment

Terry Mark announced Valley Cities Landing is having a ribbon cutting ceremony and barbeque, Friday, August, 27, 2010, located at 2516 I Street NE, in Auburn from 4 p.m. to 7 p.m.

Co-Chair Linde thanked everyone for coming.

ADJOURN at 1:45 p.m.

Next Meeting

September 23, 2010

King County Chinook Building

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 2:15 p.m. ~ Meeting

Rooms 121 & 123