



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
March 24, 2016
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 2:00 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members: Alex O'Reilly (designee for Lynne Robinson), Ann McGettigan, Betsy Jones (designee for Rhonda Berry), Brenda Fincher (designee for Dave Asher – by phone), Bridgette Folz (designee for Darcy Jaffe), Claudia D'Allegrì, Dave Asher, Jeanette Blankenship, Jorene Reiber (designee for Lea Ennis), Johanna Bender (Co-Chair), John Urquhart, Ketu Shah (designee for Donna Tucker), Leesa Manion (designee for Dan Satterberg), Lindsey Campbell (designee for Ashley Fontaine), Lucy Woodworth (designee for Ashley Fontaine), Lynne Robinson, Mario Paredes (designee Norman Johnson), Mary Ellen Stone, Mary Taylor (designee for Barbara Miner), Merrill Cousin (Co-Chair), Mike Heinisch, Nancy Dow, Susan Craighead, Terry Mark (designee for Adrienne Quinn).

Other Attendees: Anita Khandelwel, Dan Story, Doreen Booth, Elly Slakie, Emmy McConnell, Jaine Fajulo, Jesse Benet, Josephine Wong, Keith Saali, Kelli Carroll, Kimberly Cisson, Lan Nguyen, Laurie Sylla, Steve Andryszewski, Terra Rose, Titus Chembukha.

1. Welcome, Introductions, Co-Chairs Report

National Alliance on Mental Illness (NAMI) Greater Seattle will hold a fundraising walk on Saturday, June 4 at Marine Park in Kirkland. King County Behavioral Health and Recovery Division (BHRD) will gather a team with Jim Vollendroff and many others, and the Oversight Committee is invited to walk with BHRD.

2. MIDD Financial and Budget Report, Steve Andryszewski

The change since last month's report is the End Fund Balance amount for 2015/2016: \$18,154,013, based on the Office of Economic and Financial Analysis (), is \$1.8 million greater than was projected last fall and is the result in an increase in revenue. The estimated Ending Undesignated Fund Balance is now projected to be \$3,331.574.

3. ACTION ITEM: Approve Fund Balance Work Group Recommendations, Co-Chairs Bender and Cousin, with Kelli Carroll, Strategic Advisor, Behavioral Health and Recovery Division (BHRD)

- The Fund Balance Work Group completed its winter round of work last week and forwarded recommendations to the Oversight Committee for consideration and action. Kelli Carroll and Brigitte Folz co-chaired the process. The committee did a nice job of meeting unmet needs of County residents. Recommendations include Substance Use Disorder (SUD) services (residential, detox, and opiate overdose response), trauma-informed care training, Supported Employment, Adult Drug Court housing vouchers and other homeless housing support, a Trans resource and reference guide, a bilingual facilitator for the Step-Up program, and other mental health and substance use disorder services. Please see handout (insert handout name here and append it to the minutes).
- City of Bellevue Councilmember Lynne Robinson announced that the City of Bellevue has set new goals for increased housing and appreciates the increased funding for housing,

which relates to the housing recommendation included by the MIDD Fund Balance Work Group.

- Residential SUD services are now opening and being developed in King County include Perinatal Treatment Services, SeaMar Behavioral Health on First Hill, and others.
- Jim Vollendroff noted that Vashon Youth and Family Services (VYFS) requested for a one-time payment of \$80,000 to keep the agency viable and provide needed behavioral health services to island residents. Jim asked the Oversight Committee to consider adding the new request for VYFS of \$80,000 to the list of recommendations for the use of MIDD fund balance, despite the request coming after the Fund Balance Work Group had concluded its work.
- Many Oversight Committee members weighed in on the importance of VYFS's work in support in response to an increasing number of suicides on Vashon.
- A question was raised about how spending of the funds would occur. Staff noted that the funds would be encumbered allowing for spending in 2017. It was reiterated that like the bulk of fund balance recommendations, these are one-time funds.
- It was noted that VYFS is reexamining its financial structure and looking at funding sources for 2017 and after.
- Also discussed was the bilingual facilitator for the Step-Up program. Mary Taylor explained that the recently expanded Step Up program in conjunction with others were successful in keeping kids out of detention. A recent increase in Spanish-speaking families in the program has led to an immediate need for a bilingual facilitator in Spanish and English, with Spanish being the only prevalent non-English language in the program.
- Kirkland City Councilmember and Sound Cities Representative Dave Asher requested a more analytical approach to this work in the future, including a more rigorous assessment of needs and assessment of outcomes. He raised six questions that he would like answered;
 - What is the unmet need versus total need?
 - What is currently being done by MIDD and other funding sources?
 - What is MIDD's responsibility and why?
 - What are the most effective tools we have to address the need and how do we know?
 - What is the most effective use of the next available dollar?
 - How much fund balance is too much?
- King County staff acknowledged that it seeks a good return on our investments, noting that certain data is already available, including that King County is 48th in the country in the number of mental health beds and that people are having to leave King County to get SUD treatment.
- Department of Community and Human Services Director Adrienne Quinn noted that staff is examining where MIDD investments "braid" together with other investments, such as Best Starts for Kids.
- Co-chair Cousin cautioned that really thorough assessment of community needs required drawing upon many data sources, which could cost hundreds of thousands if not millions of dollars. She also noted that even though MIDD communication on data and evaluation may not have achieved the level of clarity Councilmember Asher is asking for, MIDD II is being shaped with an eye toward enhancing our data and reporting.
- The Oversight Committee considered asking the Fund Balance Work Group to reconvene once more to discuss Vashon YFS's request for funding and any other needs that might not

have been raised before. Instead, the Oversight Committee agreed by consensus that the recommendations of the Fund Balance Work Group would be approved with the addition of the VYFS request for a number of reasons, including that the Work Group had heard about VYFS's needs at its last meeting on March 18th. The Oversight Committee directed that the stabilization pool be scaled to include the VYFS addition. All recommendations will be equally advanced to the Executive and the Council. It is clear which ones are scalable and which amounts are fixed.

- Co-chairs Bender and Cousin spoke to the importance of transparency for the OC's processes and explained the consensus process: if there was not complete agreement on decisions made by the OC, those who did not agree would be asked if they were willing to stand aside to let the decision move forward and if they were not, the decision would be voted on by voice vote. No one blocked consensus on the Fund Balance Recommendations, as amended, from going forward.
- The Fund Balance Work Group will also discuss Councilmember Asher's questions at a future meeting, to be scheduled.
- The Co-chairs will send a letter outlining the MIDD OC decision and recommendations to the Executive and Council for their respective consideration of future supplementals.

4. Briefing Paper Panel Review Debrief Kelli Carroll, Strategic Advisor, Behavioral Health and Recovery Division (BHRD)

- Ms. Carroll noted that the panel review sessions were extraordinary and offered many thanks to staff who developed briefing papers. She noted that the panels brought perspectives together from government, providers, and communities. She relayed the expectation of panel members on follow-through with respect to community involvement: "Don't ask us back if you're not going to act on what we say."
- There was a request for investing in an assessment of outcomes of interest to communities in addition to investing based on this input.
- Ms. Carroll stated that on March 28, 10:30a.m., there will be a celebration to thank staff for their hard work on the briefing papers, and the OC is encouraged to attend. She invited all Oversight Committee members to attend.
- Next steps: April 22 is the release date of MIDD II funding and programmatic recommendations resulting from the process that culminated in the briefing papers and panel review and "sorting" of concepts and programs discussed in the papers.
- The OC will then have one week to reflect on these recommendations before the Friday, April 29 meeting (note the date is Friday rather than Thursday). At the April 29 meeting, the OC will discuss the recommendations. There will be public input at the April 29 meeting, so the meeting will be extended past 2pm as necessary.
- There will also be opportunity for the public to comment electronically between April 22-May 6. The Council budget process also includes opportunity for public comment.
- OC members urged that recommendations be written in a way that the public will fully understand why a program was being recommended for funding. Also, a cultural competency focus should be utilized when identifying programs is important. The needs of communities for increased accessibility of contracting opportunities with King County was the subject of a group discussion that recently happened as part of the work of the Juvenile Justice Equity and Steering Committee.

5. MIDD Oversight Committee Role and Composition Discussion and Initial Recommendations, facilitated by Kelli Carroll, in place of Christina Hulet, who was absent due to illness.

- The OC formed into four small groups to discuss the role (“how”) and composition (“who”) of the future MIDD II OC.
- Ms. Carroll recommended the groups use the Values and Guiding Principles as revised August 27, 2015 to recommend changes. The four small groups discussed the role and composition questions through four perspectives and then reported back on them:

1. Cultural Competency and Equity and Social Justice Lens/Focus

- We need greater representation from coalitions and other groups, particularly those that can speak for multiple groups/constituencies.
- MIDD outcomes, activities, and services should be culturally competent.

2. Community Driven

- Need more balance between community members and King County staff.
- Need fewer King County seats.
- No specific King County member should be excluded but equalizing is needed.
- Could have a Consumer Advisory Committee with seats on the Oversight Committee.
- Members need to represent not only their voice but ensure input from the group you are representing is reflected on MIDD topics.
- Each member should sign a commitment to represent their group’s view.
- Chartered subcommittee(s) or standing advisory committee(s) could be a way to bring more voices and perspectives to the table

3. Voices of Youth

- University of Washington Dream Project is a potential partner.
- The Mockingbird Society specializes youth aging out of foster care; they could have seat on Oversight Committee.

4. Client Centered

- Need peers; peers could have experience with the Substance Use Disorder treatment system or Legal Services.
- There should be seat on the Oversight Committee for a peer.
- A Public Defender social worker would be especially helpful.

6. Public comment ~ None signed up.

ADJOURNED at 1:55 p.m. with the reading of part of a poem offered by Nancy Dow.

Next Meeting: Friday, April 29, 2016

King County Chinook Building, Rooms 121 & 123

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 2 p.m. extended to 3 p.m. for public comment ~ Meeting