

Get to Know the PFS-KC

What are Protective Factors?

Protective Factors are conditions or attributes in individuals, families, and communities that promote the health, well-being, and resilience of children and families.
-Center for the Study of Social Policy: Strengthening Families Framework

RATHER THAN FOCUSING ON RISK FACTORS, OR DEFICITS, PROTECTIVE FACTORS FOCUS ON STRENGTHS AND RESILIENCE IN FIVE DOMAINS:

FAMILY RESILIENCE

Families have adaptive skills and strategies to persevere when faced with challenges, crisis and/or trauma.

KNOWLEDGE OF PARENTING & CHILD DEVELOPMENT

Parents/caregivers have age-appropriate expectations for children's abilities and understand and use consistent, effective child-care techniques.

SOCIAL SUPPORTS

Having support from family, friends, or neighbors that helps provide for emotional needs.

CONCRETE SUPPORTS

Access to tangible supports and services that help families cope with stress.

CAREGIVER/PRACTITIONER RELATIONSHIP

The supportive, understanding relationship between caregivers and practitioners that positively affects parents' success in participating in services.

 King County

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KIDS

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