### KING COUNTY BOARD FOR DEVELOPMENTAL DISABILITIES AUGUST AGENDA

**Community Sharing and Celebrations:** Community members are asked to limit their sharing of information to three minutes each unless pre-arranged with Staff. We ask that all presenters share information with courtesy and respect to the audience.

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| <b>TIME</b> 3:30 p.m. | ITEMS Welcome and Board Member Introductions   | PRESENTERS Chair and Board          | ACTION Information            |
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| 5:30                  | Adjourn  | Chair                               |                               |

### **Greetings!**

- Welcome to August Board for Developmental Disabilities Meeting.
- The meeting is scheduled to begin at 3:30p.m. If the meeting does not start at 3:30p.m., please stand by as we may be experiencing technical difficulties in launching the meeting on time.

# Closed Captioning and American Sign Language (ASL) Interpretation

- Closed Captioning of the meeting is available by clicking the **CC** icon at the bottom of your screen.
- If you need ASL interpretation please request it in the Chat Box and staff will allow you to pin the screen of the ASL interpreter.

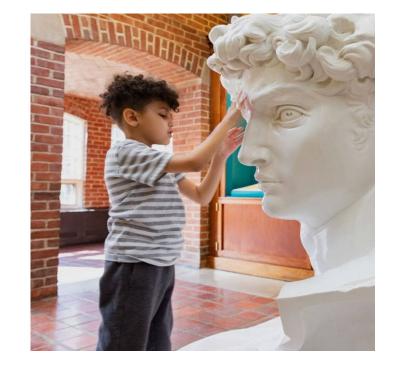
### We Do Audio Description

### WHY?

Help low-vision people picture you

### HOW...

Say your name. Use "<u>AGREED</u>" to describe yourself



### **NAME**

- Age
- Gender/Gender Expression
- Race/Skin Color/Ethnicity
- Eye and Hair Color
- Environment/Background
- Dress/Clothing/Wearables

## Presentations & Presenters

Presenters give contact information at the end of their presentation. Look in the Chat Box and feel free to contact them. Some of their slide shows and information sheets will be posted on our website.



### What is a Developmental Disability?

The Washington State **Developmental Disabilities** Administration (DDA) defines a developmental disability as a disability attributed to an intellectual disability, cerebral palsy, epilepsy, autism, or another neurological or other condition.



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# CHAIR'S REMARKS

August 2025

August Board Presentation

Members of the King County Women's Advisory Board will share an overview of the Board and their activities.

# August Board Presentation

Ashley Ewings, staff with DDECSD, will provide an overview of the King County Early Supports for Infant and Toddlers program and share her work in Centering Black Excellence within the program.

### NovemberBoard Meeting

The Board will hold the next hybrid quarterly meeting on Wednesday, November 5, 2025, from 3:30 - 5:30 p.m.

### **Board Activities**

Two Board Members presented at the Developmental Disabilities and Early Childhood Supports Division Resource Fair on May 29th, at the Microsoft Campus in Redmond.

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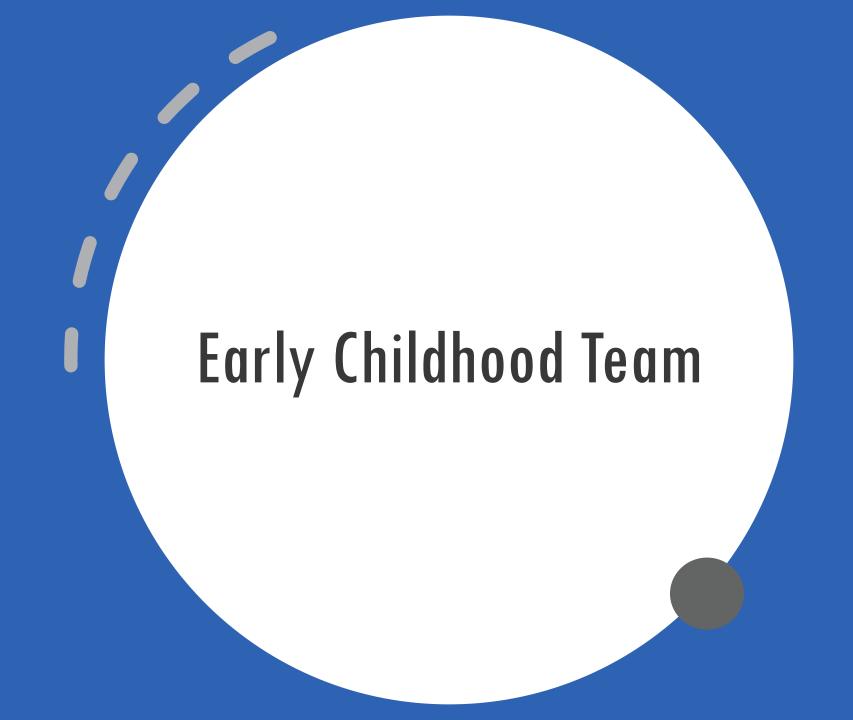












### What's going on?

**ESIT Scholarship Request for Application (RFA)** | The Early Support for Infants and Toddlers (ESIT) Career Pathways Pilot Scholarship Year two has concluded a RFA process and will award eight ESIT providers across King County!

**RFx Season** It's a busy summer as several Early Childhood team strategies currently have open procurements. Our team is working on mini grants for Workforce Development, an ESIT Request for Proposals (RFP), and an RFP for Universal Developmental Screening.

### What's coming up?

**Best Start for Kids (BSK) Workshops** | \*IN PERSON\* It Takes All of Us: Community Lactation Practices for Thriving Children | 10/6/25, 9:30 a.m. - 4:00 p.m.

• This one-day workshop is designed for professionals working with pregnant and parenting people who want to deepen their understanding of lactation through a decolonizing lens. Join us to understand the role we can ALL take as community partners to support lactation.

Check out the BSK Workshops website for information on more workshops!

Workshops | Best Starts for Kids

# Adult Services Team

### What's going on?

Language Access Training | The Adult Services team partnered with Norma Lobo from the ESIT team to provide a Language Access training for service providers this past month.

### What's coming up?

In Person Provider Event | The Employment/Community Inclusion and School-to-Work Teams are planning a provider gathering in October 2025. The event will include elements of training, networking and information sharing. More information will be shared as we get closer to the event.

# Community Information Outreach and Referral Team

### What's going on?

Online 2026 Legislative Priorities Survey | The King County Developmental Disabilities and Early Childhood Supports Division (DDECSD) recently closed the Online 2026 Legislative Priorities Survey. Thank you to everyone who participated in the survey. Your feedback is valuable!

#### **How We Will Use Your Feedback**

- Legislative input will help us decide what King County's intellectual and developmental disabilities and delays legislative priorities will be for 2026. These priorities will be shared with legislators at our annual Intellectual and Developmental Disabilities and Delays Legislative Forum in the fall of 2025. Legislative issues are those that may need laws or government funding to make changes.
- Administrative input will help us administer the programs for which we provide oversight. Administrative issues are those that impact King County residents but do not require a change in laws. You can learn more about the services we administer on our website: <a href="https://kingcounty.gov/ddecsd">https://kingcounty.gov/ddecsd</a>.

### What's coming up?

Legislative Forum | Please Save the Date for the King County Developmental Disabilities and Delays Legislative Forum! We hope you will join us for our 36<sup>th</sup> annual Developmental Disabilities and Delays Legislative Forum!

Registration details will be shared in September 2025. More details to come on our website:

www.kingcounty.gov/disabilities-forum.



Save the Date!

KING COUNTY
DEVELOPMENTAL
DISABILITIES AND
DELAYS
LEGISLATIVE
FORUM





Time: 6:00 - 8:30pm

**Location:** DoubleTree Suites, 16500 Southcenter Parkway,

Seattle, WA 98188

More details to come:

kingcounty.gov/disabilities-forum





# DDECSD Disability Inclusion and Lived Experience Coordinator

The King County Developmental Disabilities and Early Childhood Supports Division has posted a <u>Disability Inclusion and Lived Experience Coordinator</u>, <u>Project/Program Manager III (Career Service)</u> position, which closes on August 9, 2025. This position is responsible for:

- Supporting individuals with Intellectual and Developmental Disabilities to fully participate as board members on the King County Board for Developmental Disabilities;
- Facilitating inclusion of individuals with disabilities and lived experience in division policy-making activities including workgroups, committees, and advisory groups; and
- Analyzing division services and community input and making recommendations to improve processes, procedures, and services.

Please help us spread the word and encourage folks to apply!

### Seeking input

### Please reach out if you have input/ feedback!

- Jim Ott, jim.ott@kingcounty.gov
- Michaelle Monday, michaelle.monday@kingcounty.gov
- Magan Cromar, magan.cromar@kingcounty.gov
- Holly Woo, <a href="mailto:holly.woo@kingcounty.gov">holly.woo@kingcounty.gov</a>

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from the

Developmental Disabilities Community Services

Region 2, King County



### **Developmental Disabilities Community Services Updates:**

- Enhanced Case Management Program increase to 1:33
- Updates Regarding Reimagining DSHS
- Intake and Evaluation Backlog Reduced processing applications within one month of receipt
- Assigning Initial Assessments to Case-Carrying Case Resource Managers
- Waiver Capacity
- Budget
- Hiring

### **Contact Information**

Cat Braid (she/her)

Field Services Administrator (FSA)

**Developmental Disabilities** 

Community Services (DDCS)

Region 2

Phone: 206.550.4280

Email: Catriona.Braid@dshs.wa.gov

Sheila Collins (she/her)

Field Services Administrator (FSA)

**Developmental Disabilities** 

**Community Services (DDCS)** 

Region 2

Phone: 206.643.0972

Email: Sheila.Collins@dshs.wa.gov



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### We Are Taking A Break...

While you are waiting stretch, drink, and have a snack







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# King County Women's Advisory Board

King County Board for Developmental Disabilties 8/6/2025



### Women's Advisory Board

### King County Women's Advisory Board



### Improving the Lives of Women in King County

Established in 1978, the King County Women's Advisory Board (WAB) is a Council-nominated board. Each King County Councilmember gets to nominate someone from their district to serve as a district representative on the board. The Board makes recommendations to the King County Executive and King County Council to ensure King County takes into account the needs, rights, and well-being of women.

### WAB Purpose

The King County Women's Advisory Board shall act in an advisory capacity to the County Executive, the County Council, and the Women's Program with respect to matters concerning them. The Board shall examine and define issues pertaining to the rights and needs of women in the County, prioritize unmet needs of women, and make recommendations to the County Executive and the County Council to meet those needs.

It shall act in conjunction with the Women's Program Coordinator in the following actions:

- Document the needs of women in King County;
- Recommend ways that the existing service-delivery system can be more responsive to the needs of women;
- Act as a proponent within the County government to improve the status of women;
- Implement a decentralized program, working with designated field representatives and other ongoing agencies to design and carry out program activities that will improve the status of women;
- Make recommendations to the County Council and the County Executive on legislation, policies, programs and funding necessary to carry out the purposes of Ordinance No. 4964;
- Inform and educate the public regarding the status of women.

### WAB Nuts and Bolts

- We meet the second Wednesday of the month 4:00 6:00 p.m.
- Meetings are virtual and possibly hybrid
- All WAB meetings are public meetings
- Open public meeting and public records acts apply
- WAB appointments and term limits
- Annual Conflict of Interest Attestation
- Code of conduct form
- Enabling legislation and WAB Bylaws
  - Rotating Chair three meetings
  - Quorum and voting
- Outlook email
- Inclusivity

#### KING COUNTY WOMEN'S ADVISORY BOARD BY-LAWS

NAME

King County Women's Advisory Board (Hereinafter referred to as "Board")

II. PURPOSE

The King County Women's Advisory Board shall act in an advisory capacity to the County Executive, the County Council, and the Women's Program with respect to matters concerning them. The Board shall examine and define issues pertaining to the rights and needs of women in the County, prioritize unmet needs of women, and make recommendations to the County Executive and the County Council to meet those needs.

It shall act in conjunction with the Women's Program Coordinator in the following actions:

- A. Document the needs of women in King County;
- B. Recommend ways that the existing service-delivery system can be more responsive to the needs of women;
- C. Act as a proponent within the County government to improve the status of women:
- D. Implement a decentralized program, working with designated field representatives and other ongoing agencies to design and carry out program activities that will improve the status of women;
- E. Make recommendations to the County Council and the County Executive on legislation, policies, programs and funding necessary to carry out the purposes of Ordinance No. 4964;
- F. Inform and educate the public regarding the status of women.

#### III. MEMBERSHIP OF THE BOARD

- A. The Board is composed of one member nominated from each County Council District and two members nominated at-large by the County Executive. These nominees shall be appointed by the County Executive and confirmed by a majority of the County Council. Members must be residents of King County.
- B. TERMS OF OFFICE

The term of office shall consist of three (3) years. No member shall serve more than two consecutive full terms on the Board.

C. VACANCIES

Any vacancy occurring in the membership shall be filled for the remainder of the unexpired term by the appointing authority.



WAB 2023–2025 focuses on developing a set of Healthy Aging and Thriving Recommendations

# WAB Recommendations

# Recommendations: Develop, Write, Share, and Process



Choose topic area



Invite community leaders, KC staff, and organizations that work in the topic area to share their needs



**Develop** recommendations



Draft recommendations



Finalize recommendations



Present, email, and meet one-onone with: Community organizations and leaders; KP Exec & KC Council

## WAB - Presentations

- At WAB meetings, Board members heard a series of presentations designed to deepen their understanding of the needs and priorities of older adults in King County.
   These presentations were delivered by the following organizations:
- 1. Age Friendly Seattle
- 2. Service Employees International Union 775 (SEIU 775)
- 3. Khmer Community of Seattle King County (KCSC)
- 4. Women United (WU)
- 5. Catholic Community Services (CCS)
- 6. Intercultural Children and Family Services Sound Transit
- 7. Hopelink
- 8. City of Seattle, Alex O'Reilly (Aging and Disability Services Advisory Council Chair); Phung Nguyen (Area Agencies on Aging (AAA) Primary Care Liaison)
- 9. City of Seattle, Alex O'Reilly (Aging and Disability Services Advisory Council Chair); Meg Woolf (Lead for the Age Friendly Seattle)
- 10. Eastside Friends of Seniors
- 11. The Center for Active Living

# WAB Healthy Aging and Thriving Draft Recommendation

- Caregiving
- Transit
- Housing
- IT Access and Accessibility
- Information and Referral for Seniors
- Local/Regional Age-Friendly Hubs
- Create an Age Friendly King County initiative
- **Kinship Care-** caring for other family member's children, most of this work is provided by older women.



## WAB Healthy Aging and Thriving

- After the recommendations are finalized
- Board members will:
  - Present
  - Email
  - And meet one-on-one with: Community organizations and leaders; KP Exec & KC Council



## Questions?

#### King County Women's Advisory Board

Adult Services Division Boards and Commissions



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# Early Support for Infants and Toddlers & Centering Black Excellence



Presentation for the King County Developmental Disabilities Board

Ashley Ewings 8/6/2025

# Today...



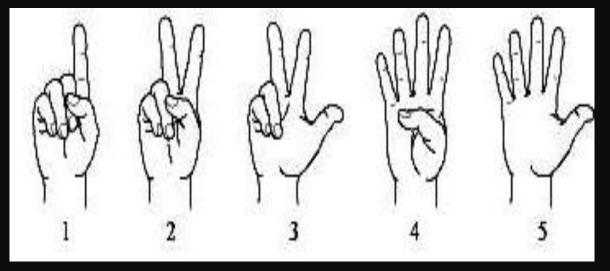
- Early Support for Infants and Toddlers (ESIT)
- Centering Black Excellence in King County ESIT
- Questions/Reflections

Early
Support for
Infants and
Toddlers





Who has heard of Early Support for Infants and Toddlers?



Never Heard of It.

Really Know It.

# What is ESIT?



#### ESIT is called a lot of different names:

- Birth-To-Three Services
- Early Intervention Services
- Part C services
- Early Supports
- Early Support for Infants and Toddlers (ESIT)

# What is Early Support for Infants and Toddlers (ESIT)?



Comprehensive services and supports to:

- Enhance a child's development
- Help parents understand how to help their children grow and develop.
- Tailored to meet child's and family's individual needs.

Available to all eligible children **ages birth to three** with developmental
delays or disabilities and their families **regardless of income**.

No citizenship requirement

### Full Service ESIT Providers in King County

- Akin (formerly Childhaven)
- Birth to Three Developmental Center
- Boyer Children's Clinic
- Children's Therapy Center
- ChildStrive
- Encompass
- Kindering Center
- Northwest Center Kids
- Wonderland Child & Family Services
- UW-Experimental Education Unit/EEU



# Countywide Service Agencies Supporting Deaf/Hard of Hearing Children & Families

- Hearing, Speech and Deaf Center—Parent Infant Program
- Listen and Talk
- Northwest School for Deaf/Hard of Hearing Children—Family Conversations

# Who is eligible for Early Supports?

#### **Child is Birth to Three Years and:**

- 1. Has a 25% delay in one or more developmental domain, OR
- 2. Has a diagnosis with high probability of developmental delay, <a href="https://www.dcyf.wa.gov/sites/default/files/pdf/esit/QualifyingDiagnosisList.pdf">https://www.dcyf.wa.gov/sites/default/files/pdf/esit/QualifyingDiagnosisList.pdf</a>
  \*Prematurity is a qualifying diagnosis

OR

3. Evaluation team uses "Informed Clinical Opinion"

# What do services look like?



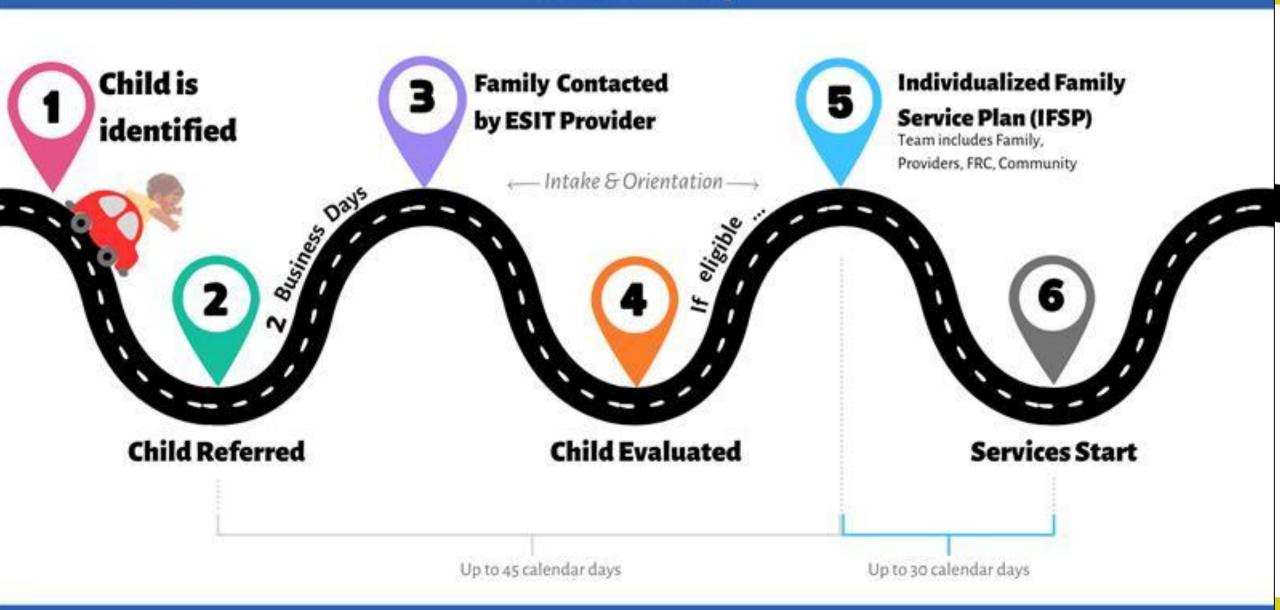
#### **EVERYONE gets:**

- Family Resources Coordinator
- Evaluations and Assessments both Initially and Ongoing

#### **Most common services:**

- Early Education
- Speech Therapy
- Occupational Therapy
- Physical Therapy
- Feeding and Nutrition Support
- Interpreter Services available for families

# Early Support for Infants and Toddlers (ESIT) Roadmap



# What are impacts of Early Support for Infants and Toddlers?

- Children close the gap on delays and prepare child to be Kindergarten ready.
- Whole family gets support and skills to help child.
- Parents learn how to advocate for their children in education settings.
- Smoother transitions if child does qualify for school district services at 3.

# Who are we serving in King County ESIT?

#### July 1, 2024 – June 30, 2025

7,249 children ages 0-3 and their families (223 more than previous fiscal year)



| Asian                   | 1,451 | 20.0% |
|-------------------------|-------|-------|
| Black/African American  | 701   | 9.7%  |
| Latinx/Hispanic         | 1,443 | 19.9% |
| Native American/Alaska  |       |       |
| Native                  | 42    | 0.6%  |
| Native Hawaiian/Pacific |       |       |
| Islander                | 60    | 0.8%  |
| Two or more             | 798   | 11.0% |
| White                   | 2,748 | 37.9% |

#### Please don't wait and see!

"Economic, health, and family focused data each underscore the critical role of **timely referral** for relationship-based, individualized, accessible early ... (support) services and the need for collaborative partnerships in care."

https://pediatrics.aappublications.org/content/pediatrics/132/4/e1073.full.pdf



Who can refer a child to ESIT?

Anyone!
Families can
Self-Refer

Doctor referral is not needed

#### **Please Contact:**

**King County Resource Access Team:** 

Phone: (206) 204-3536

Email: ESIT@kingcounty.gov

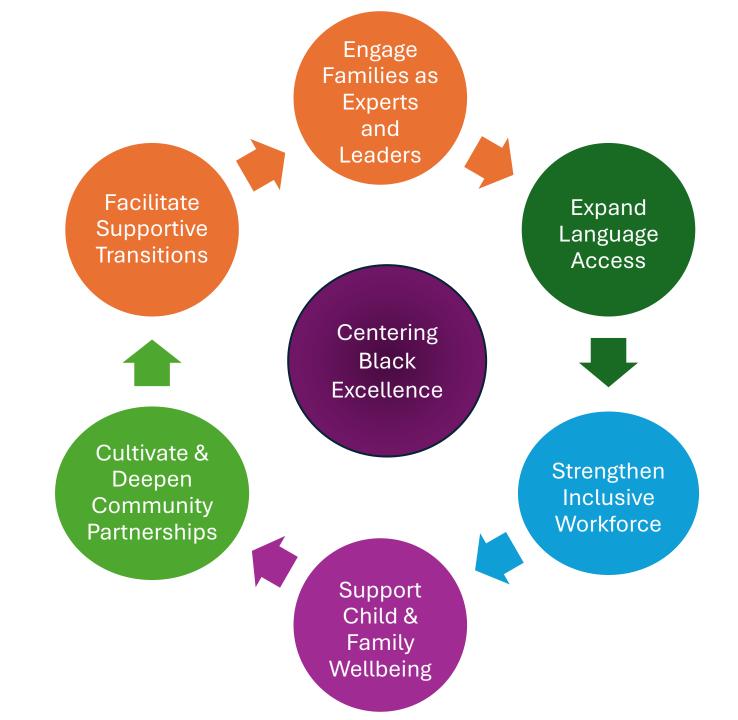
**FAX:** (206) 299-9146

OR,

Use this map tool to find closest provider:

**ESIT Provider Search** 

King
County
ESIT Strategic
Priorities



# Questions?





## What is a SMARTIE Goal?

Goals are a concrete way to drive results, but without an explicit equity and inclusion component, goals won't produce better outcomes for communities, address disparities, or support belonging. Introducing SMARTIE goals!

SMARTIE stands for:

| • | STRATEGIC | Reflects an important dimension of what your organization seeks to accomplish (programmatic or |
|---|-----------|--|
|   |           | capacity-building priorities).   |

- MEASURABLE Includes standards by which we can agree on whether the goal has been met (by numbers or defined qualities).
- AMBITIOUS Challenging enough that achievement would mean significant progress—a "stretch" for the organization.
- REALISTIC
   Not so challenging as to indicate lack of thought about resources, capacity, or execution; possible to track and worth the time and energy to do so.
- TIME-BOUND Includes a clear deadline.
- INCLUSIVE Brings the people who are most impacted into processes, activities, and decision/policy-making in a way that shares power.
- **EQUITABLE** Seeks to address systemic injustice, inequity, or oppression.

Here's how we're working to develop our SMARTIE Goal Centering Black Excellence for King County ESIT:

- Creating Community Conversations with Black/African American families and providers
- Hosting 4 sessions in different parts of King County and 1 virtual this fall
- Looking more deeply at data we have—both quantitative and qualitative—both ESIT program data & county population data
- Considering other resources, writing and reports (literature review)

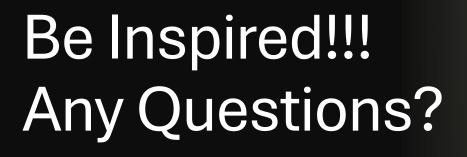


We're looking for families to join the Community Conversations with the Black Diaspora this fall

# Help us connect with Black/African American King County residents:

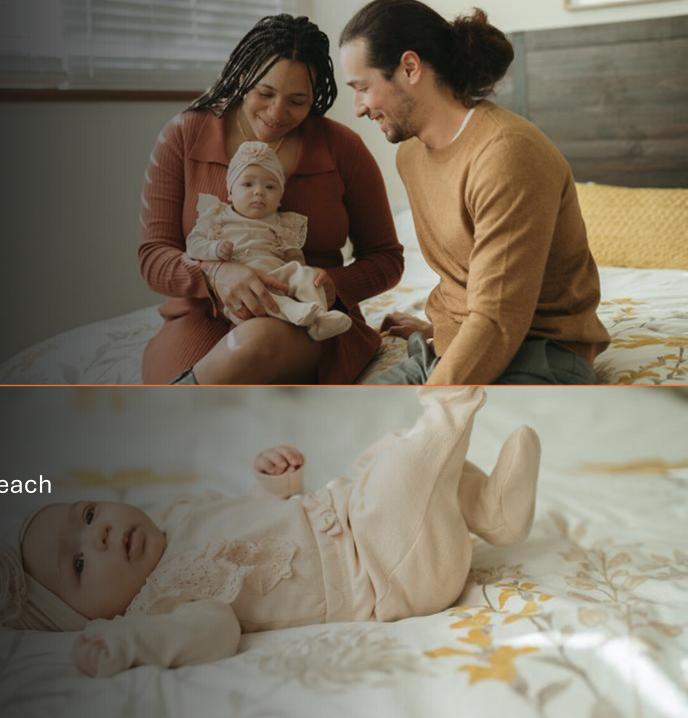
- Families who had ESIT services (in the past 8 years)
- Families who have young children with delays or disabilities who maybe didn't access ESIT services
- ESIT service providers and leaders





"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world."

- Harriet Tubman



## Thank You!!!!

### Please reach out with questions or outreach opportunities!

## Ashley Ewings

**Community Engagement Lead** 

**Early Support for Infants and Toddlers** 

**Developmental Disabilities & Early Childhood Supports Division** 

King County Department of Community and Human Services

- Work Cell: 206-304-9807
- aewings@kingcounty.gov

# KING COUNTY BOARD FOR DEVELOPMENTAL DISABILITIES AUGUST AGENDA

**Community Sharing and Celebrations:** Community members are asked to limit their sharing of information to three minutes each unless pre-arranged with Staff. We ask that all presenters share information with courtesy and respect to the audience.

**If you need ASL interpretation**, please request it in the Chat Box and staff will allow you to pin the screen of the ASL interpreters.

| <b>TIME</b> 3:30 p.m. | ITEMS Welcome and Board Member Introductions   | PRESENTERS Chair and Board          | ACTION Information            |
|-----------------------|--|-------------------------------------|-------------------------------|
| 3:35                  | <ul><li>Chair's Remarks:</li><li>August Board Meeting</li><li>November Board Meeting</li><li>Board Activities</li></ul>  | Chair                               | Information                   |
| 3:40                  | Approval of May Board Minutes  | Board                               | Approval                      |
| 3:45                  | <ul> <li>Public Input and Celebrations</li> <li>Board Members</li> <li>Self-Advocates, Families, and Allies</li> <li>Upcoming Events and Activities</li> </ul> | Board and<br>Community              | Information                   |
| 3:55                  | King County Division Report  | Holly Woo and<br>Staff              | Information and Discussion    |
| 4:15                  | Developmental Disabilities Community Services<br>Updates   | Catrina Braid and<br>Sheila Collins | Information<br>And Discussion |
| 4:30                  | Break  |                                     |                               |
| 4:40                  | Presentation: King County Women's Advisory<br>Board Overview   | Women's Advisory<br>Board Members   | Information and Discussion    |
| 5:05                  | Presentation: King County Early Support for Infants and Toddlers Program – Centering Black Excellence  | Ashley Ewings                       | Information and Discussion    |
| 5:30                  | Adjourn  | Chair                               |                               |