

Department of Community and Human Services Developmental Disabilities and Early Childhood Supports Division

BOARD FOR DEVELPMENTAL DISABILITIES

AUGUST MEETING

Community Sharing and Celebrations: Community members are asked to limit their sharing of information to two minutes each unless pre-arranged with Staff. We ask that all presenters share information with courtesy and respect to the audience.

If you need ASL interpretation, please request it in the Chat Box and staff will allow you to pin the screen of the ASL interpreters.

AGENDA					
TIME	ITEMS	PRESENTERS	ACTION		
3:30 p.m.	Welcome and Board Member Introductions	Board Chair	Information		
3:35	 Chair's Remarks: Welcome Board Candidates Beth Bardeen and CeCe Stovall August and September Board Events November Board meeting 	Board Chair	Information		
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5:00	Washington State Fathers Network Presentation	Matthew Rickmon	Information		
5:30	Adjourn	Chair			

Greetings!

- Welcome to the August 2023 Board for Developmental Disabilities Meeting.
- We ask for your grace as we move to holding hybrid Board meetings.
- The meeting is scheduled to begin at 3:30 p.m. If the meeting does not start at 3:30 p.m., please stand by as we may be experiencing technical difficulties in launching the meeting on time.

Closed Captioning and American Sign Language (ASL) Interpretation

- Closed Captioning of the meeting is available by clicking the **CC** icon at the bottom of your screen.
- If you need ASL interpretation please request it in the Chat Box, staff will allow you to pin the screen of the ASL interpreter.

We Do Audio Description

WHY? Help low-vision people picture you

HOW... Say your name. Use "<u>AGREED</u>" to describe yourself

NAME

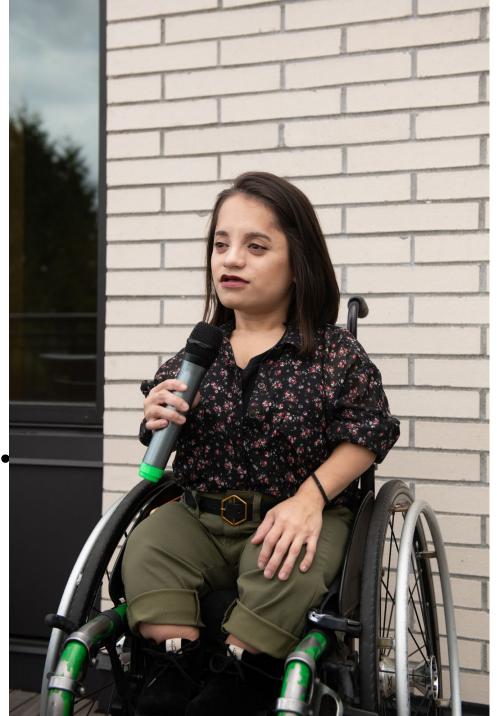
• Age



- Gender/Gender Expression
- Race/Skin Color/Ethnicity
- Eye and Hair Color
- Environment/Background
- **D**ress/Clothing/Wearables

Presentations & Presenters

Presenters give contact information at the end of their presentation. Look in the Chat Box and feel free to contact them. Some of their slide shows and information sheets will be posted on our website.



What is a Developmental Disability?

The Washington State **Developmental Disabilities** Administration (DDA) defines a developmental disability as a disability attributed to an intellectual disability, cerebral palsy, epilepsy, autism, or another neurological or other condition.



CHAIRS'S REMARKS

August 2023

Welcome Board Candidates Beth Bardeen and CeCe Stovall

August Board Sponsored In-Person Event

- *Adulting with ADHD* Panel Discussion
- Saturday, August 5, 2023
 1:00 3:00 p.m.
 Tukwila Community Center, Banquet Room

September Board Sponsored Virtual Event

- 2023 Virtual Housing Conference for Individuals and Families with Developmental Disabilities Residing in King County
- Saturday, September 23, from 8:30 a.m.
 -3:00 p.m.
- More information coming soon

Next Board Meeting will be held on Wednesday, November 1, 2023



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King County Board August 2023 Updates

from the Developmental Disabilities Administration

Region 2, King County



Transforming

Transforming lives

Washington State Department of Social and Health Services

Topics

- Waiver Capacity
- Growth:
 - Enhanced Case Management Program (ECMP)
 - No Paid Services (NPS) aka Service Request and Referral (SRR)
 - Transition Care Management Team (TCMT)
- Other News



Waiver Capacity in Region 2

DDA Waivers:

- Individual and Family Services (IFS) Waiver
- Basic Plus (B+) Waiver
- Core Waiver
- Children's Intensive In-Home Behavioral Support (CIIBS)
- Community Protection (CP) Waiver

We have capacity in all waivers – CIIBS and B+ are getting tighter.

Transforming Lives



Growth - ECMP

- Enhanced Case Management Program (ECMP): assists clients and families mitigate risk associated with isolation, home environment or quality of care concerns by increasing home visits and access to case resource management and support services
 - Caseloads reduced from 1:40 to 1:30 (typical in-home and residential caseloads are 1:75)
 - Grown from 1 Supervisor and 5 CRMs to 3 Supervisors and 20 CRMs in Region 2 and from capacity to serve 205 clients to capacity for 600
 - 2 RNs were hired to assist with these caseloads





Growth - SRR

- No Paid Services (NPS), also known as Service Request and Referral (SRR): clients who have been determined DDA eligible but do no have a paid service (these clients do not currently have case management)
 - 2 Supervisors hired (Sung Park & Julie Anderson)
 - Sung Park will supervise a team of 9-10 in King County
 - Julie Anderson will supervise a team of 9 in the 5 Counties
 - Caseloads of 1:300; annual outreach
 - An estimated 5,000 clients are assigned to Region 2 NPS
 - Region 2 caseloads are expected to be assigned in January 2024





Growth - TCMT

- Transition Care Management Team (TCMT): funded by the Legislature to coordinate transitions for clients who move from one setting to another.
 - Regional Team: 8 CRMs (1:35 caseload), 1 Supervisor, 1 Program Manager
 - Focus: clients transitioning from state Residential Habilitation Centers (RHCs), nursing facilities, community hospitals, Western State Hospital, and out of state facilities; unhoused clients; clients with high medical and behavioral acuity; clients who have experienced multiple moves.
 - Primary Goals: incorporate person-centered goals and practices to support a timely and stable transition. Stability includes affordable housing, medical providers for behavioral and medical support needs, providers for DDA services, trained staff to support goals and social and cultural values.

Other News

- Changes in Region 2
 - Hiring a 4th Field Services Administrator (FSA)
 - Deputy Regional Administrator (DRA), Martha Gluck, is retiring in October 2023
- Free iPhones!
 - Please help us get the word out
 - DDA clients and providers are eligible
 - Make a request <u>here</u>



Contact Information

Merri Snow (she/her)

Field Services Administrator (FSA)

Developmental Disabilities Administration (DDA)

Region 2

Phone: 206.550.4280 Email: Merri.Snow@dshs.wa.gov



Transforming lives



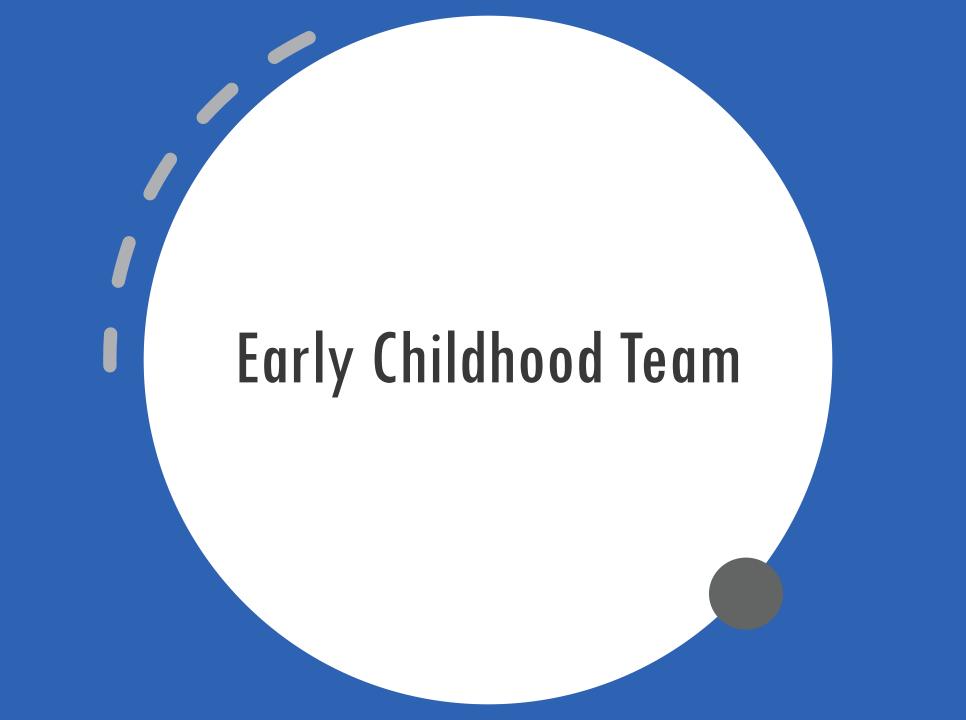






Developmental Disabilities and Early Childhood Supports Division Report August 2023





What's going on?

On Tuesday, July 11, we launched a Three to Five Community Workgroup to *Identify family needs and available resources and develop community-guided priorities to work towards Improving access and eliminating barriers for young children ages 3-5 with delays or disabilities and their families.*

- Seventeen community members came together with three DDECSD staff members to share their knowledge of the existing systems to support young children with delays and disabilities and to identify challenges facing families as they navigate services.
- The themes that emerged included the complexity of navigating systems, inadequate language access, stigma in the community regarding disability, wait lists for therapies, especially for patients on Medicaid, and challenges accessing appropriate special education services.

What's coming up?

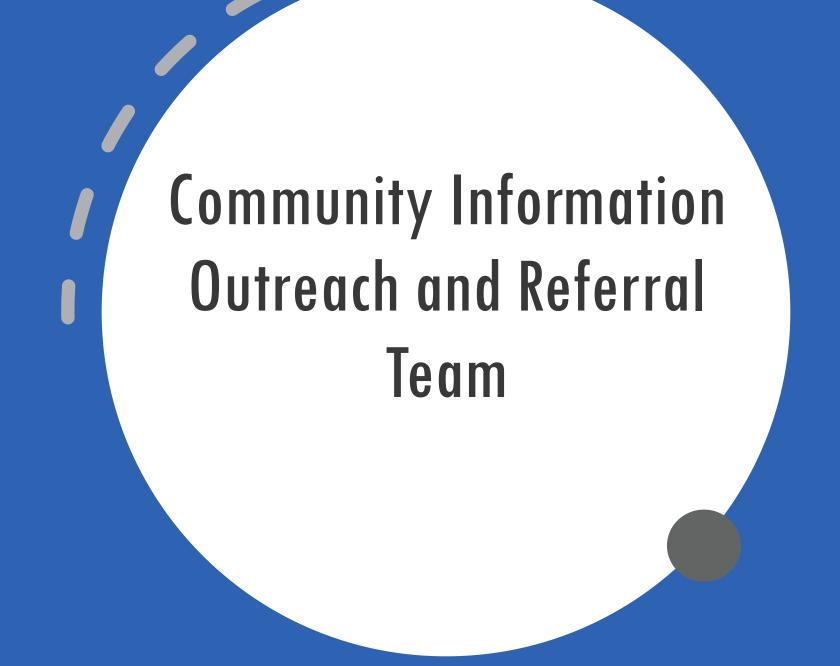
BSK's Workforce Development Strategy has several workshops coming up. For the most recent updates, please subscribe to the Best Starts Workshops newsletter at <u>www.beststartsworkshops.org</u>

- ASQ-3 & ASQ: SE in Spanish (English Translation Provided), Dr. Yamila Lezcano
- Brain Development and Attachment in The Early Years, Dr. Harleen Hutchinson
- Displacement: First-Generation Guide, Hassen Saleh
- Let's Talk About Babies: An Introduction to Infant Mental Health and Relationship-Based Work, Haruko Watanabe and Cynthia Turietta





DSHS/DDA has increased the hourly rate that King County can reimburse providers for Employment and Community Inclusion services as a result of increased funding from the Legislature. The additional funding will support provider sustainability but is not sufficient to fully implement the recommended rates from the 2022 Employment and Day Program Rate Study. The Adult Services Team will host a Legislative Priority Input Session in August for Employment and Community Inclusion providers. This session, in combination with the online survey, will allow for input from all contracted service providers.



The Board for Developmental Disabilities is excited for the upcoming event, Adulting with Attention-Deficit/Hyperactivity Disorder (ADHD) on August 5, 2023, from 1:00 – 3:00 p.m. at the Tukwila Community Center, Banquet Room, located at 12424 42nd Avenue S., Tukwila. Come hear the experiences of adults with ADHD, share resources, and build community!

Mark your calendars for the 2023 Housing Conference! The virtual Housing Conference is scheduled for September 23 from 8:30 a.m. - 2:45 p.m. Come and join our community of support to learn about strategies to assist people with Intellectual and Developmental Disabilities and their families to plan for housing stability.

What's coming up?

Legislative Priority Input Sessions

- Community input helps inform the County's Intellectual and Developmental Disabilities and delays legislative priorities
- New approach: Mini legislative priority input sessions throughout the summer
- Goal: broaden community input and increase participation of people with disabilities and Black, Indigenous, and People of Color
- Traditional legislative committee meetings will not be held. A legislative priority input session with past legislative committee members will be held on August 15, 2023
- Other feedback options: multilingual online survey (available in August) and the Board's September Housing Conference



The Adult Services Team WILL BE POSTING a Capacity Building Program Manager III Position (Career Service).

The Early Childhood Team WILL BE POSTING a Infant and Early Childhood Infant Mental Health Specialist Position (Career Service).

Visit this <u>link</u> to learn more about King County's open positions.

Seeking input

Please reach out if you have input/ feedback!

- Jim Ott, jim.ott@kingcounty.gov
- Michaelle Monday, <u>michaelle.monday@kingcounty.gov</u>
- Magan Cromar, <u>magan.cromar@kingcounty.gov</u>
- Holly Woo, <u>holly.woo@kingcounty.gov</u>

Save the Date! King County Developmental Disabilities and Delays Annual Legislative Forum

- Thursday, November 30
- DoubleTree Suites, Southcenter Parkway
- Details and registration coming this fall
 - Doors at 6:00 p.m.
 - Program 7:00 8:30 p.m.
 - Coffee and tea provided





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We Are Taking a Break

→ While you are waiting stretch, drink, have a snack





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FREE Benefits and Housing Review

Thanks to a generous grant from the Dan Thompson Memorial Fund and contracted through the Developmental Disabilities Administration (\$500 value)

Available for a limited time for individuals with IDD 17 and older

Benefits and Housing Review

- Identify gaps in benefits and services
- Learn about Section 8
- Housing options in WA
- Access to Roommate
 Matching Pool

Roommate Matching Pool

- Find compatible roommates and partnering families
- Easy-to-use search
 functions
- Private messaging



Watch our video

Watch our video to learn more





partners4housing.com

971-599-1010

Partners4Housing

Taking the First Step Video

https://www.youtube.com/watch?v=ljQOB3bCvbo&feature=youtu.be

WASHINGTON STATE FATHERS NETWORK



About Kindering

- Started in 1962 by 5 parents as a playgroup for their children with disabilities.
- Now serves 10,000 children and their families each year with lifechanging therapies (*PT*, *OT*, *Speech, and Feeding therapies*), special education, and family support.
- 4 campuses across the Eastside of Seattle: Bellevue, Bothell, Redmond, and Renton.
- Specialized outreach includes services for families who are homeless or housing insecure, immigrants and refugees, and those in the kinship or foster care system.



About The Washington State Fathers Network

- The roots of the program started in 1978 at the University of Washington, with UW's Experimental Education Unit.
- Lack of funding ended transitioned that funding from UW to Merrywood School, now known as Kindering Center in 1985.
- Program expanded and was nationwide until funding was cut and thanks to the Director of the Washington State
 Department of Health, in 1994 the
 Washington State Fathers Network was established.
- The Father Network program at Kindering Center in Bellevue, is the longest running father's program of its type, in the world.

Washington State Fathers Network

3 Focus Areas

- Connecting Men
 - Support Groups 12 Chapters, 7 that meet
 - Social Activities
- Raising the Voices of Men
 - Telling Your Story with a Purpose



Advocating for Equal Access to the Community









www.kindering.org

Why the Need for a Fathers Network?

"In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it."

– Marianne Williamson



Challenges

- Generally: Connecting with Men
- Specifically:
 - Rural Parts of the State
 - Communities of Color and Immigrant Communities
 - Culture
 - Language



What are we doing about it?

- Generally: Supporting the systems already in place and create new opportunities.
- Specifically
 - New and updated workshops and trainings
 - Updating the Unexpected Journey workshop
 - Updating the Telling Your Story with a Purpose workshop
 - Training parents how to play with their children
 - Creating new ways to engage with families
 - Creating more inclusive programs



What questions, comments or ideas do you have?



For more information

Matthew.Rickmon@kindering.org 425-653-4286

Web Site: www.fathersnetwork.org

Facebook: Washington State Fathers Network

Thank you!





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