

## The BASICS

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- Early childhood and recreational exhibitors: 1<sup>st</sup> Floor
- All other exhibitors: 2<sup>nd</sup> Floor
- Workshop sessions: 2<sup>nd</sup> Floor
- Morning and afternoon light snacks and beverages, courtesy of Microsoft: 2<sup>nd</sup> Floor
- Food court, credit or digital wallet payments (no cash): 1<sup>st</sup> and 2<sup>nd</sup> Floor

## Unique SPACES

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- **Ask a Mama, 1<sup>st</sup> Floor:** A space where parents with lived experience can give their compassion, knowledge, and camaraderie through their own perspectives. Sharing community resources that have brought joy and light while navigating through the beautiful journey of advocating for our loved ones. ***Sponsored by the [King County Interagency Coordinating Council](#).***
- **One-of-a-Kind Glass Pieces for Purchase, 1<sup>st</sup> Floor:** support transition students by purchasing student-made unique glass pieces from [Transition Treasures](#), *Bellevue School District*. \$10 to \$40.
- **Selfie Photo Wall, 2<sup>nd</sup> Floor:** Bring your phone and create a memory! Our selfie wall is the perfect spot for fun photos and social media sharing. Funny hats and moustaches? We got them!
- **Quiet Room, 2<sup>nd</sup> Floor:** Need to step away and recharge? Spend a moment in the quiet room.
- **Interactive Technology Room, 2<sup>nd</sup> Floor:** Drop in and explore! Technology helps promote inclusion by offering tools and strategies to improve accessibility to many activities in daily life. Spend time in our technology room to learn more about different tools and vendors.

### Technology Room Exhibitors

- [Bellevue Inclusive Education Exploration Lab, Bellevue School District](#). *East King County.*
- [Easterseals Washington](#). *King and Kitsap Counties.*
- [KBTC Public Television, Ability Awareness Project](#). *King County.*
- [Microsoft Inclusive Tech Lab](#). *International.*
- [PROVAIL](#). *King County.*
- [Unique Minds](#). *National.*
- [Uplift AT](#). *King County.*
- [WATAP Washington Assistive Technology Act Program](#). *King County, Washington State.*

# Workshop LEGEND

	Early Childhood: Supporting young children and their families from birth through age five
	Education, High School Transition: Transition from high school and future planning
	Employment and Community Inclusion: Meaningful employment and community participation
	Housing: Finding the right living arrangement and supports for independence
	Financial and Legal: Navigating benefits and legal systems for long-term planning
	Behavioral Health: Supporting behavioral health and well-being

# Workshop AGENDA

	Room 2003 Capitol Hill	Room 2007 Montlake	Room 2011 Pioneer Square
<b>10 – 10:45 AM</b>	 What is Community Inclusion and What Does It Look Like?	 Early Childhood Developmental Promotion: What Is It and What’s Happening in Our Communities?	 Deaf and Hard of Hearing: Early Childhood Through the Lifespan
<b>11 – 11:45 AM</b>	 Collaboration Best Practices for a Successful High School Transition	 Know Your Social Security Benefits, Shape Your Future	 When Children Transition from Part C (Early Childhood) to Part B (Special Education)
<b>12 – 12:45 PM</b>	 My Hopes and Dreams for My Job, Home and Life	 Transitioning to Independent Living at Age 18 and 50: An Extended Family’s Journey	 Discover Inclusive College Opportunities in Washington
<b>1 – 1:45 PM</b>	 Amplified Voices: Real Stories of Inclusive Work. A Supported Employment Panel.	 Building Connections to Support Successful Living for Neurodiverse Individuals	 What Housing Model Is Best for You? Self-Advocates Share Their Experiences
<b>2 – 2:45 PM</b>	 Becoming Nate’s Legal Guardian: A Step-by-Step Guide to Becoming a Legal Guardian in King County	 The Ripple Effect: When a Parent’s ADHD Diagnosis Changes Everything	 Housing 101: Exploring Residential Options

# Workshop DESCRIPTIONS

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	<b>Title</b>	<b>Early Childhood Developmental Promotion: What Is It and What's Happening in Our Communities?</b>
	<b>Description</b>	Discover the diverse community programs dedicated to supporting children and families in understanding their young child's development. These programs aim to ensure that all children in King County receive culturally appropriate, high-quality developmental screenings throughout early childhood.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Juliette Escobar, Developmental Promotion Team Lead, Best Starts for Kids, King County</li> <li>• Cynthia Turrietta, LICSW, Universal Developmental Screening &amp; Promotion Manager, Best Starts for Kids, King County</li> <li>• Margaret Babayan, MPH, Evaluator</li> </ul>

	<b>Title</b>	<b>Deaf and Hard of Hearing: Early Childhood Through the Lifespan</b>
	<b>Description</b>	Learn about the three deaf and hard of hearing (D/HH) service options in King County, for ages birth to five, including Early Support for Infants and Toddlers, preschool, childcare and more!
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Sheri Hill, PHD, CCC-SLP is the Language, Speech &amp; Communication Clinic Director at Hearing, Speech and Deaf Center</li> <li>• Tara Ellis, Birth to Three Program Director at Listen and Talk. <i>I have worked in this field for 23 years.</i></li> <li>• Tatiana Sarkhosh, NW School for Deaf &amp; Hard of Hearing Children</li> </ul>

	<b>Title</b>	<b>When Children Transition from Part C (Early Support) to Part B (Special Education)</b>
	<b>Description</b>	An overview of the transition from Early Support for Infants and Toddlers services to services available for ages 3-5, including Special Education (Part B) and how to get connected. We will share insights and resources available to families navigating the process.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Linda Carr, Early Childhood Transitions Lead for DDECSD, mom of young adult with autism.</li> <li>• Shawn Thompson, Boyer Children's Clinic and Citywide Program Manager for the Seattle Developmental Bridge Program.</li> <li>• Maria Zambrano, Snoqualmie Encompass Family Resources Coordinator</li> <li>• Kyra Faber, Parent of a young child who participated in ESIT with Encompass and now participates in Special Education with the Riverview School District.</li> </ul>

	<b>Title</b>	<b>Discover Inclusive College Opportunities in Washington</b>
	<b>Description</b>	Colleges are creating more inclusive pathways for students with diverse support needs and learning styles. From specialized courses to certificate programs and degree options, students with disabilities have more opportunities than ever to pursue higher education! Join this session to explore your options, learn how to prepare for college, and discover resources and accommodations available to support student success. Discuss your academic and career goals at our tables.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Julie Pollard (she/her) Director, Accessibility Resources, Highline College. <i>I am proud to be working to advance equity and inclusion for people with disabilities since the 1980s. I have been with Highline College's Achieve and Community and Employment Services programs since 2011.</i></li> <li>• Kayla Angulo, Skagit Valley College INVEST</li> <li>• Casey Blamires, Academic Coordinator for WSU ROAR, a comprehensive transition program in Pullman, WA</li> <li>• Meg Iyer, Bellevue College Occupational &amp; Life Skills</li> </ul>

	<b>Title</b>	<b>Know Your Social Security Benefits, Shape Your Future</b>
	<b>Description</b>	This session is an overview of Social Security disability benefits. It will provide an overview of how, when, and why to apply including connections to related resources such as Medicaid and long-term services.
	<b>Presenter</b>	Dan Rutten, Senior TA and Training Manager and Certified Benefits Planner at Wise for the BenefitU project.

	<b>Title</b>	<b>My Hopes and Dreams for My Job, Home and Life</b>
	<b>Description</b>	Have you ever thought about what your life will be like after school? People with disabilities often don't think about life after graduation. But the best time to start is now. Come and join David Murahashi in this interactive workshop as we explore your hopes and dreams for a full life.
	<b>Presenter</b>	David Murahashi, TA and Training Manager at Wise

	<b>Title</b>	<b>Collaboration Best Practices for Success in High School Transition</b>
	<b>Description</b>	Join our panel who share how good coordination is critical to be being ready for high school transition, addressing challenges, adapting to changes, and seizing opportunities for a successful transition from high school.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Jenna Heberden, Manager of Transition Services, AtWork!</li> <li>• Marika McCaddon, Lead Vocational Rehabilitation Counselor 4, Division of Vocational Rehabilitation</li> <li>• Autumn Cutter, Special Education Teacher, Evergreen Transition Program</li> <li>• Jen Strehle, Program Coordinator, Evergreen Transition Program</li> </ul>

	<b>Title</b>	<b>What is Community Inclusion and What Does it Look Like?</b>
	<b>Description</b>	Community Inclusion isn't just a service, it's about belonging, connection and being valued for your unique strengths. This workshop will break down what it really means, and how Community Inclusion supports people to fully participate in their communities. You'll also hear directly from those whose life has been positively impacted through DDA services.
	<b>Presenter</b>	Carrie Jarvis (She/Her), Community Inclusion & Transition Program Coordinator with the Home and Community Living Administration (HCLA, formerly DDA)

	<b>Title</b>	<b>Amplified Voices: Real Stories of Inclusive Work. A Supported Employment Panel.</b>
	<b>Description</b>	Supported Employment Success: Hear about how people found jobs that fit well with their interests and skills through supported employment. These stories will show how the right job can not only provide a steady income but also open up resources for a fuller life.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>Facilitated by Zack Siddeek, MSW, Disability Systems Navigation Coordinator, The Arc of King County, He/him</li> <li>Alex Hubbard, Office Aide, City of Seattle</li> <li>Jennifer Green, Office/Maintenance Aide, City of Seattle</li> <li>Tara O'Rourke, Compass Group, Dining Room Attendant</li> <li>Ben Day, CBRE, Maintenance Assistant</li> <li>Supports by Rachael Cross, Associate Program Manager, Supported Employment/Global/IFM Programs, Microsoft/CBRE and Heather Weldon, Supported Employment Program Manager, City of Seattle</li> </ul>

	<b>Title</b>	<b>Housing 101: Exploring Residential Options</b>
	<b>Description</b>	Learn about how to maintain your Section 8 voucher and DDECS subsidized apartments. DSHS/DDA will give families additional information on types of living situations.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>Brian Borton, DSHS/DDA: <i>I have been an AFH Supervisor at DDA for the last 11 years. Prior to that, I was a Supported Living Case Manager for 5 years. Before I worked at DDA, I worked for 2 years in a sheltered workshop, and for 4 years providing direct support in a Supported Living agency.</i></li> <li>Katherine Festa, King County DDECS Housing Coordinator</li> </ul>

	<b>Title</b>	<b>What Housing Model Is Best for You? Self-Advocates Share Their Experiences</b>
	<b>Description</b>	A self-advocate panel will share their experiences at different ages and in different housing models, including Adult Family Homes and independent living.
	<b>Presenter</b>	Katherine Festa, King County DDECS Housing Coordinator

	<b>Title</b>	<b>Transitioning to Independent Living at Ages 18 and 50: An Extended Family's Journey</b>
	<b>Description</b>	There are many ways to transition from living at home to living independently. We will share our team's 15-year journey, to the present, of navigating different systems, needs, challenges, and our plans for the next 5 years and beyond.
	<b>Presenter</b>	<ul style="list-style-type: none"> <li>• Molly McCoy, King County Developmental Disabilities Board Member. <i>I'm a mom of an adult son with Angelman Syndrome navigating the system to help him attain independent housing with parents in similar situations.</i></li> <li>• Leah Ann Cooper. <i>I am a person with intellectual Disability living independently with caregiver support.</i> Joined by Donna Cooper.</li> <li>• Andrea Sloan. <i>I am an adult with Intellectual Disability living independently with caregiver support and seeking a change in housing type.</i> Joined by Arlene Sloan.</li> <li>• Reid Cooper. <i>I am a 19-year-old man who is non-verbal and my guardian is looking for different independent living arrangements for me but there is lots of change in my capabilities over time.</i></li> </ul>

	<b>Title</b>	<b>Building Connections to Support Successful Living for Neurodiverse Individuals</b>
	<b>Description</b>	This presentation explores how we can support neurodiverse populations and other underrepresented groups as a community by taking a closer look at the following areas: Awareness, Accessibility, and Action.
	<b>Presenter</b>	Radhe Morgan. <i>I've been working at a licensed CBT in the greater King County area since 2021. I am a community advocate and current graduate student. My specialization is clinical mental health counseling and I/DD services.</i>

	<b>Title</b>	<b>Becoming Nate's Legal Guardian: A Step-by-Step Guide to Becoming a Legal Guardian in King County</b>
	<b>Description</b>	Navigating the legal guardianship process for an adult child can feel overwhelming, but parents can approach it with confidence with the right information. In this presentation I share my experience becoming my son's legal guardian, offering step-by-step instructions, insider tips, and practical insights to help parents understand the decision-making process and court system. Attendees will gain a clear understanding of when guardianship is necessary, how to prepare for court, what to expect during the process, and alternative options. This session is designed to empower families with knowledge to make informed choices and successfully advocate for their loved ones.
	<b>Presenter</b>	Rachel Nemhauser, The Arc of King County. <i>I'm the Director of Information and Family Support at The Arc of King County. I've been supporting parents of youth with IDD for the past 10 years and am also the parent of an autistic 20-year-old son.</i>

	<b>Title</b>	<b>The “Ripple Effect”: When a Parent’s ADHD Diagnosis Changes Everything</b>
	<b>Description</b>	A lack of ADHD resources can disrupt daily family life, making routines chaotic and support hard to access. Undiagnosed ADHD in parents adds to the struggle, making it harder to meet their child’s needs. Since ADHD is highly inheritable and often co-occurs with other developmental disabilities, assessing and supporting parents can create major positive changes in a family’s daily life. This session covers key signs and indicators of ADHD, diagnostic steps, and tools to use essential resources.
	<b>Presenter</b>	Beth Bardeen, Neurodivergent Advocate & Strategist--creating clarity from complexity. CHADD Chapter Advisory Board Co-Chair, founder of Seattle CHADD, District 4 member of King County Board for Developmental Disabilities.

## My NOTES

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## Resource EXHIBITORS

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- Resource exhibitors are grouped by topic, but many provide a variety of services!
- Exhibitors identified their *key geographic service area*, but they may serve all of King County.
- This document is available online with interactive links: [www.kingcounty.gov/disabilities-fair](http://www.kingcounty.gov/disabilities-fair)

### Behavioral Health & Wellness: Behavioral Health and Holistic Well-being

- [Kids Mental Health Washington](#). *Washington State.*
- [Crisis Outreach Response System - Developmental Disabilities \(CORS-DD\), Seattle YMCA](#). *King County.*
- [Seattle CHAAD - Children and Adults with Attention-Deficit/Hyperactivity Disorder](#).

### Community & Systems Navigation Supports: Advocacy, Peer Support, And Guidance

- [Disability Empowerment Center](#). *King County.*
- [Down Syndrome Center of Puget Sound](#). *King County.*
- [King County Board for Developmental Disabilities](#). *King County.*
- [Mother Africa](#). *King County.*
- [Open Doors for Multicultural Families](#). *King County.*
- [People First of Washington](#). *Washington.*
- [Roots2Wings Family Group](#). *King County.*
- [The Arc of King County](#). *King County.*

## Early Childhood: Supports and Services for Children Ages Birth to Five and Their Families

- [Akin \(formerly Childhaven\)](#). *South/Central/West King County.*
- [Chinese Information and Service Center](#). *King County.*
- [Encompass NW](#). *East King County.*
- [Hearing, Speech, and Deaf Center](#).
- [Help Me Grow WA/ WithinReach](#). *King County.*
- [Horn of Africa](#). *King County.*
- [Indian American Community Services](#). *King County.*
- [Kinderling](#). *East King County.*
- [Listen and Talk](#).
- [Manos Unidas International](#). *North and East King County.*
- [Northwest School for Deaf and Hard of Hearing](#). *King County.*

## Education & Lifelong Learning: Educational Support for All Ages

- [Achieve at Highline College](#). *King, Pierce, and Thurston Counties.*
- [Bellevue College Occupational & Life Skills \(OLS\)](#). *King County.*
- [Highline College Community & Employment Services](#). *King County.*
- [Inclusive Technologies of Washington](#). *King County, Tacoma.*
- [Lake Washington School District – Early Learning](#). *East King County.*
- [Northwest Inclusive Postsecondary Education Alliance \(NWIPSEA\)](#). *Washington, Oregon, Idaho, Montana, Alaska, Hawaii, Saipan.*
- [Seattle Children's Alyssa Burnett Adult Life Center](#). *King County.*
- [Seattle Special Education PTSA - Parent Teacher Student Association](#). *Seattle/Central/West King County.*
- [Skagit Valley College Invest](#). *North King County.*
- [The Tavon Center](#). *King County.*
- [Washington State Office of Education Ombuds](#). *Washington.*
- [Washington State University ROAR](#). *Pullman, Whitman County.*

My NOTES

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## Employment and Community Inclusion: Job Supports and Community Participation

- [AtWork!](#) *King County.*
- [Best Buddies.](#) *King County.*
- [Cares of Washington.](#) *King County.*
- [Community Trades and Careers.](#)
- [Microsoft Supported Employment Program.](#) *International.*
- [Northwest Center.](#) *King County.*
- [PROVAIL.](#) *King County.*
- [SAILS Washington.](#) *King County.*
- [SKCAC Employment Services.](#) *King County.*
- [Sunrise Services Community Trades and Careers.](#) *North, East King County.*
- [Trillium Employment Services.](#) *South King County.*
- [Vadis.](#) *King County.*
- [Washington Vocational Services.](#) *King County.*
- [Work Opportunities.](#) *North King County.*

## Financial & Legal: Supports for Understanding Benefits, Financial Planning, & Legal Rights

- [Benefits U at Wise.](#) *King County.*
- [DD Endowment Trust Fund.](#) *Washington.*
- [Jones & Ibrahim PLLC.](#) *King County.*
- [Northwest Access Funds.](#) *King County.*
- [Redinger Law Offices, PLLC.](#) *King County.*

## Housing: Help with Finding and Maintaining Housing

- [Alpha Supported Living Services.](#) *North, East King County.*
- [Community Homes.](#) *North, East King County.*
- **DSHS/DDA and King County DDECSD: Ask us about your residential options.** *King County.*
- [LEO: Life Enrichment Options.](#) *Issaquah, Snoqualmie Valley, rural Eastern King County.*
- [Parkview Services, including Vibrant Palette Arts Center.](#) *King County.*
- [Partners 4 Housing.](#) *Washington.*

## Recreation and Community: Programs That Support Fun, Creativity, and Friendship

- [AIM Seattle.](#)
- [Little Bit Therapeutic Riding Center.](#) *King County.*
- [Nurturing Water Therapies.](#) *Seattle/ Central/ West King County, East King County.*
- [Outdoors for All.](#) *King County.*
- [REACH at Wise.](#) *King County.*
- [Seattle Parks and Recreation - Specialized Programs.](#) *Seattle/ Central/ West King County.*
- [Special Olympics.](#) *Washington.*
- [Summit Community Center.](#) *King County.*
- [Trips, Inc. Special Adventures.](#) *King County, Pacific Northwest.*

## State and Local Government Agencies: Public Agencies Offering Services or Support

- [DDECSD: Developmental Disabilities and Early Childhood Supports Division](#). *King County*.
- [DSHS/DDA - Washington State Department of Social and Health Services Developmental Disabilities Administration](#). *Washington*.
- [DSHS/DVR - Washington State Department of Social and Health Services Division of Vocational Rehabilitation](#). *Washington*.
- [King County Resource Access Team](#). *King County*.
- [Public Health - Seattle & King County](#) - Including [Children with Special Health Care Needs \(CSHCN\)](#). *Seattle & King County*.

## Transportation: Help Getting Where You Need to Go

- [Hopelink](#). *King County*.
- [King County Metro](#). *King County*.
- [King County Metro's Transit Instruction Program](#). Or email us: [transitinstruction@kingcounty.gov](mailto:transitinstruction@kingcounty.gov)
- [King County Target Zero Safety Coalition](#). *King County*.

My NOTES

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# Sample questions I can ASK

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## Employment

- What companies have you placed people at and in what types of jobs?
- Describe some of the factors you consider when matching an employment site and the individual?
- Do you help support or develop transportation services for the individual when a placement has been determined?

## Recreation

- Do you accept DDA Respite funding?
- Do you have scholarships or funding?
- What ages do you serve?

## Behavioral Health

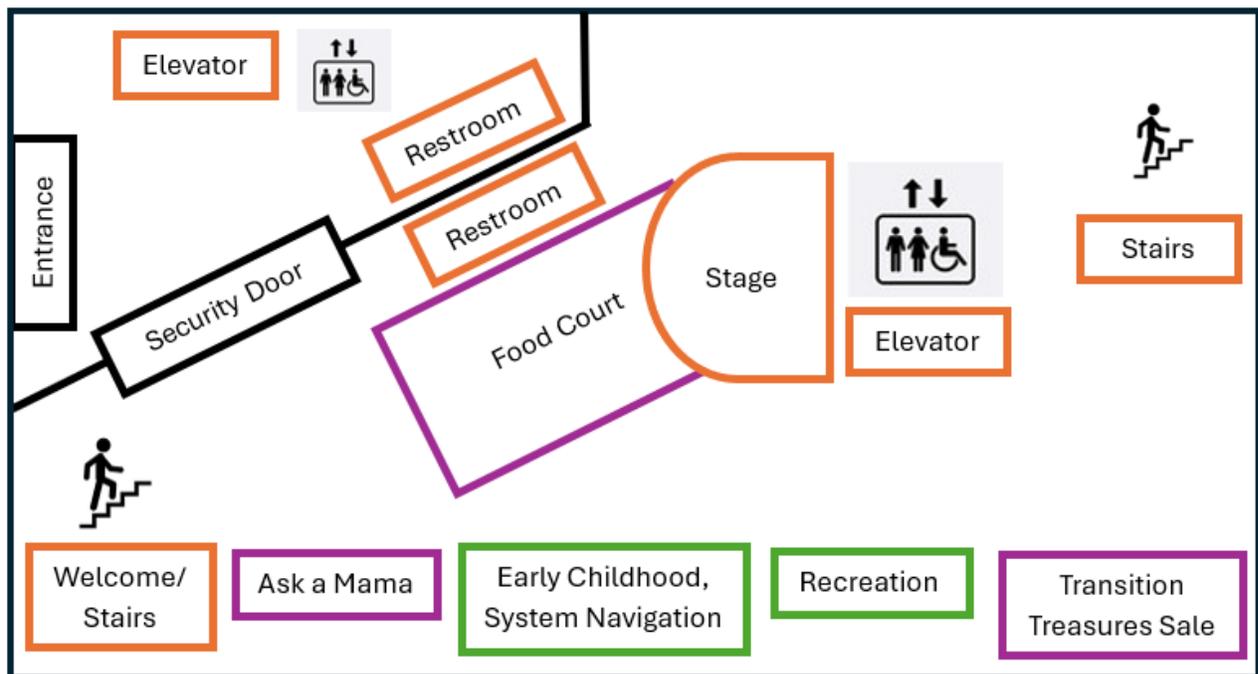
- Do you have experience working with people who have the same disability as me?
- Is telehealth a good option for me?

## Transportation

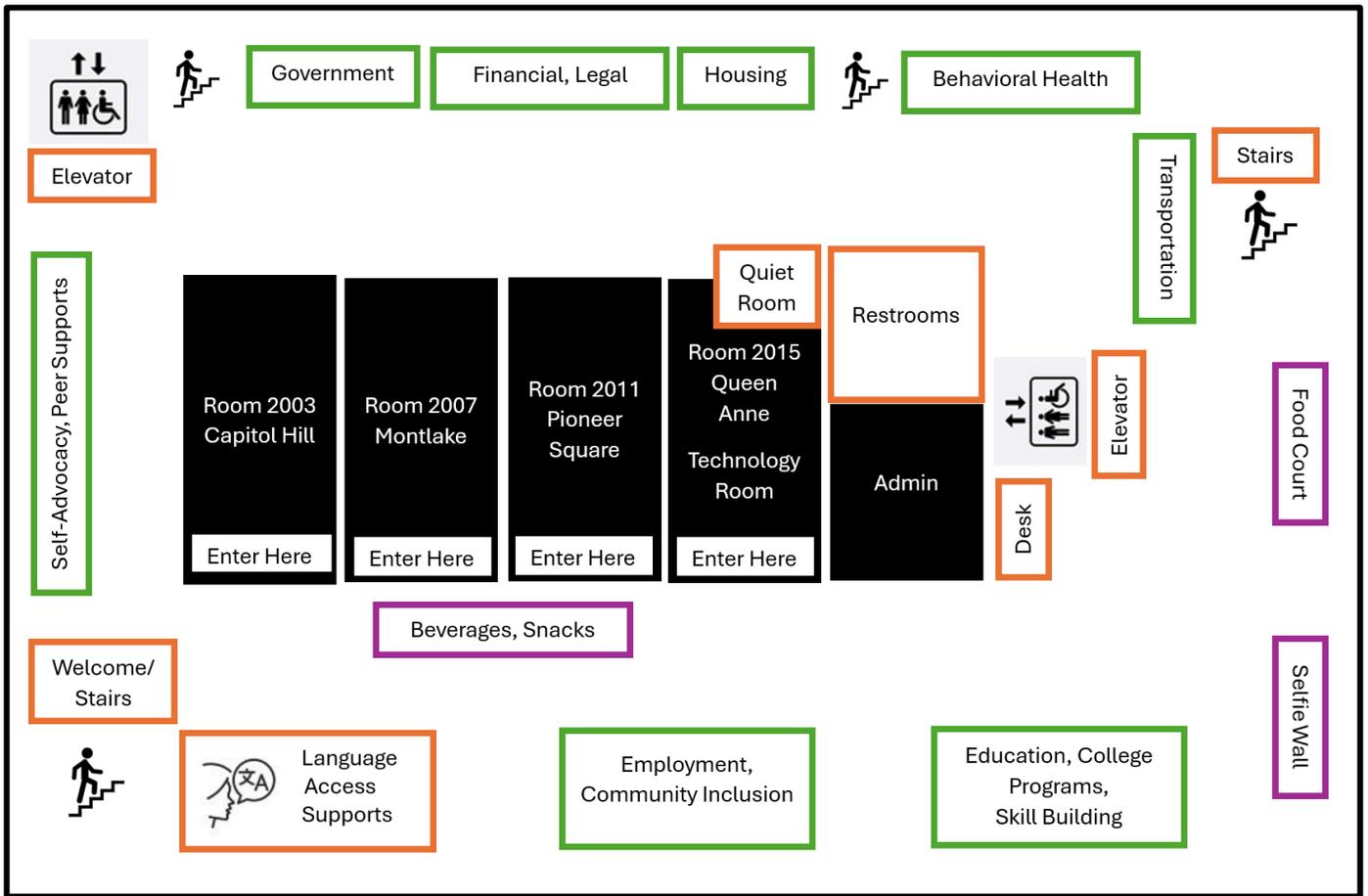
- Do you provide one-to-one training on how to use the bus?
- How can I get a bus pass?

## Map of First FLOOR

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# Map of Second FLOOR



## My NOTES