



## Domestic Violence Resources

### Counseling, crisis lines, and other resources

If you or someone you know is being impacted by domestic violence, remember that you're not alone, and support is available. In addition to calling 9-1-1 for immediate assistance, here are other resources to consider:

#### King County Employee Assistance Program (EAP)

[www.kingcounty.gov/eap](http://www.kingcounty.gov/eap) | Phone: 206-263-8733 | Email: [HRDEAP@kingcounty.gov](mailto:HRDEAP@kingcounty.gov)

EAP counselors are available to meet with employees affected by domestic violence to provide counseling and resource referral. EAP counselors offer appointments in-person or virtually, Monday through Friday, from 8 a.m. to 5 p.m.

#### King County Making Life Easier (MLE)

[www.kcmakinglifeeasier.com](http://www.kcmakinglifeeasier.com) | Phone: 888-874-7290

MLE is a confidential resource available 24/7, 365 days a year to employees and anyone who shares their home address. Through MLE, you can access a range of services including:

- In-the-moment support from a mental health therapist over the phone
- Ongoing virtual or in-person mental health counseling
- Free financial planning services and legal consultations
- Assistance with childcare resources, and more

#### The National Domestic Violence Hotline (NDVH)

[www.thehotline.org](http://www.thehotline.org) | Phone: 800-799-7233

Callers to the NDVH can find out how to get help, learn the signs of abuse, know what healthy relationships should be, and download resources (such as Safety Plan information) and more. The NDVH can also assist with referrals to local and state resources, personalized safety planning, crisis intervention, information requests, among others.

#### Washington State Coalition Against Domestic Violence (WSCADV)

[www.wscadv.org](http://www.wscadv.org) | Phone: 206 -389-2515

WSCADV is an online resource center for survivors. It includes listings for domestic violence programs, assistance for immigrants, children and youth, financial assistance, friends and family guide, housing assistance, legal assistance and more. Program listings are organized by county.