

2025 Benefit Costs

Adult Children



Benefit eligible employees may cover their adult children on their coverage until they turn 26 years of age. An adult child is defined as a child that is 23, 24 or 25 years of age. The costs listed below will cover all eligible adult children for a single rate.

Adult Children Monthly Benefit Costs				
Medical Plan	Transit ATU 587	Regular-JLMIC	TEA-Transit	Deputy Sheriff
KingCare (Regence)	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00
	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00
SmartCare Connect (Kaiser)	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00
	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00
KingCare Select (Regence)	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00	2025 \$ 0.00
	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00	2024 \$ 0.00
Dental/Vision Plan	Transit ATU 587	Regular-JLMIC	TEA-Transit	Deputy Sheriff
Dental – Delta Dental of WA	2025 \$ 60.12	2025 \$ 58.98	2025 \$ 62.31	2025 \$ 55.99
	2024 \$ 57.55	2024 \$ 57.19	2024 \$ 60.07	2024 \$ 55.14
Dental – Cigna Dental HMO	2025 \$ 22.00	2025 \$ 22.00	2025 \$ N/A	2025 \$ N/A
	2024 \$ 22.00	2024 \$ 22.00	2024 \$ N/A	2024 \$ N/A
Vision	2025 \$ 8.90	2025 \$ 9.06	2025 \$ 9.75	2025 \$ 7.41
	2024 \$ 9.04	2024 \$ 9.09	2024 \$ 9.78	2024 \$ 7.68
Plan	Transit ATU 587	Regular-JLMIC	TEA-Transit	Deputy Sheriff
Supplemental life	\$ 0.901	\$ 0.901	\$ 0.901	\$ 0.901
Supplemental accidental death and dismemberment (AD&D)	\$0.25 per \$50,000 of employee coverage Children receive 10% of employee amount	\$0.25 per \$50,000 of employee coverage Children receive 10% of employee amount	\$0.25 per \$50,000 of employee coverage Children receive 10% of employee amount	\$0.25 per \$50,000 of employee coverage Children receive 10% of employee amount

Children are eligible for:

- medical, dental and vision coverage up to age 26 even if they are not dependent on you for support and even if they are married, though you may not cover their spouses or their children;
- supplemental life up to age 26 even if they are not dependent on you for support;
- supplemental accidental death and dismemberment (AD&D) insurance up to age 26, even if they are married.

A disabled adult child age 26 or older may continue on your benefits if the child:

- was incapacitated and covered under your benefits before age 26;
- continues to be incapacitated due to a developmental or physical disability;
- is incapable of self-sustaining employment; and
- is dependent on you for more than 50% support and maintenance.