

# 2025 COBRA & Retiree Rates

## Deputy Sheriff Employees



**King County**

Benefits, Payroll and  
Retirement Operations

If you are in the Deputy Sheriff benefit plan, the following table shows the monthly premiums for COBRA and Retiree Medical Plans. This plan also includes members of PSPMA unions.

COBRA/Retiree Medical Plan Rates: Deputy Sheriff Employees		
Plan	2024 Monthly Rates	2025 Monthly Rates
<b>KingCare (Regence)</b>		
– Employee	\$839.53	\$884.38
– Spouse	\$839.53	\$884.38
– Child	\$671.63	\$707.50
– Children	\$1,511.16	\$1,591.88
– Employee + Spouse	\$1,679.06	\$1,768.76
– Employee + Child(ren)	\$1,511.16	\$1,591.88
– Family	\$2,350.69	\$2,476.26
<b>KingCare Select (Regence)</b>		
– Employee	\$782.49	\$817.93
– Spouse	\$782.49	\$817.93
– Child	\$625.99	\$654.34
– Children	\$1,408.49	\$1,472.27
– Employee + Spouse	\$1,564.99	\$1,635.86
– Employee + Child(ren)	\$1,408.49	\$1,472.27
– Family	\$2,190.98	\$2,290.20
<b>SmartCare (Kaiser)</b>		
– Employee	\$738.70	\$791.04
– Spouse	\$738.70	\$791.04
– Child	\$590.97	\$632.82
– Children	\$1,329.67	\$1,423.87
– Employee + Spouse	\$1,477.41	\$1,582.08
– Employee + Child(ren)	\$1,329.67	\$1,423.87
– Family	\$2,068.38	\$2,214.91
<b>Delta Dental of Washington (COBRA)</b>		
– Employee	\$70.30	\$71.39
– Spouse	\$70.30	\$71.39
– Child	\$56.24	\$57.11
– Children	\$126.54	\$128.50
– Employee + Spouse	\$140.60	\$142.78
– Employee + Child(ren)	\$126.54	\$128.50
– Family	\$196.84	\$199.89
<b>Vision Service Plan</b>		
– Employee	\$9.79	\$9.45
– Spouse	\$9.79	\$9.45
– Child	\$7.83	\$7.56
– Children	\$17.63	\$17.00
– Employee + Spouse	\$19.58	\$18.89
– Employee + Child(ren)	\$17.63	\$17.00
– Family	\$27.42	\$26.45

**COBRA/Retiree Medical Plan Rates: Deputy Sheriff Employees**

Plan	2024 Monthly Rates	2025 Monthly Rates
<b>Delta Dental of Washington (Retiree)</b>		
– Retiree	\$76.42	\$76.42
– Retiree + Spouse	\$152.84	\$152.84
– Retiree + Child(ren)	\$147.82	\$147.82
– Family	\$224.24	\$224.24