

2025 COBRA and Retiree Medical Rates



King County

Benefits, Payroll and Retirement Operations

TEA DOT Employees

These rates pertain to Department of Transportation employees who are represented by the Technical Employees Association (TEA DOT) union.

COBRA/Retiree Medical Rates: TEA Employees		
Plan	2024 Monthly Rates	2025 Monthly Rates
KingCare (Regence)		
– Employee	\$933.63	\$904.62
– Spouse	\$933.63	\$904.62
– Child	\$746.91	\$723.69
– Children	\$1,680.53	\$1,628.31
– Employee + Spouse	\$1,867.25	\$1,809.22
– Employee + Child(ren)	\$1,680.53	\$1,628.31
– Family	\$2,614.16	\$2,532.93
SmartCare (Kaiser)		
– Employee	\$791.90	\$882.32
– Spouse	\$791.90	\$882.32
– Child	\$633.52	\$705.86
– Children	\$1,425.42	\$1,588.18
– Employee + Spouse	\$1,583.79	\$1,764.64
– Employee + Child(ren)	\$1,425.42	\$1,588.18
– Family	\$2,217.32	\$2,470.50
Delta Dental of Washington (COBRA)		
– Employee	\$76.59	\$79.45
– Spouse	\$76.59	\$79.45
– Child	\$61.27	\$63.56
– Children	\$137.86	\$143.00
– Employee + Spouse	\$153.18	\$158.90
– Employee + Child(ren)	\$137.86	\$143.00
– Family	\$214.46	\$222.45
Vision Service Plan		
– Employee	\$12.47	\$12.43
– Spouse	\$12.47	\$12.43
– Child	\$9.98	\$9.95
– Children	\$22.45	\$22.38
– Employee + Spouse	\$24.95	\$24.87
– Employee + Child(ren)	\$22.45	\$22.38
– Family	\$34.92	\$34.81
Delta Dental of Washington (Retiree)		
– Retiree	\$76.42	\$76.42
– Retiree + Spouse	\$152.84	\$152.84
– Retiree + Child(ren)	\$147.82	\$147.82
– Family	\$224.24	\$224.24