## **PUBLIC PROGRAMS**

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Water Exercise Programs
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for Competitive Aquatic Sports
- Competitive Aquatic Sports

# **UPCOMING EVENTS**

- Jan 6 Kentridge High School Swimming Invitational
- -Jan 11-14 Washington Open Swimming Invitational
- -Jan 27 YMCA State Champs
- -Feb 2-4 Sea Otters WP International Open
- -Feb 8-11 Northwest Conference Swimming Champs
- -Feb 15-17 WIAA Boys State HS Swim/Dive Champs
- -Feb 23-25 PNS Swimming Invitational
- -Feb 28-Mar 3 PAC-12 Women's Swimming & Men/Women Diving Champs
- -Mar 6-10 PAC12 Men's Swimming Champs
- -Mar 14-17 Speedo Swimming Champions Series
- -Mar 21-24 PNS Age Group Regional Swimming Champs



Weyerhaeuser King County Aquatic Center 650 SW Campus Drive Federal Way, WA 98023-8425

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www.kingcounty.gov/parks



Winter 2024 Schedule January 1st to April 7th Seattle (206) 477-4444 Toll Free 1-855-952-9970

## **Recreation Pool**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am- 9:00am	Not Available at this Time	Not Available at this Time			
9:00am- 10:00am	Low Impact Exercise	Not Available at this Time	Low Impact Exercise	Not Available at this Time	Low Impact Exercise
10:00am- 11:30am	Lessons M/W	Lessons T/Th	Lessons M/W	Lessons T/Th	Not Available at this Time
11:30am- 12:30pm	Family Swim **	Family Swim **	Not Available at this Time	Family Swim **	Family Swim **
12:30pm- 1:30pm	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Not Available at this Time	Adult/Senior Lap Swim	Adult/Senior Lap Swim
4:30pm- 7:30pm	Lessons (M/W)	Lessons (T/Th)	Lessons (M/W)	Lessons (T/Th)	Not Available at this Time
7:30pm- 8:30pm	Not Available at this Time	Public Swim *	Not Available at this Time	Public Swim *	Public Swim *

<sup>\*</sup> Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

#### **SWIMMING LESSONS**

Morning Sessions (1/2hr, 10:00-11:30am, TTh's) // Evening Session (1/2 hr, 4:30-7:30pm MW's, TTh's) Monday & Wednesdays Tuesday & Thursday

Feb 5 - Feb 21

AM 6 lessons, PM 5 lessons No PM class 2/14

Mar 11 - Mar 27

AM 6 lessons, PM 5 lessons No PM class 2/13

April 8 - May 8 10 lessons Feb 6 - Feb 22

AM 5 Lessons, PM 4 Lessons No class on 2/15, no PM class on 2/8

Mar 12 - Mar 28

AM 5 Lessons, PM 4 Lessons

No class on 3/14, no PM class on 3/21

April 9 - May 9 10 lessons

## **CANCELED SWIMS**

Jan - Early February due to pump failure Feb 2, 8-9, 15-16, 23, 27-29 Mar 1, 5-8, 14-15, 21-22

<sup>\*\*</sup> During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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# **Competition Natatorium**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am- 8:00 am	Lap Swim*	Not Available at this Time	Lap Swim*	Not Available at this Time	Lap Swim*
11:30 am -1:30 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim
4:00 pm- 8:30 pm	Team Training	Team Training	Team Training	Team Training	Team Training

<sup>\*</sup> To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25 meter competition pool that is 9-10.5 feet deep. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

#### **Canceled Swims:**

Jan 1	all day	New Years Day Holiday (Observed)
Jan 11	1:30 - on	Washington Open Swimming Invitational
Jan 12	all day	Washington Open Swimming Invitational
Feb 8	1:30 - on	NCAA Division III—Northwest Conference Champs
Feb 9	all day	NCAA Division III—Northwest Conference Champs
Feb 15-17	all day	WIAA Boys State HS Swim/Dive Champs
Feb 23	all day	PNS Swimming Invitiational
Feb 27	8am - on	PAC12 Women's Swimming & Diving Champs
Feb 28-Mar1	all day	PAC12 Women's Swimming & Diving Champs
Mar 5	8am - on	PAC12 Men's Swimming Champs
Mar 6-8	all day	PAC12 Men's Swimming Champs
Mar 14-15	all day	NW Region Speedo Senior Sectionals
Mar 21-22	all day	PNS Age Group Swimming Champs



## 2024 POOL FEES

#### LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

### **GENERAL ADMISSION (Tax Included)**

Recreation Pool:		Competition Po	ol:	
Rec Pool Family Swim**		Comp Pool Lap Sv	vim	\$5.00
All participants	\$3.25	Sr Citizen (62+) \$	People w/Disabilities	\$3.75
Public Swim**				
Children, Adults & Sr Citizens	\$3.25			
People w/Disabilities	\$3.25			
Rec Pool Adult & Senior Lap Swim				
Adult	\$5.00	Low Impact Wa	ter Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.75	Adult	\$6.25 - 10-visit Card	\$56.25
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.75

## **POOL PASSES**

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50	\$312.00
Adult	\$156.75	\$456.00
Family	\$275.00	\$650.00
Senior Citizen(62+)	\$107.50	\$273.00
Disabled	\$100.00	\$260.00

### **GIFT CERTIFICATES**

Give the gift of health! Good for any programs.

**TELEPHONE RELAY SERVICE: 711** 









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 All children must be accompanied in the water by an adult during Family Swims (one adult per three children)