

## **PUBLIC PROGRAMS**

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for Competitive Aquatic Sports
- Competitive Aquatic Sports

## **UPCOMING EVENTS**

- Sep 27 Mukilteo HS Swimming Invitational
- Oct 18 -19 VAST Fall Classic
- Nov 13-15 WIAA Girls HS Swimming & Diving Championships
- Nov 16 Q Swimming Invitational
- Nov 22-23 PNA Masters SCM Swimming Invitational
- Dec 6-7 PNS Fall Divisionals
- Dec 12-13 PNS 14&U SC Swimming Championships
- Dec 18-21 WA State Senior SC Championships



**Weyerhaeuser King County Aquatic Center**

650 SW Campus Drive  
Federal Way, WA 98023-8425

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King County  
Aquatic Center**

650 SW Campus Drive  
Federal Way, WA 98023-8425  
www.kingcounty.gov/parks



**King County**

**Fall Schedule**

**Oct 4 - Dec 31, 2025**

Seattle (206) 477-4444

Toll Free 1-855-952-9970

## **Recreation Pool**

| Hours             | Monday                | Tuesday               | Wednesday             | Thursday              | Friday                |
|-------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 8:00am-9:00am     | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim |
| 9:00am-10:00am    | Private Lessons       | Private Lessons       | Private Lessons       | Private Lessons       | Private Lessons       |
| 10:00am - 11:30am | Lessons               | Lessons               | Lessons               | Lessons               | Family Swim<br>**     |
| 11:30am-12:30pm   | Family Swim<br>**     | Family Swim<br>**     | Family Swim<br>**     | Family Swim<br>**     |                       |
| 12:30pm-1:30pm    | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim | Adult/Senior Lap Swim |
| 3:30pm-4:30pm     | Private Lessons       | Private Lessons       | Private Lessons       | Private Lessons       | Private Lessons       |
| 4:30pm-7:30pm     | Lessons               | Lessons               | Lessons               | Lessons               | Public Swim<br>*      |
| 7:30pm-8:30pm     | Public Swim<br>*      | Public Swim<br>*      | Public Swim<br>*      | Public Swim<br>*      |                       |

During Family and Public Swims, children under 7 must be accompanied in the water by an adult who stays within arm's reach at all times. A maximum of 3 children per adult is allowed

\* During Family Swims, all children under 18 must be accompanied in the water by an adult

**Swimming instruction and coaching is not permitted by non-county programs.**

## **SWIMMING LESSONS**

**Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's)**

**Evening Session (1/2 hr, 4:30-7:30pm, MW's or TTh's)**

**Monday & Wednesdays**

Oct 6 - Oct 29 (8 Lessons)

Nov 3 - Dec 10 (12 Lessons)

**Tuesday & Thursday**

Oct 7 - Oct 30 (8 Lessons)

Nov 4 - Dec 11 (10 Lessons)

*\*For private lesson inquiries, please email: [kcacprivatelessons@kingcounty.gov](mailto:kcacprivatelessons@kingcounty.gov)*

## **CANCELED SWIMS**

October 13, 31 (After 1:30)

November 11, 13-14, 27-28

December 12, 19 (After 1:30), 24-26, 31



Competition Natatorium

| Hours              | Monday                     | Tuesday                    | Wednesday                  | Thursday                   | Friday                |
|--------------------|----------------------------|----------------------------|----------------------------|----------------------------|-----------------------|
| 5:30 am - 8:00 am  | Lap Swim* (Dive Tank)      | Lap Swim* (Dive Tank)      | Lap Swim* (Dive Tank)      | Lap Swim* (Dive Tank)      | Lap Swim* (Dive Tank) |
| 10:00am - 11:30am  | Not Available at this Time | Not Available at this Time | Not Available at this Time | Not Available at this Time | Lap Swim*             |
| 11:30 am - 1:30 pm | Lap Swim*                  | Lap Swim*                  | Lap Swim*                  | Lap Swim*                  |                       |
| 4:00 pm - 8:30 pm  | Team Training              | Team Training              | Team Training              | Team Training              | Team Training         |

To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25 yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25 meter competition pool that is 9-10.5 feet deep. Lap Swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Coaching and swimming instruction are not permitted without contract.

Canceled Swims:

|              |            |                                          |
|--------------|------------|------------------------------------------|
| Oct 13       | all day    | Holiday                                  |
| Nov 11       | all day    | Holiday                                  |
| Nov 13-14    | all day    | Girl’s HS State Swimming & Diving Champs |
| Nov 27-28    | all day    | Holiday Break                            |
| Dec 12       | all day    | PN 14&U Champs                           |
| Dec 19       | After 1:30 | WA State Senior SC Champs                |
| Dec 24-26    | all day    | Holiday Break                            |
| Dec 31- Jan2 | all day    | Holiday Break                            |

2025 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including Lifeguard Training and Water Safety Instructor training. . Please call for the class schedule and registration information.

| <u>GENERAL ADMISSION (Tax Included)</u> |        |                                             |                        |         |
|-----------------------------------------|--------|---------------------------------------------|------------------------|---------|
| <b>Recreation Pool:</b>                 |        | <b>Competition Pool:</b>                    |                        |         |
| Rec Pool Family Swim**                  |        | Comp Pool Lap Swim                          |                        | \$5.00  |
| All participants                        | \$3.25 | Sr Citizen (62+) \$ People w/Disabilities   |                        | \$3.75  |
| Public Swim**                           |        |                                             |                        |         |
| Children, Adults & Sr Citizens          | \$3.25 |                                             |                        |         |
| People w/Disabilities                   | \$3.25 |                                             |                        |         |
| Rec Pool Adult & Senior Lap Swim        |        |                                             |                        |         |
| Adult                                   | \$5.00 | <b>Low Impact Water Exercise (Rec Pool)</b> |                        |         |
| Sr Citizen (62+) & Disabled             | \$3.75 | Adult                                       | \$6.25 - 10-visit Card | \$56.25 |
| Shower                                  | \$3.25 | Sr Citizen (62+)                            | \$4.75 - 10-visit Card | \$42.75 |

- \* Each child younger than 6 yrs old must each be accompanied in the water by an adult
- \*\* All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

| Type                    | 3 Months | 1 Year   |
|-------------------------|----------|----------|
| Youth (1 year-17 years) | \$107.50 | \$312.00 |
| Adult                   | \$156.75 | \$456.00 |
| Family                  | \$275.00 | \$650.00 |
| Senior Citizen(62+)     | \$107.50 | \$273.00 |
| Disabled                | \$100.00 | \$260.00 |

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

