

PUBLIC PROGRAMS

- Scheduled Recreational and Lap Swims
- Senior Citizen Programs
- Water Exercise Programs
- American Red Cross Safety Courses
- Special Community Events
- Regional Training Center for Competitive Aquatic Sports
- Competitive Aquatic Sports

UPCOMING EVENTS

- Sep 27 Mukilteo HS Swimming Invitational
- Oct 18 -19 VAST Fall Classic
- Nov 13-15 WIAA Girls HS Swimming & Diving Championships
- Nov 16 Q Swimming Invitational
- Nov 22-23 PNA Masters SCM Swimming Invitational
- Dec 6-7 PNS Fall Divisionals
- Dec 12-13 PNS 14&U SC Swimming Championships
- Dec 18-21 WA State Senior SC Championships

Weyerhaeuser King County Aquatic Center

650 SW Campus Drive
Federal Way, WA 98023-8425
www.kingcounty.gov/parks



King County

Fall Schedule

Sep 2 - Oct 3, 2025
Seattle (206) 477-4444
Toll Free 1-855-952-9970

Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am-9:00am	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim
10:00am-12:30pm	Family Swim **	Family Swim **	Family Swim **	Family Swim **	Family Swim **
12:30pm-1:30pm	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim
4:00pm-7:30pm	Public Swim *	Not Available at this Time	Public Swim *	Not Available at this Time	Public Swim *
7:30pm-8:30pm		Public Swim *		Public Swim *	

During Family and Public Swims, children under 7 must be accompanied in the water by an adult who stays within arm's reach at all times. A maximum of 3 children per adult is allowed

* During Family Swims, all children under 18 must be accompanied in the water by an adult
Swimming instruction and coaching is not permitted by non-county programs.

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's)

Evening Session (1/2 hr, 4:30-7:30pm, MW's or TTh's)

Monday & Wednesdays

Oct 6 - Oct 29 (8 Lessons)

Nov 3 - Dec 10 (12 Lessons)

Tuesday & Thursday

Oct 7 - Oct 30 (8 Lessons)

Nov 4 - Dec 11 (10 Lessons)

**For private lesson inquiries, please email: kcacprivatelessons@kingcounty.gov*

CANCELED SWIMS

October 13

November 11, 13-14, 27-28

December 12 (After 1:30), 24-26, 31



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Competition Natatorium

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am - 8:00 am	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)
10:00am - 11:30am	Not Available at this Time	Not Available at this Time	Not Available at this Time	Not Available at this Time	Lap Swim*
11:30 am - 1:30 pm	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	
4:00 pm - 8:30 pm	Team Training	Team Training	Team Training	Team Training	Team Training

To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25 yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25 meter competition pool that is 9-10.5 feet deep. Lap Swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Coaching and swimming instruction are not permitted without contract.

Canceled Swims:

Oct 13	all day	Holiday
Nov 11	all day	Holiday
Nov 13-14	all day	Girl’s HS State Swimming & Diving Champs
Nov 27-28	all day	Holiday Break
Dec 12	1:30-on	PN 14&U Champs
Dec 24-26	all day	Holiday Break
Dec 31- Jan2	all day	Holiday Break

2025 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

<u>GENERAL ADMISSION (Tax Included)</u>				
Recreation Pool:		Competition Pool:		
Rec Pool Family Swim**		Comp Pool Lap Swim		\$5.00
All participants	\$3.25	Sr Citizen (62+) \$ People w/Disabilities		\$3.75
Public Swim**				
Children, Adults & Sr Citizens	\$3.25			
People w/Disabilities	\$3.25			
Rec Pool Adult & Senior Lap Swim				
Adult	\$5.00	Low Impact Water Exercise (Rec Pool)		
Sr Citizen (62+) & Disabled	\$3.75	Adult	\$6.25 - 10-visit Card	\$56.25
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.75

- * Each child younger than 6 yrs old must each be accompanied in the water by an adult
- ** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50	\$312.00
Adult	\$156.75	\$456.00
Family	\$275.00	\$650.00
Senior Citizen(62+)	\$107.50	\$273.00
Disabled	\$100.00	\$260.00

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

