

PUBLIC PROGRAMS

- *Scheduled Recreational and Lap Swims*
- *Senior Citizen Programs*
- *Water Exercise Programs*
- *American Red Cross Safety Courses*
- *Special Community Events*
- *Regional Training Center for Competitive Aquatic Sports*
- *Competitive Aquatic Sports*

UPCOMING EVENTS

- *Apr 25-27 King Spring Time Derby*
- *May 2-4 May Flowers Swimming Invitational*
- *May 10 Regional Remote Control Vehicles Student Champs*
- *May 16-18 Sockeye Springtime Madness*
- *May 24-26 Memorial Day Weekend Closure*
- *May 31– June 1 VAST Summer Sprints*
- *June 14-15 IST June Invitational*
- *June 14th Flag Day Celebration*
- *June 21 WA State Special Olympics Championship*



Weyerhaeuser King County Aquatic Center
 650 SW Campus Drive
 Federal Way, WA 98023-8425

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www.kingcounty.gov/parks



King County Recreation Pool

Spring 2025 Schedule
 April 21st - June 22nd
 Seattle 206-477-4444
 Toll Free 1-855-952-9970

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
9:00am-10:00am	Low Impact Exercise	Adult/Senior Lap Swim	Low Impact Exercise	Adult/Senior Lap Swim	Low Impact Exercise
10:00am-11:30am	Lessons M/W	Lessons T/Th	Lessons M/W	Lessons T/Th	Family Swim **
11:30am-12:30pm	Family Swim **	Family Swim **	Family Swim **	Family Swim **	
12:30pm-1:30pm	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim
3:30pm-7:30pm	Lessons (M/W)	Lessons (T/Th)	Lessons (M/W)	Lessons (T/Th)	Not Available at this Time
7:30pm-8:30pm	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *

* Children younger than 6 years old must each be supervised in the water by an adult within arm’s reach at all times
 ** During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)
Swimming instruction and coaching is not permitted by non-county programs.

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW’s or TTh’s)

Evening Session (1/2 hr, 4:30-7:30pm, MW’s or TTh’s)

Monday & Wednesdays

Tuesday & Thursday

May 5th - May 28th (7 Lessons, no class 5/26)

May 1st - May 29th (9 Lessons)

June 2nd - June 30th

June 3rd - June 26th

**For private lesson inquiries, please email: kcacprivatelessons@kingcounty.gov*

CANCELED SWIMS

- April 25 (after 1:30PM)
- May 2 (after 1:30 PM), 16 (after 1:30 PM), 26
- June 20 (After 4:00 PM)

**Weyerhaeuser
King County
Aquatic Center**
650 SW Campus Drive
Federal Way, WA 98023-8425
www.kingcounty.gov/parks



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Seattle 206-477-4444
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2025 POOL FEES

Competition Natatorium

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am-8:00 am	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)
10:00am-11:30am	Not Available at this Time	Not Available at this Time	Not Available at this Time	Not Available at this Time	Lap Swim*
11:30 am-1:30 pm	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	
4:00 pm-8:30 pm	Team Training	Team Training	Team Training	Team Training	Team Training

To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The afternoon Lap Swim is currently in the 50-meter competition pool that is 9-10.5 feet deep. Lap Swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Coaching and swimming instruction is not permitted without contract.

Canceled Swims:

April 25	After 1:30 PM	King Spring Derby
May 2	After 1:30 PM	May Flowers
May 16	After 1:30 PM	Sockeye Springtime Madness
May 26	all day	Memorial Day Holiday
June 20	After 4:00 PM	WA State Special Olympics Championship

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:

Rec Pool Family Swim**	
All participants	\$3.25
Public Swim**	
Children, Adults & Sr Citizens	\$3.25
People w/Disabilities	\$3.25
Rec Pool Adult & Senior Lap Swim	
Adult	\$5.00
Sr Citizen (62+) & Disabled	\$3.75
Shower	\$3.25

Competition Pool:

Comp Pool Lap Swim	\$5.00
Sr Citizen (62+) \$ People w/Disabilities	\$3.75

Low Impact Water Exercise (Rec Pool)

Adult	\$6.25 - 10-visit Card	\$56.25
Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.75

* Each child younger than 6 yrs old must each be accompanied in the water by an adult

** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50	\$312.00
Adult	\$156.75	\$456.00
Family	\$275.00	\$650.00
Senior Citizen(62+)	\$107.50	\$273.00
Disabled	\$100.00	\$260.00

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

