

**PUBLIC PROGRAMS**

- *Scheduled Recreational and Lap Swims*
- *Senior Citizen Programs*
- *Water Exercise Programs*
- *American Red Cross Safety Courses*
- *Special Community Events*
- *Regional Training Center for Competitive Aquatic Sports*
- *Competitive Aquatic Sports*

**UPCOMING EVENTS**

- *Jan 10 Kentridge High School Swimming Invitational*
- *Jan 15-18 Washington Open Swimming Invitational*
- *Jan 24 YMCA State Champs\*
- *Feb 7-8 IST Winter Invitational*
- *Feb 20-21 WIAA Boys State HS Swim/Dive Champs*
- *Mar 6-8 Seattle Otters Water Polo International Open*



**Weyerhaeuser King County Aquatic Center**  
650 SW Campus Drive  
Federal Way, WA 98023-8425

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King County  
Aquatic Center**  
650 SW Campus Drive  
Federal Way, WA 98023-8425  
[www.kingcounty.gov/parks](http://www.kingcounty.gov/parks)



**Winter 2026 Schedule**  
January 5th to March 8th  
Seattle (206) 477-4444  
Toll Free 1-855-952-9970

**Recreation Pool**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
8:00am-9:00am	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Unavailable at this Time
9:00am-10:00am	Private Lessons	Private Lessons	Private Lessons	Private Lessons	
10:00am - 11:30am	Lessons	Lessons	Lessons	Lessons	Family Swim **
11:30am-12:30pm	Family Swim **	Family Swim **	Family Swim **	Family Swim **	
12:30pm-1:30pm	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim	Adult/Senior Lap Swim
2:00pm-4:30pm	Private Lessons	Private Lessons	Private Lessons	Private Lessons	Private Lessons
4:30pm-7:30pm	Lessons	Lessons	Lessons	Lessons	
7:30pm-8:30pm	Public Swim *	Public Swim *	Public Swim *	Public Swim *	Public Swim *

During Family and Public Swims, children under 7 must be accompanied in the water by an adult who stays within arm’s reach at all times. A maximum of 3 children per adult is allowed  
\* During Family Swims, all children under 18 must be accompanied in the water by an adult  
**Swimming instruction and coaching is not permitted by non-county programs.**

**SWIMMING LESSONS**

**Morning Sessions (1/2hr, 10:00-11:30am)**

**Evening Session (1/2 hr, 4:30-7:30pm)**

**Monday & Wednesday**

*2 days per week*

Jan 5 - 28

Feb 2 - Mar 4

**Tuesday**

*1 day per week*

Jan 6 - Mar 3

**Thursday**

*1 day per week*

Jan 8 - Mar 5

*\*For private lesson inquiries, please email: [kcacprivatelessons@kingcounty.gov](mailto:kcacprivatelessons@kingcounty.gov) or register online*

**CANCELED SWIMS**

January 15 (After 1:30), 16, 19

February 16, 20

March 5 (After 1:30, swimming lessons run as normal), 6

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2026 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training.

Competition Natatorium

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am-8:00 am	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)	Lap Swim* (Dive Tank)
10:00am-11:30am	Not Available at this Time	Not Available at this Time	Not Available at this Time	Not Available at this Time	Lap Swim*
11:30 am-1:30 pm	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	
4:00 pm-8:30 pm	Team Training	Team Training	Team Training	Team Training	Team Training

To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25 yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 25-yard competition pool that is 9-10.5 feet deep. Lap Swims are for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 50-meter swim test to be allowed to swim in the competition pool.

Coaching and swimming instruction are not permitted without contract.

Canceled Swims:

Jan 1	all day	New Years Day Holiday (Observed)
Jan 15	1:30 - on	Washington Open Swimming Invitational
Jan 16	all day	Washington Open Swimming Invitational
Jan 19	all day	Holiday
Feb 16	all day	Holiday
Feb 19	1:30-on	WIAA Boys State HS Swim/Dive Champs
Feb 20	all day	WIAA Boys State HS Swim/Dive Champs
Mar 5	1:30-on	Seattle Otters Water Polo International Open
Mar 6	all day	Seattle Otters Water Polo International Open

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Pool:	
Rec Pool Family Swim**		Comp Pool Lap Swim	\$5.00
All participants	\$3.25	Sr Citizen (62+) \$ People w/Disabilities	\$3.75
Public Swim**			
Children, Adults & Sr Citizens	\$3.25		
People w/Disabilities	\$3.25		
Rec Pool Adult & Senior Lap Swim			
Adult	\$5.00		
Sr Citizen (62+) & Disabled	\$3.75		
Shower	\$3.25		

\* Each child younger than 7 yrs old must each be accompanied in the water by an adult  
\*\* All children must be accompanied in the water by an adult during Family Swims (one adult per three children)

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50	\$312.00
Adult	\$156.75	\$456.00
Family	\$275.00	\$650.00
Senior Citizen(62+)	\$107.50	\$273.00
Disabled	\$100.00	\$260.00

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711

