

Typhoid fever

What is it? Typhoid fever is a life-threatening disease caused by bacteria. When people get typhoid fever in the U.S., it's usually during international travel. Signs of typhoid can start 3-60 days after infection. These signs include:



High fever



Headache



Lack of
appetite



Constipation
or diarrhea

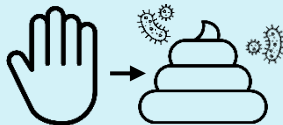


Cough

How does it spread?



Eating or drinking
contaminated food
or water



Touching poop from
sick people

Who is at risk of getting very sick?



Older adults
(ages 65+)



Young children
(ages 0-5)



People with
weak immune
systems

How can I avoid spreading it to others?

Wash hands frequently. If you or your child are sick and attend childcare or work in food service, healthcare, or childcare, talk to your doctor before returning.



Preparing food



Using bathroom



Changing diapers



Wash hands

How can I avoid getting sick outside of the U.S.?



Discuss vaccination with
your doctor at least 4
weeks before travel.



Eat foods while they
are hot.



Drink bottled water or
boil water for 1 minute
before drinking.



Avoid fruits and
vegetables that can't
be peeled.



Talk to your health care provider if you think you have typhoid fever. Sick people should get medicine as soon as possible. To learn more visit www.kingcounty.gov/cd.