

# LEAD SAFE TIPS FOR WORK

If you work in construction, manufacturing, auto repair, or other fields that use lead, follow these simple tips to keep yourself and family safe



## **WEAR AN APPROVED RESPIRATOR WHEN LEAD DUST OR FUMES PRESENT**

Lead dust and fumes have no odor. Properly fitted respirators can protect you against lead dust and fumes.



## **KEEP FOOD OUT OF WORK AREAS**

Lead dust can settle around your work area and on your food. Keep food out of your work space and avoid eating in areas with potential lead dust.



## **WEAR GLOVES AND OTHER PROTECTIVE EQUIPMENT WHEN HANDLING LEAD**

Lead can be absorbed through the skin or through touching your eyes, mouth, or nose. Washing your hands with soap and water is not enough to fully remove lead residue. Always wear proper protective equipment when handling lead.



## **SHOWER AND CHANGE YOUR CLOTHES AND SHOES BEFORE GOING HOME.**

You can easily bring lead dust back home on your clothes and shoes. Keep your family safe by changing and showering before leaving work. Store and wash all work clothes separately.



## **TALK TO YOUR DOCTOR ABOUT BLOOD LEAD LEVEL TESTING.**

A simple test can tell you if you have been recently exposed to lead.



## **VENTILATE YOUR WORK SPACE.**

Research appropriate ventilation systems for your work. OSHA may have requirements or recommendations for ventilation. For example, welding with lead requires local exhaust ventilation AND an air fed mask.

To learn more and get some basic tips on reducing your exposure to lead, visit

[www.kingcounty.gov/lead](http://www.kingcounty.gov/lead)