

Take-Home Lead Exposure

If you work with lead, you don't want to take it home to your family! Even small amounts of lead can harm children's brain development. Lead can also harm pregnant people and their developing babies.



Protect Children and Pregnant People by:

- **Working with their doctor to get a blood lead test.** This test should be *free* with any insurance, including Medicaid.
- **Leaving your dirty work clothes at work to be laundered** or wash separately from other clothes.
- **Showering** before you leave work and before you interact with children or pregnant people.
- **Removing your shoes** at the door when you get home. Leave work boots at work if possible.
- **Cleaning your personal car regularly** by wet wiping and HEPA vacuuming.

If you have family at home, encourage them to get a blood lead test, to help protect their health. For questions, contact Public Health—Seattle & King County:

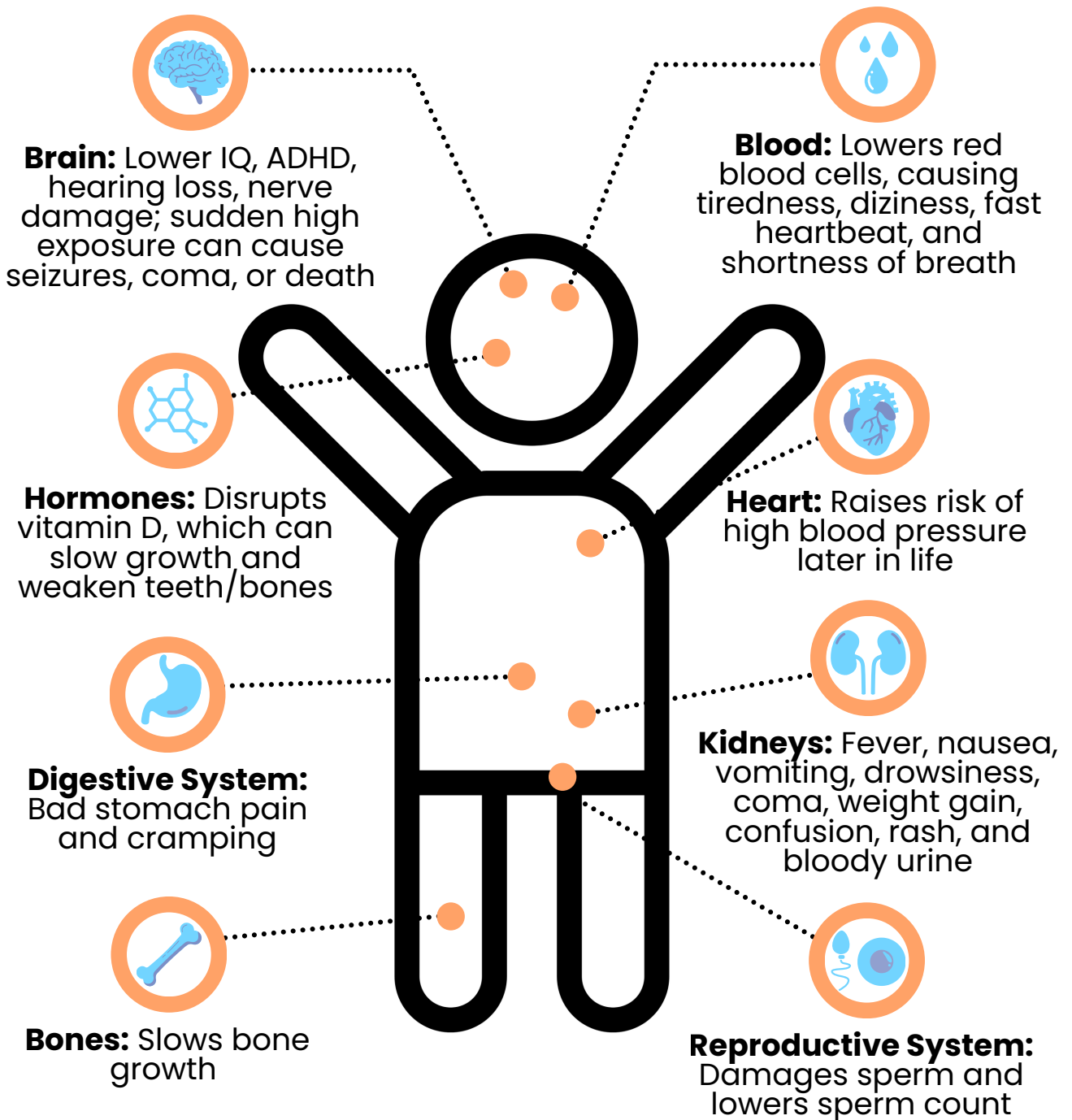


Call us at 206-477-2125



Go to kingcounty.gov/health/lead-at-home

Effects of Lead Poisoning in Children



Lead exposure can put pregnant people at risk for miscarriage, cause babies to be born too small, and cause learning and growth delays as children get older.



Additional Information About Take-Home Lead:

tinyurl.com/take-home-lead

Request a free Public Health consultation to find ways to reduce lead exposure:



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