Dear Parent or Guardian,

We want all families who have children younger than 12 months to know what could happen if there is a measles outbreak in our program or in the community.

If there is a **measles outbreak**, the health department may require anyone who cannot show proof of immunity to (protection against) measles to **stay home for up to 21 days** after the last exposure. This helps stop the spread of measles.

Most children build immunity through the **measles, mumps, and rubella (MMR) vaccine**, which is typically given after a child's first birthday. **Since your child is under 1 year old, they may need to stay home.**

We encourage you to talk with your health care provider if you have any questions about measles and the MMR vaccine schedule.

Measles is very contagious and can spread quickly. It can also cause serious health problems. For more information, please visit the Washington State Department of Health: doh.wa.gov/measles.

Sincerely,