Dear Staff,

We do not have a record of immunity to (protection against) **measles, mumps, and rubella (MMR)** for you.

All licensed child care center staff and volunteers must provide either:

1. An immunization record showing they have received at least one dose of MMR vaccination.
2. Proof of immunity to measles disease (also known as a blood test or titer).
3. Documentation from a health care provider that the person has had measles disease sufficient to provide immunity against measles; or
4. Written certification signed by a licensed health care practitioner that the MMR vaccine is, in the practitioner's judgment, not advisable for the person.

A personal, philosophical or religious exemption for MMR is no longer allowed for child care center staff.

If there is a **measles outbreak** at our program, or in the community, the health department may require anyone who cannot show proof of immunity to measles to **stay home for up to 21 days** after the last exposure. This helps stop the spread of measles.

Measles is very contagious and can spread quickly. It can also cause serious health problems. For more information, please visit the Washington State Department of Health: doh.wa.gov/measles.

We encourage you to talk with your health care provider if you have any questions about measles.

Sincerely,