

# Stand-Up Diapering Procedure



1. Wash hands.
2. Gather necessary supplies (diaper/pull-up/underpants, wipes, cleaner and disinfectant bleach solution, paper towels, gloves, plastic bag).
3. Put on disposable gloves, if desired.
4. Coach child in pulling down pants and removing diaper/pull-up/underpants (and assist as needed).
5. Put soiled diaper/pull-up in covered, hands-free, plastic-lined garbage can or put soiled underpants in plastic bag to be returned to family at end of the day.
6. Coach child in cleaning diaper area front to back using a clean, damp wipe for each stroke (and assist as needed).
7. Put soiled wipes in plastic bag (or assist child in doing so) and dispose of plastic bag into covered, hands-free, plastic-lined trash can.
8. Remove gloves, if worn.
9. Wash hands (in bathroom/handwashing sink) and coach child in doing the same.
10. If a signed medication authorization indicates, apply topical cream/ointment/lotion using disposable gloves then remove gloves.
11. Coach child in putting on clean diaper/pull-up/underpants and clothing.
12. Use 3-Step Method on floor where change has occurred:
  - a. Clean with soap and water.
  - b. Rinse with water.
  - c. **Disinfect** with bleach solution: Refer to: [“DOH Disinfecting and Sanitizing with Bleach Guidelines”](#). Allow the bleach solution to air dry or to remain on the surface for at least 2 minutes before drying with a paper towel.
13. Wash hands (in bathroom or handwashing sink).