One Step Ahead

FALL PREVENTION

Referral Guide:

Free in-home fall prevention support for adults age 50+ in King County

What the Program Provides

- In-home fall risk and home safety assessment
- Personalized recommendations
- Limited safety equipment when appropriate
- Education on staying safe and independent
- Referrals to community resources
- Follow-up support

Who is Eligible

Participants must meet **all** of the following

- Age 50 and older
- Resides in King County (excluding Seattle)
- Lives independently (not in assisted living, nursing homes, adult family homes, or hospice)
- Able to walk with or without assistive devices
- Experienced a fall in the past 6 months **AND** called 9-1-1 due to the fall

What Happens Next

A Program Health Educator reviews the referral & confirms eligibility

- The individual is contacted in 1-3 business days
- A home visit is scheduled if appropriate

How to Submit a Referral

Choose any method:

- Email: fallprevention.ems@kingcounty.gov
- Mail: King County EMS
  Attn: Fall Prevention
  401 5th Ave Suite 1200
  Seattle, WA 98104
- Call for inquires: 206-263-8544

Language interpretation services are available upon request.

Who can Refer

Referrals may be submitted by a trusted individual or organization:

- Healthcare providers
- Community organizations
- Family, Friend, Caregiver
- Individuals (**self-referral**)

Before referring an individual, please discuss the purpose of the referral and the services offered through the program with them

Questions: Call 206-263-8544

Email: fallpreventon.ems@kingcounty.gov

Fall Prevention Health Educator Team
Danielle & Ryan

EMS EMERGENCY MEDICAL SERVICES

Public Health Seattle & King County

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