

BREAST, CERVICAL & COLON HEALTH PROGRAM



The best protection is early detection

Your body. Your life. Protect both. Know your screening options.

For women who:

- ◆ Are age 40 — 64
- ◆ Have limited income (see table below)
- ◆ Have no health insurance or limited insurance
- ◆ Are under age 40 with a breast lump

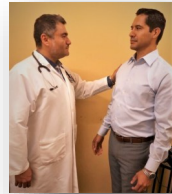
You may be eligible for a free or low-cost women's health exam with a mammogram and pap test.

For men and women who:

- ◆ Are age 50 — 64
- ◆ The program no longer pays for colon screenings, however colon cancer screening is recommended for all adults ages 50-64



Patient and doctor



Patient and doctor

Servicing clients in King, Kitsap, Clallam, and Jefferson Counties. We can help you locate the prime contractor for services if you live outside these areas

INCOME ELIGIBILITY TABLES

Effective January 13, 2026 — January 31, 2027

GROSS MONTHLY INCOME		
*Family Size	250% FPL	300% FPL (Treatment Program)
1	\$3,325 monthly	\$3,990 monthly
2	\$4,508 monthly	\$5,410 monthly
3	\$5,691 monthly	\$6,830 monthly
4	\$6,875 monthly	\$8,250 monthly
5	\$8,058 monthly	\$9,670 monthly

*For each additional family member, add \$1,183 monthly (250%) | \$1,420 monthly (300%)

WASHINGTON STATE BASIC FOOD PROGRAM



WHO IS ELIGIBLE:

Individuals who reside in Washington State must meet the following:

- ◆ Income Requirements (see table below)
- ◆ Citizenship Requirements:
 - ◆ U.S. citizens and lawfully admitted residents.
 - ◆ Undocumented clients are not eligible for food assistance but their U.S. Citizen children may be eligible.
 - ◆ In some cases adults ages 18-64, must meet weekly work requirements as determined by the Department of Social & Health Services(DSHS)

200% FPL | 4/1/2026— 3/31/2027

Family Size	Monthly Income Requirements	Maximum Benefit*
1	\$2,660	\$298
2	\$3,607	\$546
3	\$4,553	\$785
4	\$5,500	\$994
5	\$6,447	\$1183

COMMUNITY HEALTH ACCESS PROGRAM (CHAP)

CHAP is a telephone assistance program that serves individuals and families by helping them enroll into programs such as health insurance (Washington Apple Health[Medicaid] or Qualified Health Plan[QHP]), ORCA LIFT, Subsidized Annual Pass, Basic Food, Energy Assistance or the Breast, Cervical & Colon Health Program. We also help in accessing other health care services including finding a medical and dental home. All our services are free and confidential.

WHAT WE DO:

- ◆ **Enrollment:** We assist individuals with enrolling in health insurance, ORCA LIFT, Subsidized Annual Pass, Basic Food, and other public benefit programs.
- ◆ **Education:** We help people understand and navigate the Washington State health care system.
- ◆ **Assure Access:** We strengthen community capacity by providing training and technical assistance on health insurance, health care access, ORCA LIFT, and public benefits.
- ◆ **Collaboration:** Together with our partners, we identify barriers and co-create solutions to improve equitable access to care



CHAP@kingcounty.gov

Phone hours of operation:

Monday — Friday
7:30AM — 5:30PM
1st & 3rd Saturdays
10:00AM — 2:00PM

We can provide interpreters and TTY assistance during your call.

Access and Outreach

Public Health — Seattle & King County
 401 5th Avenue, Suite 1000
 Seattle, WA 98104-1818
 Fax: 206-296-0881
kingcounty.gov/Outreach

This institution is an equal opportunity provider

Access & Outreach
Inclusive. Responsive. Equitable.



COMMUNITY HEALTH ACCESS PROGRAM (CHAP)

CHAP Line

206-284-0331

800-756-5437

LEAD ORGANIZATION FOR HEALTH INSURANCE ENROLLMENT IN KING, SNOHOMISH, CLALLAM & JEFFERSON COUNTIES

kingcounty.gov/CHAP

Public Health
 Seattle & King County



KING COUNTY ADULT DENTAL PROGRAM (KCADP)

King County Adult Dental Program (KCADP)

The King County Adult Dental Program (KCADP) offers limited basic dental services at no cost for adults who live in King County, are not eligible for Washington Apple Health (Medicaid) due to citizenship status, and meet other eligibility requirements. Services may be provided at select community events through a participating mobile dental provider or at contracted dental clinics. Because funding is limited, the scope of available services may vary at any given time.

Family Size	Monthly Income Limits
1	\$1,835
2	\$2,490
3	\$3,142
4	\$3,795

kingcounty.gov/KCADP

ADDITIONAL RESOURCES

ENERGY & UTILITIES ASSISTANCE

Low-Income Home Energy Assistance Program (LIHEAP), assists low-income households in meeting their immediate home energy needs.

CITY OF SEATTLE UTILITY DISCOUNT PROGRAM

Helps income qualified Seattle City Light (SCL) customers lower their electric bills by 60%. SPU customers will also receive 50% off their water, sewer and garbage bills if enrolled in this program.

WORKING CONNECTIONS CHILD CARD PROGRAM (WCCC)

Helps families with low income pay for child care while they work or meet WorkFirst participation requirements.

CITY OF SEATTLE COMPREHENSIVE CHILD CARE PROGRAM

Helps income eligible working families living within the Seattle City limits pay for child care services for children ages one month to 13 years.

LIVE HEALTHY KING COUNTY PRESCRIPTION DISCOUNT DRUG CARD PROGRAM

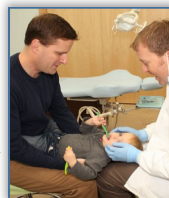
May help save you money on prescription medicines not covered by insurance and can save an average of 24% off the price of all commonly prescribed medications. To print card, locate a pharmacy, or access other program tools, visit nacorx.org or call toll free 800-756-5437 for more information.

ACCESS TO BABY & CHILD DENTISTRY (ABCD) PROGRAM



Access to Baby & Child Dentistry™

Making sure that your children have healthy teeth and mouths for a lifetime begins early. Babies should be checked by a dentist or doctor by the time their first tooth appears or by their first birthday.



Dad, child and pediatric dentist



Austin


The Access to Baby and Child Dentistry (ABCD) Program — puts young children on a lifelong path to good oral health. The program is designed to connect Washington Apple Health (Medicaid) eligible children from birth through age 5 with a dentist who knows how to care for young children, focusing on prevention and avoiding tooth decay, as well as educating parents about how to take good care of their children's teeth.

In King County, the ABCD Program understands the importance of the whole family having access to good dental care and therefore will connect older children as well as adults to a dental home. Do you need help finding a dentist? Have additional questions, presentation requests, or need a dental referral, please email us at ABCD@kingcounty.gov. Be sure to include your child's Medicaid ProviderOne # (000000000WA) for all dental referrals.

kingcounty.gov/ABCD



Raeann & Kiara

Follow us on  Access to Baby & Child Dentistry (ABCD) Program

First tooth,
First birthday,
First dental visit!

LOW COST OR FREE HEALTH INSURANCE

NEED HEALTH INSURANCE?



You may qualify for Washington Apple Health (Medicaid) Insurance. Washington Apple Health enrollment is open year-round. Apply now or renew your health coverage.



If you are over income for Washington Apple Health (Medicaid), you may be eligible to purchase a low-cost private insurance through a Qualified Health Plan. Explore your options for a Special Enrollment outside of the annual Open Enrollment period on Washington Healthplanfinder. wahealthplanfinder.org

To register a complaint, which will then go through the appropriate process for resolution.
<https://blue.kingcounty.gov/about/contact/>

See the 2026— 2027

Income Eligibility

Table below. ↓



You may qualify for ...

2026— 2027 Income Eligibility for Washington Apple Health

	1	2	3	4	5
APPLE HEALTH ADULTS (adults age 19 up to age 64) (138%)	\$1,835 monthly	\$2,490 monthly	\$3,142 monthly	\$3,795 monthly	\$4,449 monthly
Apple Health for PREGNANT WOMEN (215%)	N/A	\$3,879 monthly	\$4,896 monthly	\$5,913 monthly	\$6,932 monthly
APPLE HEALTH FOR KIDS (free for children up to age 19) (215%)	\$2,860 monthly	\$3,879 monthly	\$4,896 monthly	\$5,913 monthly	\$6,932 monthly
APPLE HEALTH FOR KIDS with premium (\$20 monthly premium per child; \$40 family maximum) (265%)	\$3,525 monthly	\$4,781 monthly	\$6,034 monthly	\$7,288 monthly	\$8,544 monthly
APPLE HEALTH FOR KIDS with premium (\$30 monthly premium per child; \$60 family maximum) (317%)	\$4,216 monthly	\$5,719 monthly	\$7,218 monthly	\$8,718 monthly	\$10,220 monthly

ORCA LIFT REDUCED FARE PROGRAM SUBSIDIZED ANNUAL PASS PROGRAM

WOULD YOU LIKE A

TRANSPORTATION DISCOUNT?

ORCA LIFT offers reduced transit fare for qualifying adults (19-64) to help reduce your transportation cost. Once you qualify for the ORCA LIFT program, you will receive an ORCA LIFT card registered to your name, with the same features as every ORCA card. Eligibility is based on your income for the most recent 30 days. If you are enrolled in Washington Apple Health (Medicaid/ProviderOne) or receiving Basic Food benefits you are already eligible for an ORCA LIFT card. Once eligible your fare in most cases is reduced to \$1.00 or you can get a monthly bus pass for as little as \$36.00. Your ORCA LIFT card can be used on the following transportation systems: Metro buses, Sound Transit buses, Link Light Rail, Seattle Center Monorail, King County Water Taxi, Seattle Streetcar, Sounder Train, Community Transit, Everett Transit, Kitsap Transit, Pierce Transit.

Subsidized Annual Pass Program offers eligible riders an annual pass good on Metro, Sound Transit, Community Transit, & Everett Transit for 12 calendar months and is renewable each year. To qualify, you must be on one of the six following programs, Temporary Assistance for Needy Families (TANF), Housing and Essential Needs (HEN), Supplemental Security Income (SSI), Aged, Blind, and Disabled (ABD), Pregnant Women Assistance (PWA), Refugee Cash Assistance (RCA).

ORCA LIFT OFFICE

201 South Jackson Street, Seattle 98104

FEDERAL WAY ENROLLMENT CENTER

1640 South 318th Place, Suite B, Federal Way 98003

Skyway Resource Center

12610 76th Ave S Seattle 98178

www.kingcounty.gov/Lift

