

## BREAST, CERVICAL & COLON HEALTH PROGRAM



The best protection is early detection

Your body. Your life. Protect both. Know your screening options.

### For women who:

- ◆ Are age 40 — 64
- ◆ Have limited income (see table below)
- ◆ Have no health insurance or limited insurance



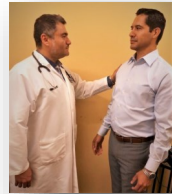
Patient and doctor

- ◆ Are under age 40 with a breast lump

You may be eligible for a free or low-cost women's health exam with a mammogram and pap test.

### For men and women who:

- ◆ Are age 50 — 64
- ◆ The program no longer pays for colon screenings, however colon cancer screening is recommended for all adults ages 50-64



Patient and doctor

Servicing clients in King, Kitsap, Clallam, and Jefferson Counties. We can help you locate the prime contractor for services if you live outside these areas

### INCOME ELIGIBILITY TABLES

Effective January 17, 2025 — January 31, 2026

GROSS MONTHLY INCOME		
*Family Size	250% FPL	300% FPL (Treatment Program)
1	\$3,260 monthly	\$3,913 monthly
2	\$4,406 monthly	\$5,288 monthly
3	\$5,552 monthly	\$6,663 monthly
4	\$6,698 monthly	\$8,038 monthly
5	\$7,844 monthly	\$9,413 monthly

\*For each additional family member, add \$1,146 monthly (250%) | \$1,375 monthly (300%)

## WASHINGTON STATE BASIC FOOD PROGRAM



### WHO IS ELIGIBLE:

Individuals who reside in Washington State must meet the following:

- ◆ Income Requirements (see table below)
- ◆ Citizenship Requirements:
  - ◆ U.S. citizens and lawfully admitted residents.
  - ◆ Undocumented clients are not eligible for food assistance but their U.S. Citizen children may be eligible.
  - ◆ Agree to participate in Food Assistance work and training program, if applicable ages 18-49, determined by the Department of Social & Health Services(DSHS)

200% FPL | 4/1/2025— 3/31/2026

Family Size	Monthly Income Requirements	Maximum Benefit*
1	\$2,608	\$292
2	\$3,525	\$536
3	\$4,442	\$768
4	\$5,358	\$975
5	\$6,275	\$1158

## COMMUNITY HEALTH ACCESS PROGRAM (CHAP)

CHAP is a telephone assistance program serving King County residents by enrolling them into health insurance Washington Apple Health (Medicaid) or Qualified Health Plan), ORCA LIFT, Subsidized Annual Pass, Food Assistance, Energy Assistance or the Breast, Cervical & Colon Health Program. We also help residents access other health care services including finding a medical and dental home. Our services are free and confidential.

### WHAT WE DO:

- ◆ **Enrollment:** We enroll King County residents into health insurance, ORCA LIFT, Subsidized Annual Pass, Basic Food and other public benefit programs.
- ◆ **Education:** We help residents of King County understand how to navigate the health care system in Washington State.
- ◆ **Assure Access:** We provide trainings and technical assistance to our community partners on health insurance, health care access, ORCA Lift and other public benefit programs.
- ◆ **Collaboration:** We achieve system-wide changes that improve access to health care by working with our community partners to help us identify system barriers and work together to eliminate these barriers.



[CHAP@kingcounty.gov](mailto:CHAP@kingcounty.gov)

Phone hours of operation:

**Monday — Friday**  
7:30AM — 5:30PM  
**1st & 3rd Saturdays**  
10:00AM — 2:00PM

We can provide interpreters and TTY assistance during your call.

Provided by

**Access and Outreach**  
Public Health — Seattle & King County  
401 5th Avenue, Suite 1000  
Seattle, WA 98104-1818  
Fax: 206-296-0881  
[kingcounty.gov/Outreach](http://kingcounty.gov/Outreach)



**Access & Outreach**  
Inclusive. Responsive. Equitable.

This institution is an equal opportunity provider

## ACCESS and OUTREACH

**COMMUNITY HEALTH ACCESS PROGRAM (CHAP)**  
WE LISTEN. WE IMPROVE. WE DELIVER.



**CHAP Line**

**206-284-0331**

**800-756-5437**

[kingcounty.gov/CHAP](http://kingcounty.gov/CHAP)  
**Public Health**  
Seattle & King County



## KING COUNTY ADULT DENTAL PROGRAM (KCADP)

### King County Adult Dental Program (KCADP)

The King County Adult Dental Program (KCADP) provides basic dental services for 1 year, at no cost, for adults who reside in King County, are not eligible for Washington Apple Health/Medicaid due to citizenship status and meet other eligibility criteria. Dental care can be provided at certain community events by our mobile Dental team or at a participating clinic.

Family Size	Monthly Income Limits
1	\$4,134
2	\$5,589
3	\$7,041
4	\$8,492

kingcounty.gov/KCADP

## ADDITIONAL RESOURCES

### ENERGY & UTILITIES ASSISTANCE

Low-Income Home Energy Assistance Program (LIHEAP), assists low-income households in meeting their immediate home energy needs.

### CITY OF SEATTLE UTILITY DISCOUNT PROGRAM

Helps income qualified Seattle City Light (SCL) customers lower their electric bills by 60%. SPU customers will also receive 50% off their water, sewer and garbage bills if enrolled in this program.

### WORKING CONNECTIONS CHILD CARD PROGRAM (WCCC)

Helps families with low income pay for child care while they work or meet WorkFirst participation requirements.

### CITY OF SEATTLE COMPREHENSIVE CHILD CARE PROGRAM

Helps income eligible working families living within the Seattle City limits pay for child care services for children ages one month to 13 years.

### LIVE HEALTHY KING COUNTY PRESCRIPTION DISCOUNT DRUG CARD PROGRAM

May help save you money on prescription medicines not covered by insurance and can save an average of 24% off the price of all commonly prescribed medications. To print card, locate a pharmacy, or access other program tools, visit [nacorx.org](http://nacorx.org) or call toll free 800-756-5437 for more information.

## ACCESS TO BABY & CHILD DENTISTRY (ABCD) PROGRAM



Making sure that your children have healthy teeth and mouths for a lifetime begins early.. Babies should be checked by a dentist or doctor by the time their first tooth appears or by their first birthday.



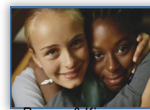
Dad, child and pediatric dentist



Austin

The Access to Baby and Child Dentistry (ABCD) Program — puts young children on a lifelong path to good oral health. The program is designed to connect Washington Apple Health (Medicaid) eligible children from birth through age 5 with a dentist who knows how to care for young children, focusing on prevention and avoiding tooth decay, as well as educating parent about to take good care of their children's teeth.

In King County, the ABCD Program understands the importance of the whole family having access to good dental care and therefore will connect older children as well as adults to a dental home. Do you need help finding a dentist? Have additional questions, presentation requests, or need a dental referral, please email us at [ABCD@kingcounty.gov](mailto:ABCD@kingcounty.gov). Be sure to include your child's Medicaid ProviderOne # (000000000WA) for all dental referrals.



Raeann & Kiara

[kingcounty.gov/ABCD](http://kingcounty.gov/ABCD)

Follow us on

Access to Baby & Child Dentistry (ABCD) Program

First tooth,  
First birthday,  
First dental visit!

## LOW COST OR FREE HEALTH INSURANCE

### NEED HEALTH INSURANCE?



You may qualify for Washington Apple Health (Medicaid) Insurance. Washington Apple Health enrollment is open year-round. Apply now or renew your health coverage.



If you are over income for Washington Apple Health (Medicaid), you may be eligible to purchase a low-cost private insurance through a Qualified Health Plan. Explore your options for a Special Enrollment outside of the annual Open Enrollment period on Washington Healthplanfinder. [wahealthplanfinder.org](http://wahealthplanfinder.org)

To register a complaint, which will then go through the appropriate process for resolution.  
<https://blue.kingcounty.gov/about/contact/>

See the 2025— 2026

Income Eligibility

Table below. ↓



You may qualify for ...

### 2025— 2026 Income Eligibility for Washington Apple Health

	1	2	3	4	5
APPLE HEALTH ADULTS (adults age 19 up to age 64) (138%)	\$1,780 monthly	\$2,433 monthly	\$3,065 monthly	\$3,697 monthly	\$4,330 monthly
Apple Health for PREGNANT WOMEN (215%)	N/A	\$3,790 monthly	\$4,775 monthly	\$5,760 monthly	\$6,747 monthly
APPLE HEALTH FOR KIDS (free for children up to age 19) (215%)	\$2,804 monthly	\$3,790 monthly	\$4,775 monthly	\$5,760 monthly	\$6,747 monthly
APPLE HEALTH FOR KIDS with premium (\$20 monthly premium per child; \$40 family maximum) (265%)	\$3,456 monthly	\$4,672 monthly	\$5,886 monthly	\$7,099 monthly	\$8,316 monthly
APPLE HEALTH FOR KIDS with premium (\$30 monthly premium per child; \$60 family maximum) (317%)	\$4,134 monthly	\$5,589 monthly	\$7,041 monthly	\$8,492 monthly	\$9,947 monthly

## ORCA LIFT REDUCED FARE PROGRAM SUBSIDIZED ANNUAL PASS PROGRAM

### WOULD YOU LIKE A

### TRANSPORTATION DISCOUNT?

ORCA LIFT offers reduced transit fare for qualifying adults (19-64) to help reduce your transportation cost. Once you qualify for the ORCA LIFT program, you will receive an ORCA LIFT card registered to your name, with the same features as every ORCA card. Eligibility is based on your income for the most recent 30 days. If you are enrolled in Washington Apple Health (Medicaid/ProviderOne) or receiving Basic Food benefits you are already eligible for an ORCA LIFT card. Once eligible your fare in most cases is reduced to \$1.00 or you can get a monthly bus pass for as little as \$36.00. Your ORCA LIFT card can be used on the following transportation systems: Metro buses, Sound Transit buses, Link Light Rail, Seattle Center Monorail, King County Water Taxi, Seattle Streetcar, Sounder Train, Community Transit, Everett Transit, Kitsap Transit, Pierce Transit.

**Subsidized Annual Pass Program** offers eligible riders an annual pass good on Metro, Sound Transit, Community Transit, & Everett Transit for 12 calendar months and is renewable each year. To qualify, you must be on one of the six following programs, Temporary Assistance for Needy Families (TANF), Housing and Essential Needs (HEN), Supplemental Security Income (SSI), Aged, Blind, and Disabled (ABD), Pregnant Women Assistance (PWA), Refugee Cash Assistance (RCA).

### ORCA LIFT OFFICE

201 South Jackson Street, Seattle 98104

### FEDERAL WAY ENROLLMENT CENTER

1640 South 318th Place, Suite B, Federal Way 98003

[www.kingcounty.gov/Lift](http://www.kingcounty.gov/Lift)

