

Nurse Family Partnership

A Nurse Home Visiting Program for first-time mothers and their families.
(Based on the David Olds Nurse Home Visitor protocols.)

What: The Nurse Family Partnership is a research-based program that provides intensive home visiting services to first time, low income mothers and their families.

How: Each Public Health Nurse follows approximately 25 families until their child reaches their 2nd birthday. The mothers are offered an average of 2 home visits per month, with weekly visits for the first 4 weeks of enrollment and the first 6 weeks after the baby is born. Access to community based services, including mental health services are provided via referral to assist the mothers to meet their goals.

Why: In replicated research studies this intensive home visiting model was found to have very positive outcomes, including a reduction in maternal behavioral problems due to substance use or alcohol, fewer ER visits for childhood injuries, a reduction and/or delay of subsequent pregnancies. The babies involved in this program perform better in school and have fewer arrests later in life.

Referral Criteria:

- First live birth
- Less than **26** weeks pregnant
- Eligible for Medicaid (Apple Health)
*City of Seattle up to **300 %FPL**, 2022 rates: (1 person/\$40,770, 2 people/\$54,930, 3 people/\$69,090)

Languages Served:

- Amharic, Arabic, English, Mandarin, Somali, Spanish, Swahili, Tagalog, and Vietnamese

For more information or to make a referral contact: (206) 477-6262

NFP supervisor contact information and FAX numbers:

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